2022

Kerala Board

First Term

Question Paper

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SAMAGRA SHIKSHA, KERALA

E 5001

FIRST TERM EVALUATION 2022-23

Health & Physical Education , Art Education ,Work Education

Class : V **Time : 2 Hours**

Instructions

1. **There are three sections : Health & Physical Education , Art Education and Work Education .**
2. **Each section carries 15 scores .**
3. **First 15 minutes is cool off time .**
4. **Answer each section in each separate answer sheet . Don't forget to write your Name, Subject, Class, Division and Roll number in all sheets .**

HEALTH AND PHYSICAL EDUCATION

Questions 1 to 5. Answer any fours . (4 x1= 4 marks) .

1. **What is the heart rate of a healthy person ?**

   (60 to 100 , 40 to 60 , 70 to 80 , 80 to 90)

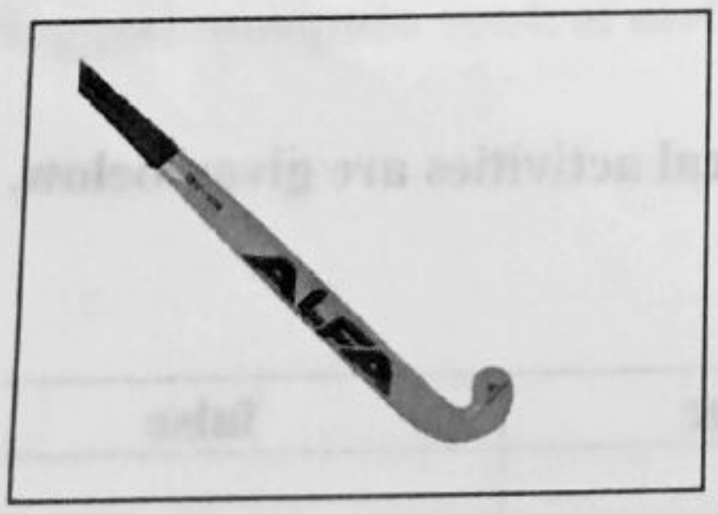
2. **A …….. is the device which is used to check heart rate**

   (Barometer, Stethescope, stadiometer, Pulse Oxymeter)

3. **The ability to maintain the balance of the body and move quickly to various directions is called……?**

   (speed , muscular strength, agility , cardiovascular endurance)

4 **Identify the sports equipment given below**



(cricket bat , hockey stick , badminton racket, cricket stump)

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5 Identify the odd one .

(volley ball , Cricket , football , chess)

Questions 6 to 10 , answer any 4. **(4 x 2 = 8 marks)**

6. What are the physical changes occurred in your body while playing with your friends ?

7 Name 4 games that require agility ?

8. What do you mean by warming up ?

9. Match the following

a	football	a	
b	Shuttle cock	b	
c	Basket ball	c	
d	Cricket bat	d	

10. Name any four cooling down exercises?

Answer any one of the following from 11 and 12. **(1 x 3 = 3 Marks)**

11. What is pulse?

12. The physical changes that occur while engaging in physical activities are given below. Among them mark the true or false .

Sl.No	Physical Changes	true	false
1	Feeling hot		
2	Doesn't Sweat		
3	Doesn't breath Quickly		
4	Feeling fatigue		

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ART EDUCATION

Choose the correct answers for questions 1 to 6 and answer any 4 (4x1 = 4)

1. **Kuttan was trying to paint Yellow butterfly & blue sky. Accidentally Yellow&Blue colours got mixed. Then he got a new colour. What was it.**

   (Black, Red, Green, Orange)

2. **The name of the comic sketch or drawing based on any subject is named as**

   (Portrait, cartoon, collage, mural painting)

3. **In Kerala 'Vanchippattu' are mainly sung in two different styles. One is the 'Kuttanadan' style. Name the other.**

   (Malabar style , Aranmula style , Vadakkanpattu style , Thottanpattustyle)

4. **Name the poet who wrote the lullaby 'Omanathinkalkidavo'**

   (IrayimmanThambi , KuttikunjuThankachy , SwathiThirunal , Muthayya Bhagavathar)

5. **Name the female actor, who is not only a great actor but also a classical dancer.**

   (T. K. Padmini, PadmasreeShobhana, Balamaniyamma, SaraJoseph)

6. **Name the major factor that transforms the physical outlook of an actor**

   (curtain, music, makeup, audience)

From questions 7 to 8 answer any one. **(1 x 2 = 2)**

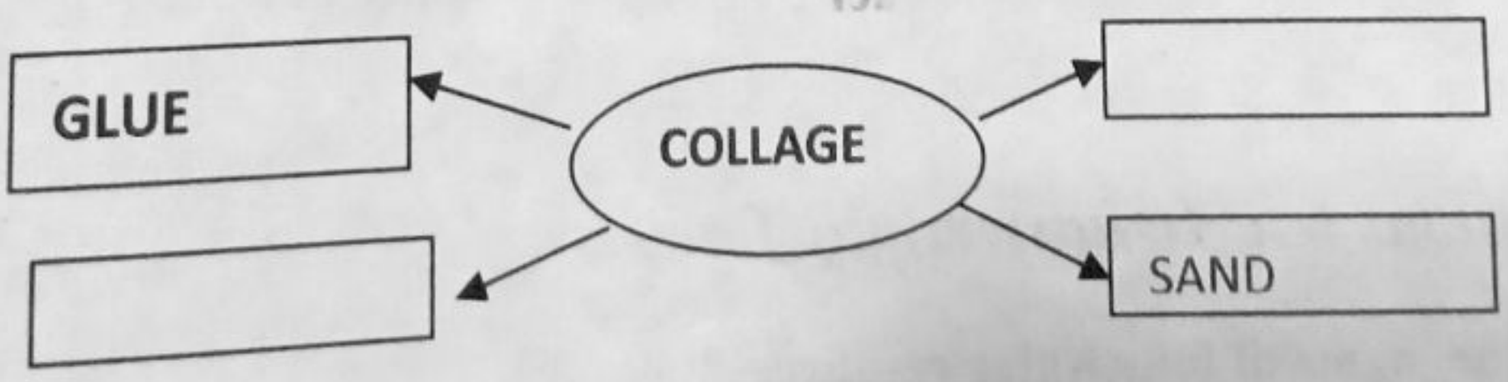
7. **Name any two dance forms of Kerala**

8. **Write any two riddles that can be acted .**

From questions 9 to 12 answer any two . **(2 x 3 = 6)**

9 **Prepare a write up of a visual in your mind on a rainy day, during your travel to school.**

10 **Make a word web using essential things required to make a collage.**



11 **What are the three features of "Vaytharees " in a folk song?**

12 **Write any three specialities of a dance form that you like the most?**

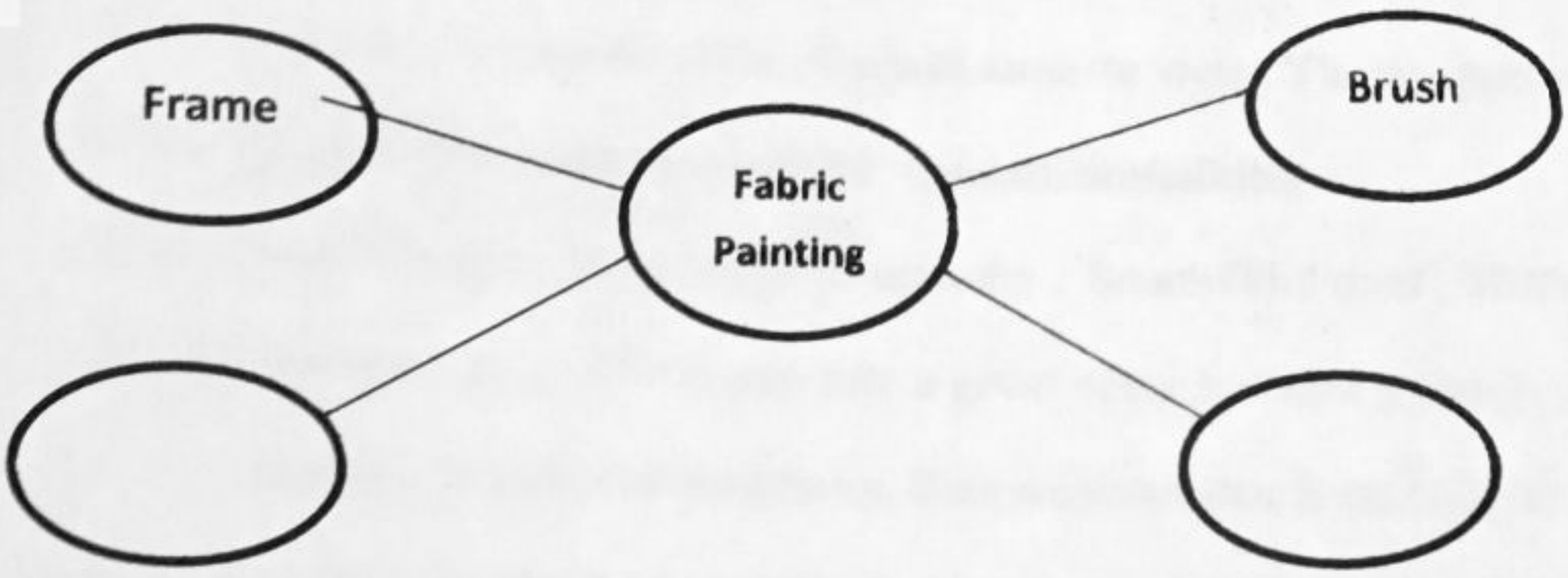
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Match the following.

A	B
Desk	**Iron**
Duster	**Stone**
Grinding stone	**Wood**
Hacksaw blade	**Cloth**

How can we preserve fruits?Mention any two methods.

Complete the word web given



10.Name four different types of papers used to make decoration Items?

From questions 11 and 12 answer any one **(1 x 3 = 3)**

11. Write the names of any four tools used to clean a classroom?

12. Suggest mosquito control methods that can be done in schools and houses.

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