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FOR GOA CLASS 12 PREPARATION

# Goa Board Class 12 Sample Paper 2027 Psychology

| EXAM | YEAR | TYPE | SUBJECT |
| --- | --- | --- | --- |
| Goa Class 12 | 2027 | Sample Paper | Psychology |

**GOA BOARD OF SECONDARY AND HIGHER SECONDARY EDUCATION**

***ALTO BETIM GOA 403521***

**PSYCHOLOGY**

**SYLLABUS FOR THE ACADEMIC YEAR 2026-27**

| Chapter No | | Marks |
|---|---|---|
| | **First Internal Test** - *July* | |
| 1 | Variations in Psychological Attributes | 10 |
| 2 | Self and Personality | 10 |
| | Total Marks | **20** |
| | Duration: 1 hour | |
| | **I Terminal Exam** - October | |
| 1 | Variations in Psychological Attributes | 10 |
| 2 | Self and Personality | 20 |
| 3 | Meeting Life Challenges | 20 |
| 4 | Psychological Disorders | 20 |
| 5 | Therapeutic Approaches | 10 |
| | Total Marks | **80** |
| | Duration: 3 hours | |
| | **Final Exam** - February *( WILL BE CONDUCTED BY THE BOARD)* **Duration:3 hours** | |
| 1 | Variations in Psychological Attributes | 10 |
| 2 | Self and Personality | 20 |
| 3 | Meeting Life Challenges | 10 |
| 4 | Psychological Disorders | 10 |
| 5 | Therapeutic Approaches | 10 |
| 6 | Attitude And Social Cognition | 10 |
| 7 | Social Influence and Group Processes | 10 |
| | **TOTAL MARKS** | **80** |
| | | |

| | | |
|---|---|---|
| | **Practicals - Assignment (Innovative test)** | |
| | • K.I.E.I<br>• CASE STUDY-CREATIVE EXPRESSION<br>• STROOP EFFECT<br>• LEARNING THROUGH EXPERIMENTATION- EFFECTS OF ENVIRONMENTAL FACTORS ON TASK PERFORMANCE | 05<br>05<br>05<br>05 |
| | **TOTAL MARKS** | **20** |
| | **THE PATTERN FOR THE FIRST INTERNAL/FORMATIVE TEST IS THE SAME AS THE PREVIOUS YEARS.**<br>**SECTION A- VSA- 1×2=2MARKS**<br>**SECTION B- SA-I 2×2=4 MARKS**<br>**SECTION C - SA-II 3×2=6 MARKS**<br>**SECTION D- LA 4×2=8 MARKS**<br>**TOTAL 20 MARKS**<br>**Internal choice of one question carrying 4 marks in section D.**<br>**All other questions are compulsory.**<br>THE PATTERN FOR I TERMINAL EXAM WILL BE AS FOLLOWS:<br>**SECTION A- VSA-1x20=20 MARKS**<br>**SECTION B SA-I-2x 7= 14 MARKS**<br>**SECTION C SA II-3x6=18 MARKS**<br>**SECTION D LA -4x7=28 MARKS**<br>**TOTAL 80 MARKS**<br>**Internal choice of two questions carrying 4 marks in section D.**<br>**All other questions are compulsory.** | |

Mrs. Shaila Vishwajeet Kulkarni

Convenor

# GOA BOARD OF SECONDARY AND HIGHER SECONDARY EDUCATION

(A corporate Statutory Body Constituted by an Act of State Legislature)

Alto Betim Goa 403 521

## BLUE PRINT

Class: XII

I TERMINAL EXAM -2026 Maximum Marks:80

Subject: PSYCHOLOGY

Duration:3 hrs

| Q. NO | OBJECTIVES | KNOWLEDGE | | | | UNDERSTANDING | | | | ANALYSIS | | | | APPLICATION/ SKILL | | | | TOTAL |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Form of Questions | VSA | SA-I | SA-II | LA | VSA | SA-I | SA-II | LA | VSA | SA-I | SA-II | LA | VSA | SA-I | SA-II | LA | |
| | Marks | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | |
| | CONTENT | | | | | | | | | | | | | | | | | |
| 1 | Variations in Psychological Attributes | 1A 2A | | | | | | | | | | | 34D | 3A 4A | 21B | | | 10 |
| 2 | Self and Personality | 5A 6A 7A | 22B | | | | 23B | 28C | | | | | 35D | 8A 9A | | | 36D | 20 |
| 3 | Meeting Life Challenges | 10A 11A 12A | 24B | | | | | 29C 30C 31C | | | | | 37D | 13A 14A | | | | 20 |
| 4 | Psychological Disorders | 15A 16A 17A | | | | | 25B 26B | 32C | | | | | | 18A, 19A | | | 38D 39D | 20 |
| 5 | Therapeutic Approaches | 20A | | | | | | 33C | | | | | 40D | | 27B | | | 10 |
| | | 12 | 04 | | | | 06 | 18 | | | | | 16 | 08 | 04 | | 12 | 80 |

**KNOWLEDGE:16** **UNDERSTANDING:24** **ANALYSIS:16** **APPLICATION AND SKILL:24**

GOA BOARD OF SECONDARY AND HIGHER SECONDARY EDUCATION

*ALTO BETIM GOA 403521*

**DESIGN OF THE FIRST TERMINAL EXAM QUESTION PAPER**

**2026**

**Class:XII**

**Time: 3 hours** **Subject:Psychology** **Max.Marks:80**

The weightage or the distribution of marks over different dimensions of the question paper shall be as follows:

1. **Weightage to Learning Outcomes**

| S. No. | Learning Outcomes | Marks | Percentage of Marks |
|---|---|---|---|
| 1 | Knowledge | 16 | 20% |
| 2 | Understanding | 24 | 30% |
| 3 | Analysis | 16 | 20% |
| 4 | Application &Skill | 24 | 30% |
| | Total | 80 | 100% |

2. **Weightage to Content/Subject Units**

| S. No. | Units | Marks |
|---|---|---|
| 1 | Variations in Psychological Attributes | 10 |
| 2 | Self & Personality | 20 |
| 3 | Meeting Life Challenges | 20 |
| 4 | Psychological Disorders | 20 |
| 5 | Therapeutic Approaches | 10 |
| | Total | 80 |

### 3. Weightage to Forms of Questions

| S. No | Forms of Questions | Mark for each question | Number of Questions | Total Marks |
|---|---|---|---|---|
| 1. | VSA | 01 | 20 | 20 |
| 2. | SA-I | 02 | 07 | 14 |
| 3. | SA-II | 03 | 06 | 18 |
| 4. | LA | 04 | 07 | 28 |
| | | | 40 | 80 |

**4.The expected time for different types of questions would be as follows:**

| S. No | Form of Questions | Approx. time for each question | Number of Questions | Approx. time for each form of questions in min(n x t) |
|---|---|---|---|---|
| 1. | VSA | 2 | 20 | 40 |
| 2. | SA-I | 5 | 07 | 35 |
| 3. | SA-II | 7 | 06 | 42 |
| 4. | LA | 9 | 07 | 63 |
| | | | 40 | 180 |

**As the total time is calculated on the basis of the number of questions required to be answered and the length of their anticipated answers, it would, therefore be advisable for the candidate to budget their time properly by cutting out the superfluous words and be within the expected time limits**

### 4. Scheme of Options

**(There will be no overall choice. However, there is an internal choice in 02 sub questions of 04 marks category----sub question of----marks category----sub question of---- marks category.)**

**5. Weightage to Difficulty level of questions:**

| S. No | Estimated difficulty level of questions | Percentage |
|---|---|---|
| 1 | Easy | 20% |
| 2 | Average | 50% |
| 3 | Difficult | 30% |

**Mrs. Shaila Vishwajeet Kulkarni**

**Convenor**

GOA BOARD OF SECONDARY AND HIGHER SECONDARY EDUCATION

*ALTO BETIM GOA 403521*

**DESIGN OF THE QUESTION PAPER -2027**

**Class: XII**

**Time: 3 hours** **Subject: Psychology** **Max.Marks:80**

The weightage or the distribution of marks over different dimensions of the question paper shall be as follows:

**6. Weightage to Learning Outcomes**

| S. No. | Learning Outcomes | Marks | Percentage of Marks |
|---|---|---|---|
| 1 | Knowledge | 16 | 20% |
| 2 | Understanding | 24 | 30% |
| 3 | Analysis | 16 | 20% |
| 4 | Application &Skill | 24 | 30% |
| | Total | 80 | 100% |

**7. Weightage to Content/Subject Units**

| S. No. | Units | Marks |
|---|---|---|
| 1 | Variations in Psychological Attributes | 10 |
| 2 | Self & Personality | 20 |
| 3 | Meeting Life Challenges | 10 |
| 4 | Psychological Disorders | 10 |
| 5 | Therapeutic Approaches | 10 |
| 6 | Attitude & Social Cognition | 10 |
| 7 | Social Influence & Group Processes | 10 |
| | Total | 80 |

**8. Weightage to Forms of Questions**

| S. No | Forms of Questions | Mark for each question | Number of Questions | Total Marks |
|---|---|---|---|---|
| 1. | VSA | 01 | 20 | 20 |
| 2. | SA-I | 02 | 07 | 14 |
| 3. | SA-II | 03 | 06 | 18 |
| 4. | LA | 04 | 07 | 28 |
| | | | 40 | 80 |

**4.The expected time for different types of questions would be as follows:**

| S. No | Form of Questions | Approx. time for each question | Number of Questions | Approx. time for each form of questions in min(n x t) |
|---|---|---|---|---|
| 1. | VSA | 2 | 20 | 40 |
| 2. | SA-I | 5 | 07 | 35 |
| 3. | SA-II | 7 | 06 | 42 |
| 4. | LA | 9 | 07 | 63 |
| | | | 40 | 180 |

**As the total time is calculated on the basis of the number of questions required to be answered and the length of their anticipated answers, it would, therefore be advisable for the candidate to budget their time properly by cutting out the superfluous words and be within the expected time limits.**

**9. Scheme of Options**

**(There will be no overall choice. However, there is an internal choice in 02 sub questions of 04 marks category----subquestion of----marks category----subquestion of---- marks category.)**

**10. Weightage to Difficulty level of questions:**

| S. No | Estimated difficulty level of questions | Percentage |
|---|---|---|
| 1 | Easy | 20% |
| 2 | Average | 50% |
| 3 | Difficult | 30% |

**Mrs. Shaila Vishwajeet Kulkarni**

**Convenor**

# XII PSYCHOLOGY

## MODEL QUESTION PAPER -2027

**DURATION: 3 Hours** **Total No of Questions:40**
**Maximum Marks:80**

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**INSTRUCTIONS:**

1. The Question Paper consists of 40 questions.
2. Figures to the right indicate full marks.
3. Answer each Part on a new page.
4. All questions are compulsory. Internal choice is clearly indicated.
5. PART A questions 1-20 are MCQ type questions. PART B questions 21-27 should be answered in about 30 words each. PART C questions 28-33 should be answered in about 60 words each and PART D questions 34-40 should be answered in about 100 words each.

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## PART A-

1. An individual's underlying potential for acquiring skills is called_____. **1**

   - Interest
   - Aptitude
   - Personality
   - Values

2. Riddhima lags behind her peers in language and motor skills. However, she can perform her everyday tasks under supervision. The level of Intellectual disability that Riddhima belongs to is _____. **1**

   - Profound
   - Mild
   - Moderate
   - Severe

3 When a person is asked to arrange the wooden blocks to produce a given design within a time period, he/she is answering_____. **1**

   - Creativity test
   - Verbal test
   - Performance test
   - Non verbal test

4 According to Alfred Adler, for optimal personality development, it is essential to overcome_____. **1**

- Identity crisis
- Basic anxiety
- Inferiority complex
- Superiority complex

5. Rohit sucks his thumb and bites his nails. He also has a bitter impression about the world. According to Freud, Rohit had difficulty and developed fixation during the stage of Personality development called_____. **1**

- Anal stage
- Phallic stage
- Genital stage
- Oral stage

6. A person who believes that he has the ability required in a particular situation demonstrates---------- **1**

- Social identity
- Self -efficacy
- Self -regulation
- Personal identity

7. According to Allport, highly generalised dispositions are referred to as---------- **1**

- Cardinal traits
- Central traits
- Secondary traits
- Surface traits

8. The reaction to external stressors is called _____. **1**

- Strain
- Eustress
- Distress
- Burn out

9 Putting off what we know we need to do is referred to as _____. **1**

- Avoidance
- Procrastination
- Perfectionism
- Resilience

10 Kevin started obtaining information about the project assigned to him, and kept some alternative courses of action ready. The kind of coping strategy used by him is_____. **1**

- Avoidance -oriented strategy
- Task-oriented strategy
- Emotion- oriented strategy
- Hardiness

11 Frequent episodes of out -of -control eating is referred to as _____ **1**

- Anorexia Nervosa
- Bulimia
- Binge eating
- Starvation

12. Dev ‘s parents are worried as his speech development is delayed. Dev shows a resistance to any change in routine and has stereotyped body movements. The doctor told them that Dev shows symptoms of a disorder. The doctor was referring to the disorder called_____. **1**

- Autism
- ADHD
- Anorexia Nervosa
- OCD

13 When Suman was depressed, the psychiatrist prescribed medicines to regulate the levels of the neurotransmitter as there was a low activity of the same. He referred to the neurotransmitter_____. **1**

- Serotonin
- Dopamine
- Gamma Amino Butyric Acid
- Thyroxin

14 Harshita took her medicines regularly but continued to suffer from symptoms which affected her daily routine. The kind of therapy used by the psychiatrist to treat Harshita as medicines were not effective in treating her is_____. **1**

- Cognitive Therapy
- Gestalt Therapy
- Electro-Convulsive Therapy
- Behaviour Therapy

15 The cluster of ideas regarding the characteristics of members belonging to a specific group is called_____. **1**

- Prototype
- Stereotype
- Attitude
- Values

16. Rohit, the CEO of a large company provided food and clothes to the victims of an earthquake but refused to help students who were drug addicts. The norm that influenced Rohit's prosocial behaviour was_____. **1**

- Norm of Reciprocity
- Norm of Equity
- Norm of Equality
- Norm of Responsibility

17 A collection of people who have assembled for a special purpose is referred to as _____. **1**

- Mob
- Audience
- Team
- Network

**1**

18. Riya values the membership of the group and shows loyalty to group decisions. The element of group structure which influenced Riya is_____.

- Roles
- Cohesiveness
- Norms
- Status

19. The stage of group formation in which the members discuss about the hierarchy of leadership is----------. **1**

- Adjourning
- Forming
- Storming
- Performing

20. When the third party gives the decision after hearing both parties, it is called ----------. **1**

- Negotiation
- Arbitration
- Mediation
- Superordinate goal

## PART B

| | | |
|---|---|---|
| 21 | Describe Linguistic Intelligence as a type of Intelligence. | **2** |
| 22. | Draw a neat labelled diagram of the Normal Distribution Curve. | **2** |
| 23 | Differentiate between Endomorphs and Ectomorphs. | **2** |
| 24. | After examination, the Counsellor recommended Gestalt therapy for Sunidhi. Examine the features of Gestalt therapy. | **2** |
| 25 | Which are the two paradigms studied in the experiment on Stroop Effect? | **2** |
| 26 | How does the Nature of task determine Social facilitation? | **2** |
| 27 | Differentiate between teams and groups. | **2** |

## PART C

| | | |
|---|---|---|
| 28. | Explain the features of Creativity tests. | **3** |
| 29 | Explain Erikson's approach to Personality. | **3** |
| 30 | How is Self -esteem related to everyday behaviour? | **3** |
| 31. | Describe the Behavioural effects of Stress. | **3** |
| 32 | Describe the features of three Dissociative disorders. | **3** |
| 33 | Describe three characteristics of Psychotherapeutic approaches. | **3** |

## PART D

| | | |
|---|---|---|
| 34 | Analyse Rorschach Inkblot Test as an important Projective Technique. | **4** |
| 35. | Rihanna escaped humiliation and disappointment by using defence mechanisms. Examine Rationalisation and Projection as Defence mechanisms. | |
| 36. | Analyse Creative Visualisation and Bio-feedback as Stress Management techniques. | **4** |
| | OR | |
| | Analyse Assertiveness and Time management as Life skills. | |
| 37. | Rubina thinks that her friends are plotting against her. She is extremely suspicious and her behaviour is bizarre. The Psychiatrist said that she is experiencing delusions. Examine the types of Delusions. | **4** |

38. Naina was unable to express her resentment towards her oppressive Aunt in the past. The Psychodynamic therapist used the method of transference to help Naina deal with her intra psychic conflicts. Examine Transference as a modality of treatment. **4**

39. Analyse the following sources of Prejudice: **4**

    a. Self -fulfilling prophecy

    b. Scapegoating

40 Analyse four reasons which make people want to join groups. **4**

    OR

    Analyse two strategies which help to resolve inter group conflicts.



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# GOA BOARD OF SECONDARY AND HIGHER SECONDARY EDUCATION

(A corporate Statutory Body Constituted by an Act of State Legislature)

Alto Betim Goa 403 521

## BLUE PRINT 2027

Class: XII

Maximum Marks:**80**

Subject: PSYCHOLOGY (Effective from 2025 onwards )

Duration:**3 hrs**

| Q. NO | OBJECTIVES | KNOWLEDGE | | | | UNDERSTANDING | | | | ANALYSIS | | | | APPLICATION/ SKILL | | | | TOTAL |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Form of Questions | VSA | SA-I | SA-II | LA | VSA | SA-I | SA-II | LA | VSA | SA-I | SA-II | LA | VSA | SA-I | SA-II | LA | |
| | Marks | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | |
| | CONTENT | | | | | | | | | | | | | | | | | |
| 1 | Variations in Psychological Attributes | 1A | | | | 3A | 21B | 28C | | | | | | 2A | 22B | | | 10 |
| 2 | Self and Personality | 4A 6A 7A | | 29C | | | 23B | 30C | | | | | 34D | 5A | | | 35D | 20 |
| 3 | Meeting Life Challenges | 8A 9A | | | | | | 31C | | | | | 36D | 10A | | | | 10 |
| 4 | Psychological Disorders | 11A | | | | | | 32C | | | | | | 12A, 13A | | | 37D | 10 |
| 5 | Therapeutic Approaches | | | | | | | 33 C | | | | | | 14A | 24B | | 38D | 10 |
| 6 | Attitude & Social Cognition | 15A | 25B | | | | 26B | | | | | | 39D | 16A | | | | 10 |
| 7 | Social Influence & Group Processes | 17A 19A 20A | | | | | 27B | | | | | | 40D | 18A | | | | 10 |
| | | 11 | 02 | 03 | | 01 | 08 | 15 | | | | | 16 | 08 | 04 | | 12 | 80 |

**KNOWLEDGE:16** **UNDERSTANDING:24** **ANALYSIS:16** **APPLICATION AND SKILL:24**