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Q.1

One of the stages in group formation includes intra group conflict about how a target would be achieved and how the hierarchy in the group develops. This stage is known as _____.

1. Forming
2. Norming
3. Performing
4. Storming

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846046**
Option 1 ID : **48558424181**
Option 2 ID : **48558424182**
Option 3 ID : **48558424183**
Option 4 ID : **48558424184**
Status : **Answered**
Chosen Option : **4**

Q.2

Which assessment method can be used to study the behaviour of class I students during play time in school?

1. Interview
2. Case Study
3. Observation
4. Self Report

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846011**
Option 1 ID : **48558424041**
Option 2 ID : **48558424042**
Option 3 ID : **48558424043**
Option 4 ID : **48558424044**
Status : **Answered**
Chosen Option : **3**

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Q.3

In Psychotherapy there are certain steps taken in the formulation of a client's problem. Arrange the steps in the correct order.

A. On that basis the therapy sessions are conducted.
B. Choice of techniques is made then.
C. Understanding of the problem.
D. It helps in identifying problematic areas to be targeted.
E. Once the therapy sessions have helped the client, it is terminated.

Choose the correct answer from the options given below:

1. C, D, B, A, E

2. D, C, B, A, E

3. A, B, C, D, E

4. B, D, A, C, E

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846040**
Option 1 ID : **48558424157**
Option 2 ID : **48558424158**
Option 3 ID : **48558424159**
Option 4 ID : **48558424160**
Status : **Answered**
Chosen Option : **1**

Q.4

The belief that individuals behave strangely is because their bodies and their brains are not working properly.
This corresponds to the :-

1. Psychological Approach

2. Organic Approach

3. Organismic Approach

4. Demonology

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846026**
Option 1 ID : **48558424101**
Option 2 ID : **48558424102**
Option 3 ID : **48558424103**
Option 4 ID : **48558424104**
Status : **Answered**
Chosen Option : **4**

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Q.5

Socially defined expectations that individuals in a given situation are expected to fulfil, are called:

1. Roles
2. Norms
3. Status
4. Cohesiveness

Options
1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846045**
Option 1 ID : **48558424177**
Option 2 ID : **48558424178**
Option 3 ID : **48558424179**
Option 4 ID : **48558424180**
Status : **Answered**
Chosen Option : **2**

Q.6

How would you arrange the events mentioned below in correct order to explain the concept of cognitive dissonance and bring cognitive consistency?

A. Smoking causes oral cancer which is fatal.
B. He is a chain smoker.
C. Dissonance in the attitude towards smoking.
D. In order to reduce or remove the dissonance he will try to quit smoking.
E. This would be the healthy and sensible way of attaining consonance.

Choose the correct answer from the options given below:

1. A, B, E, D, C
2. B, C, D, E, A
3. A, B, D, C, E
4. A, B, C, D, E

Options
1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846043**
Option 1 ID : **48558424169**
Option 2 ID : **48558424170**
Option 3 ID : **48558424171**
Option 4 ID : **48558424172**
Status : **Not Answered**
Chosen Option : **--**

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Q.7

Reshma is a class 12 student. She is experiencing symptoms like dizziness, sleeplessness, shortness of breath for the past few months. She constantly worries about her future. According to the above case, Reshma maybe experiencing-

1. Post-traumatic Stress Disorder (PTSD)
2. Obsessive - Compulsive Disorder (OCD)
3. Agoraphobia
4. Generalised Anxiety Disorder (GAD)

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846029**
Option 1 ID : **48558424113**
Option 2 ID : **48558424114**
Option 3 ID : **48558424115**
Option 4 ID : **48558424116**
Status : **Answered**
Chosen Option : **4**

Q.8

Identify the correct sequence of the stages of personality development, given by Freud.

A. Anal
B. Oral
C. Phallic
D. Genital
E. Latency

Choose the correct answer from the options given below:

1. C, B, A, D, E
2. B, C, D, E, A
3. C, A, E, D, B
4. B, A, C, E, D

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846023**
Option 1 ID : **48558424089**
Option 2 ID : **48558424090**
Option 3 ID : **48558424091**
Option 4 ID : **48558424092**
Status : **Answered**
Chosen Option : **4**

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Q.9

Giftedness refers to very superior intellectual functioning with an IQ of _____ or above.

1. 80
2. 90
3. 130
4. 100

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846034**
Option 1 ID : **48558424133**
Option 2 ID : **48558424134**
Option 3 ID : **48558424135**
Option 4 ID : **48558424136**
Status : **Answered**
Chosen Option : **3**

Q.10

Rohan did not do well in his Pre-Board examination. He believes that this happened because he was not carrying his lucky pen that day. Identify the defence mechanism being used by Rohan.

1. Repression
2. Rationalisation
3. Reaction formation
4. Denial

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846019**
Option 1 ID : **48558424073**
Option 2 ID : **48558424074**
Option 3 ID : **48558424075**
Option 4 ID : **48558424076**
Status : **Not Answered**
Chosen Option : **--**

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Q.11

The Therapist will show positive feelings towards the client even if the client is rude or shares all the wrong things done or thought about. This is called:-

1. Emotional expression
2. Unconditional positive regard
3. Conditional positive regards
4. Cognitive Conditioning

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846037**
Option 1 ID : **48558424145**
Option 2 ID : **48558424146**
Option 3 ID : **48558424147**
Option 4 ID : **48558424148**
Status : **Answered**
Chosen Option : **4**

Q.12

Match List I with List II

	LIST I **Description**		**LIST II** **Type of Group**
A.	Collection of people having common motives and goals	I.	Crowd
B.	Collection of people to see a football match	II.	Group
C.	Both individual and collective contribution matters in this group	III.	Audience
D.	A collection of people on the road gathered to see an accident	IV.	Team

Choose the correct answer from the options given below:

1. A-I, B-II, C-III, D-IV
2. A-II, B-IV, C-I, D-III
3. A-II, B-IV, C-III, D-I
4. A-II, B-III, C-IV, D-I

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846047**
Option 1 ID : **48558424185**
Option 2 ID : **48558424186**
Option 3 ID : **48558424187**
Option 4 ID : **48558424188**
Status : **Answered**
Chosen Option : **4**

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Q.13

The treatment of psychological disorders after natural disasters include both self-help and professional approaches. Identify the correct sequence of steps involved in this process.

A. Counselling
B. Providing material help
C. Rehabilitation
D. follow up
E. Psychiatric help

Choose the correct answer from the options given below:

1. B, A, E, C, D

2. A, B, D, E, C

3. E, D, B, C, A

4. D, C, E, B, A

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846048**
Option 1 ID : **48558424189**
Option 2 ID : **48558424190**
Option 3 ID : **48558424191**
Option 4 ID : **48558424192**
Status : **Not Answered**
Chosen Option : **--**

Q.14

_____ provides us information about how a person behaves under stressful situations

1. Middle Category bias

2. Nomination

3. Ratings

4. Situational Tests

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846022**
Option 1 ID : **48558424085**
Option 2 ID : **48558424086**
Option 3 ID : **48558424087**
Option 4 ID : **48558424088**
Status : **Answered**
Chosen Option : **4**

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Q.15

Jayoshree enjoys singing and spends a lot of her free time listening and humming along with her favourite songs. However she knows that she often lacks rhythm and tone. This attribute of Jayoshree falls under which domain:-

1. Aptitude
2. Talent
3. Interest
4. Gifted

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846013**
Option 1 ID : **48558424049**
Option 2 ID : **48558424050**
Option 3 ID : **48558424051**
Option 4 ID : **48558424052**
Status : **Answered**
Chosen Option : **3**

Q.16

Anaya firmly believes that she has the ability and behaviour required for a particular situation. She has the ability to construct the circumstances of her own life. She is open to taking risks and is less fearful. She has high _____.

1. Self- esteem
2. Self- efficacy
3. Self-regulation
4. Self-observation

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846018**
Option 1 ID : **48558424069**
Option 2 ID : **48558424070**
Option 3 ID : **48558424071**
Option 4 ID : **48558424072**
Status : **Answered**
Chosen Option : **2**

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Q.17

2.2% of population falling below IQ range of 70 are termed as:

1. Mentally fit

2. Intellectually disabled

3. Mentally Challenged

4. Prodigy

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846014**
Option 1 ID : **48558424053**
Option 2 ID : **48558424054**
Option 3 ID : **48558424055**
Option 4 ID : **48558424056**
Status : **Not Answered**
Chosen Option : **--**

Q.18

Match List I with List II

LIST I		LIST II	
A.	Psychodynamic therapy	I.	Faulty behavioural pattern
B.	Cognitive therapy	II.	Emotional insight
C.	Behavioural therapy	III.	Personal growth
D.	Humanistic therapy	IV.	Faulty thought pattern

Choose the correct answer from the options given below:

1. A-IV, B-III, C-II, D-I

2. A-II, B-IV, C-I, D-III

3. A-I, B-IV, C-III, D-II

4. A-I, B-IV, C-II, D-III

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846042**
Option 1 ID : **48558424165**
Option 2 ID : **48558424166**
Option 3 ID : **48558424167**
Option 4 ID : **48558424168**
Status : **Answered**
Chosen Option : **2**

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Q.19

Somesh shows loss of interest in most activities. He has estranged himself from family and friends, cannot sleep well at night and suffers from feelings of guilt. His symptoms are indicator of _____

1. Somatoform disorder
2. Obsessive - Compulsive Disorder
3. Major Depressive Disorder
4. Generalised Anxiety Disorder

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846027**
Option 1 ID : **48558424105**
Option 2 ID : **48558424106**
Option 3 ID : **48558424107**
Option 4 ID : **48558424108**
Status : **Answered**
Chosen Option : **3**

Q.20

Match List I with List II

LIST I		LIST II	
A.	Carl Jung	I.	Analytical Psychology
B.	Erich Fromm	II.	Individual Psychology
C.	Alfred Adler	III.	Basic Anxiety
D.	Karen Horney	IV.	Social Orientation

Choose the correct answer from the options given below:

1. A-I, B-II, C-IV, D-III
2. A-I, B-IV, C-III, D-II
3. A-I, B-IV, C-II, D-III
4. A-IV, B-II, C-I, D-III

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846025**
Option 1 ID : **48558424097**
Option 2 ID : **48558424098**
Option 3 ID : **48558424099**
Option 4 ID : **48558424100**
Status : **Answered**
Chosen Option : **2**

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Q.21

From the options given below, which of the following are not goals of psychotherapy.

A. Lessening emotional pressure.
B. Enhancing conditional positive regard.
C. Enhancing interpersonal relations and communications.
D. Increasing sympathy.
E. Becoming aware of one's choices in life.

Choose the correct answer from the options given below:

1. E and A only

2. C and D only

3. A and D only

4. B and D only

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846041**
Option 1 ID : **48558424161**
Option 2 ID : **48558424162**
Option 3 ID : **48558424163**
Option 4 ID : **48558424164**
Status : **Answered**
Chosen Option : **4**

Q.22

Children who have marked difficulties in social interaction and communication, a strong desire for routine and restricted interests are suffering from-

1. Alogia

2. Impulsivity

3. Autism

4. Hyperactivity

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846030**
Option 1 ID : **48558424117**
Option 2 ID : **48558424118**
Option 3 ID : **48558424119**
Option 4 ID : **48558424120**
Status : **Not Answered**
Chosen Option : **--**

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Q.23

A group of students were playing tug-of-war as an activity during their games period. Some students gradually reduced their efforts thinking that there are many people who are pulling and so it would not make a difference if they reduced their effort. Identify the concept:-

1. Group Polarisation
2. Group Think
3. Social Loafing
4. Social Facilitation

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846044**
Option 1 ID : **48558424173**
Option 2 ID : **48558424174**
Option 3 ID : **48558424175**
Option 4 ID : **48558424176**
Status : **Answered**
Chosen Option : **3**

Q.24

Identify the test which uses Projective Techniques for personality Assessment.

1. Minnesota Multiphasic Personality Inventory
2. Sixteen Personality Factor Questionnaire
3. Eysenck Personality Questionnaire
4. The Thematic Apperception Test

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846021**
Option 1 ID : **48558424081**
Option 2 ID : **48558424082**
Option 3 ID : **48558424083**
Option 4 ID : **48558424084**
Status : **Answered**
Chosen Option : **2**

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Q.25

Depression has been linked to low activity of _____.

1. Dopamine
2. Serotonin
3. Gamma aminobutyric acid
4. Endorphins

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846033**
Option 1 ID : **48558424129**
Option 2 ID : **48558424130**
Option 3 ID : **48558424131**
Option 4 ID : **48558424132**
Status : **Answered**
Chosen Option : **2**

Q.26

Disorder characterised by extensive but selective memory loss that has no organic cause is referred to as _____.

1. Dissociative fugue
2. Depersonalisation
3. Conversion disorders
4. Dissociative Amnesia

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846032**
Option 1 ID : **48558424125**
Option 2 ID : **48558424126**
Option 3 ID : **48558424127**
Option 4 ID : **48558424128**
Status : **Answered**
Chosen Option : **4**

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Q.27

Questions that are intended to get a person to reflect on what s/he has said and expand on it are called _____.

1. Mirror questions
2. Leading question
3. Open-ended questions
4. Bi-polar questions

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846050**
Option 1 ID : **48558424197**
Option 2 ID : **48558424198**
Option 3 ID : **48558424199**
Option 4 ID : **48558424200**
Status : **Not Answered**
Chosen Option : **--**

Q.28

Rehana's grand father is preoccupied with thoughts of developing a serious illness and constantly worries about this possibility. He is continually anxious about his health. He may be suffering from

1. Somatic Symptom disorder
2. Illness anxiety disorder
3. Conversion disorder
4. Panic disorder

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846031**
Option 1 ID : **48558424121**
Option 2 ID : **48558424122**
Option 3 ID : **48558424123**
Option 4 ID : **48558424124**
Status : **Answered**
Chosen Option : **2**

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Q.29

Match List I with List II

LIST I		LIST II	
A.	Formal thought Disorder	I.	No emotions at all
B.	Alogia	II.	Poverty of speech
C.	Flat affect	III.	inability to start or complete a course of action
D.	Avolition	IV.	Loosening of associations

Choose the correct answer from the options given below:

1. A-III, B-II, C-IV, D-I

2. A-IV, B-II, C-I, D-III

3. A-II, B-III, C-IV, D-I

4. A-I, B-IV, C-III, D-II

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846036**
Option 1 ID : **48558424141**
Option 2 ID : **48558424142**
Option 3 ID : **48558424143**
Option 4 ID : **48558424144**
Status : **Answered**
Chosen Option : **3**

Q.30

The social self emphasizes on such aspects of life as cooperation, unity and sacrifice. This is also known as _____.

1. Personal Self

2. Cooperative Self

3. Familial Self

4. Self Concept

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846020**
Option 1 ID : **48558424077**
Option 2 ID : **48558424078**
Option 3 ID : **48558424079**
Option 4 ID : **48558424080**
Status : **Answered**
Chosen Option : **2**

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Q.31

With reference to the features of trait approaches of personality select the TRUE statements.

A. This approach tries to discover the 'buildings blocks' of personality.
B. This approach attempts to identify the secondary characteristics of people.
C. This approach focuses on the specific psychological attributes along which people differ in stable ways.
D. This approach follows a bio-psycho-social perspective.
E. According to this approach people are put in a category based on their childhood experiences.

Choose the correct answer from the options given below:

1. A, C, E only

2. A, B, C only

3. B, D, E only

4. B, C, D only

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846024**
Option 1 ID : **48558424093**
Option 2 ID : **48558424094**
Option 3 ID : **48558424095**
Option 4 ID : **48558424096**
Status : **Not Answered**
Chosen Option : **--**

Q.32

Match List I with List II

	LIST I		LIST II
A.	Koh's Block Design Test	I.	Creativity Test
B.	Stanford Binet Test	II.	Non Verbal Test
C.	Raven's Progressive Matrices	III.	Performance Test
D.	Guilford, Torrance	IV.	Verbal Test

Choose the correct answer from the options given below:

1. A-III, B-II, C-IV, D-I

2. A-III, B-IV, C-I, D-II

3. A-I, B-III, C-IV, D-II

4. A-III, B-IV, C-II, D-I

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846017**
Option 1 ID : **48558424065**
Option 2 ID : **48558424066**
Option 3 ID : **48558424067**
Option 4 ID : **48558424068**
Status : **Answered**
Chosen Option : **3**

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Q.33

Which statements are correct for Information processing approaches to Intelligence-

A. This approach lays emphasis on studying cognitive functions underlying intelligent behaviour.
B. The approach lays emphasis on the structure of intelligence
C. They describe the process people use in intellectual reasoning
D. This approach is based on 'How' an intelligent person acts
E. This approach is based on 'What' are the components of intelligence

Choose the correct answer from the options below:

1. C, D, E only

2. B, C, E only

3. A, B, C only

4. A, C, D only

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846016**
Option 1 ID : **48558424061**
Option 2 ID : **48558424062**
Option 3 ID : **48558424063**
Option 4 ID : **48558424064**
Status : **Answered**
Chosen Option : **3**

Q.34

Who emphasized that different types of intelligences interact and work together to find a solution to a problem?

1. Howard Gardner

2. Sternberg

3. Louis Thurstone

4. Sigmund Freud

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846012**
Option 1 ID : **48558424045**
Option 2 ID : **48558424046**
Option 3 ID : **48558424047**
Option 4 ID : **48558424048**
Status : **Not Answered**
Chosen Option : **--**

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Q.35

Role plays and acting out fantasies is an important part of this therapy. Here client's self awareness and self-acceptance is enhanced. Identify the therapy.

1. Behaviour Therapy
2. Client-Centred Therapy
3. Gestalt Therapy
4. Existential Therapy

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846038**
Option 1 ID : **48558424149**
Option 2 ID : **48558424150**
Option 3 ID : **48558424151**
Option 4 ID : **48558424152**
Status : **Answered**
Chosen Option : **3**

Q.36

Which of the following is/are true with regard to frustration aggression theory?

A. An American Psychologist, John Dollard along with his collaborators conducted research to examine frustration aggression theory.
B. Frustration-Aggression theory states that frustration leads to aggression.
C. Frustrated person demonstrate less aggression than non-frustrated people.
D. Aggression is often shown towards a weaker person who is unable to react to the aggression.
E. Situational factors are not responsible for an individual's aggression.

Choose the correct answer from the options given below:

1. E, A and B only
2. C, B and D only
3. A, C and D only
4. A, B and D only

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846049**
Option 1 ID : **48558424193**
Option 2 ID : **48558424194**
Option 3 ID : **48558424195**
Option 4 ID : **48558424196**
Status : **Not Answered**
Chosen Option : **--**

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Q.37

_____ Yoga helps in processing emotional stimuli better and is effective in treating obsessive - compulsive disorder.

1. Ashtanga
2. Kundalini
3. Vipasana
4. Sudarshana Kriya

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846039**
Option 1 ID : **48558424153**
Option 2 ID : **48558424154**
Option 3 ID : **48558424155**
Option 4 ID : **48558424156**
Status : **Answered**
Chosen Option : **2**

Q.38

Emotional Intelligence involves the ability to perceive and manage one's own and others feelings and emotions, to handle interpersonal relationship effectively. This concept was introduced by _____.

1. Salovey and Mayer
2. J.P Das
3. Vygotsky
4. J. C Raven

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846015**
Option 1 ID : **48558424057**
Option 2 ID : **48558424058**
Option 3 ID : **48558424059**
Option 4 ID : **48558424060**
Status : **Answered**
Chosen Option : **1**

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Q.39

Sameer is an alcoholic who abuses alcohol by drinking large amounts regularly. Arrange the following statements according to their occurrences in his case.

A. Sameer's body has built up a tolerance for alcohol.
B. Sameer has started experiencing withdrawal reaction.
C. Sameer is regular with the consumption of alcohol.
D. Sameer has stopped drinking after joining "Alcoholics Anonymous".
E. His ability to think and work has been affected

Choose the correct answer from the options given below:

1. C, E, A, D, B

2. D, A, E, B, C

3. E, A, B, D, C

4. E, D, C, B, A

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846035**
Option 1 ID : **48558424137**
Option 2 ID : **48558424138**
Option 3 ID : **48558424139**
Option 4 ID : **48558424140**
Status : **Not Answered**
Chosen Option : **--**

Q.40

Identify the abnormal behaviour referring to the 4D's-

1. Monica was talking to herself while she was praying

2. Seema, a traffic police women was standing in the middle of the road waving her arms mechanically

3. Sheeba started dancing with joy in a restaurant she had visited, as she got a job confirmation call on her phone

4. Reema was laughing loudly at her mother's funeral, running up and down the stairs, throwing objects at the gathered mourners

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846028**
Option 1 ID : **48558424109**
Option 2 ID : **48558424110**
Option 3 ID : **48558424111**
Option 4 ID : **48558424112**
Status : **Answered**
Chosen Option : **4**

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Q.41

With reference to the case below, answer the following question

Deepak is a class 12 student who is unable to decide which course to pursue after 12th. He is having difficulty in deciding between Physics and Economics as he likes to study both the subjects and wants to pursue them in undergraduation. Due to this he is unable to focus on any other goal. His friends and family are also posing demands on him which is making him feel frustrated. To overcome this he started deep breathing and following a diet.

_____ results from blocking of needs and motives by something or someone that hinders the individual from achieving a desired goal.

1. Emotion
2. Aggression
3. Frustration
4. Attitude

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846051**
Option 1 ID : **48558424201**
Option 2 ID : **48558424202**
Option 3 ID : **48558424203**
Option 4 ID : **48558424204**
Status : **Answered**
Chosen Option : **3**

Q.42

With reference to the case below, answer the following question

Deepak is a class 12 student who is unable to decide which course to pursue after 12th. He is having difficulty in deciding between Physics and Economics as he likes to study both the subjects and wants to pursue them in undergraduation. Due to this he is unable to focus on any other goal. His friends and family are also posing demands on him which is making him feel frustrated. To overcome this he started deep breathing and following a diet.

Deepak is having difficulty in selecting the course he wishes to pursue, which means he is experiencing _____ along with frustration.

1. Jealously
2. Aggression
3. Envy
4. Conflict

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846052**
Option 1 ID : **48558424205**
Option 2 ID : **48558424206**
Option 3 ID : **48558424207**
Option 4 ID : **48558424208**
Status : **Answered**
Chosen Option : **2**

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Q.43

With reference to the case below, answer the following question

Deepak is a class 12 student who is unable to decide which course to pursue after 12th. He is having difficulty in deciding between Physics and Economics as he likes to study both the subjects and wants to pursue them in undergraduation. Due to this he is unable to focus on any other goal. His friends and family are also posing demands on him which is making him feel frustrated. To overcome this he started deep breathing and following a diet.

Which type of stress is Deepak experiencing :-

1. Physical and Environmental Stress
2. Psychological Stress
3. Work Stress
4. Social Stress

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846053**
Option 1 ID : **48558424209**
Option 2 ID : **48558424210**
Option 3 ID : **48558424211**
Option 4 ID : **48558424212**
Status : **Answered**
Chosen Option : **3**

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Q.44

With reference to the case below, answer the following question

Deepak is a class 12 student who is unable to decide which course to pursue after 12th. He is having difficulty in deciding between Physics and Economics as he likes to study both the subjects and wants to pursue them in undergraduation. Due to this he is unable to focus on any other goal. His friends and family are also posing demands on him which is making him feel frustrated. To overcome this he started deep breathing and following a diet.

Identify the important sources of psychological stress in Deepak's case

A. frustration
B. Physical appraisal
C. Secondary appraisal
D. Social Pressures
E. Traumatic Events.

Choose the correct answer from the options given below:

1. A and B only

2. B and C only

3. A and D only

4. D and E only

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846054**
Option 1 ID : **48558424213**
Option 2 ID : **48558424214**
Option 3 ID : **48558424215**
Option 4 ID : **48558424216**
Status : **Answered**
Chosen Option : **3**

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Q.45

With reference to the case below, answer the following question

Deepak is a class 12 student who is unable to decide which course to pursue after 12th. He is having difficulty in deciding between Physics and Economics as he likes to study both the subjects and wants to pursue them in undergraduation. Due to this he is unable to focus on any other goal. His friends and family are also posing demands on him which is making him feel frustrated. To overcome this he started deep breathing and following a diet.

Which life skill was used by Deepak to deal with the situation effectively?

1. Assertiveness
2. Time management
3. Rational Thinking
4. Self care

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846055**
Option 1 ID : **48558424217**
Option 2 ID : **48558424218**
Option 3 ID : **48558424219**
Option 4 ID : **48558424220**
Status : **Answered**
Chosen Option : **3**

Q.46

Amita is a student council member of her school who takes her commitment towards environmental preservation very seriously. She organises various plantation drives and also is in charge of the school recycle plant. She gets very upset and sad when she sees people wasting or misusing paper or cutting trees. Her parents are also famous environmentalists who campaigned for a ban of plastics in the hill areas, They always praised and motivated Amrita to continue to be a pro-environment person.

Identify the affective component of Amita's attitude towards environment.

1. Upset and Sad
2. School recycle plant
3. Commitment towards environment
4. Praise and motivation

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846056**
Option 1 ID : **48558424221**
Option 2 ID : **48558424222**
Option 3 ID : **48558424223**
Option 4 ID : **48558424224**
Status : **Answered**
Chosen Option : **1**

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Q.47

Amita is a student council member of her school who takes her commitment towards environmental preservation very seriously. She organises various plantation drives and also is in charge of the school recycle plant. She gets very upset and sad when she sees people wasting or misusing paper or cutting trees. Her parents are also famous environmentalists who campaigned for a ban of plastics in the hill areas, They always praised and motivated Amrita to continue to be a pro-environment person.

Amita organises various plantation drives and manages the school recycle plant. What component of attitude is demonstrated here-

1. Affective
2. Behavioural
3. Cognitive
4. Simplicity

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846057**
Option 1 ID : **48558424225**
Option 2 ID : **48558424226**
Option 3 ID : **48558424227**
Option 4 ID : **48558424228**
Status : **Answered**
Chosen Option : **1**

Q.48

Amita is a student council member of her school who takes her commitment towards environmental preservation very seriously. She organises various plantation drives and also is in charge of the school recycle plant. She gets very upset and sad when she sees people wasting or misusing paper or cutting trees. Her parents are also famous environmentalists who campaigned for a ban of plastics in the hill areas, They always praised and motivated Amrita to continue to be a pro-environment person.

How did Amita learn pro environmental attitude at home?

1. Learning attitudes through group norms
2. Learning attitudes by being rewarded
3. Learning attitude through exposure to information
4. Learning attitude for getting promotion in life

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846058**
Option 1 ID : **48558424229**
Option 2 ID : **48558424230**
Option 3 ID : **48558424231**
Option 4 ID : **48558424232**
Status : **Answered**
Chosen Option : **2**

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Q.49

Amita is a student council member of her school who takes her commitment towards environmental preservation very seriously. She organises various plantation drives and also is in charge of the school recycle plant. She gets very upset and sad when she sees people wasting or misusing paper or cutting trees. Her parents are also famous environmentalists who campaigned for a ban of plastics in the hill areas, They always praised and motivated Amrita to continue to be a pro-environment person.

When Amita's juniors copy her attitude towards environmental preservation what kind of learning would they be showing?

1. Learning attitudes by being rewarded
2. Learning attitudes through group norms
3. Learning attitudes for getting selected in the council
4. Learning attitudes through modelling

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846059**
Option 1 ID : **48558424233**
Option 2 ID : **48558424234**
Option 3 ID : **48558424235**
Option 4 ID : **48558424236**
Status : **Answered**
Chosen Option : **3**

Q.50

Amita is a student council member of her school who takes her commitment towards environmental preservation very seriously. She organises various plantation drives and also is in charge of the school recycle plant. She gets very upset and sad when she sees people wasting or misusing paper or cutting trees. Her parents are also famous environmentalists who campaigned for a ban of plastics in the hill areas, They always praised and motivated Amrita to continue to be a pro-environment person.

What factors have influenced Amrita's attitude formation?

1. Family and School environment
2. Reference groups
3. Personal experiences
4. Media-related influences

Options 1. 1
2. 2
3. 3
4. 4

Question Type : **MCQ**
Question ID : **4855846060**
Option 1 ID : **48558424237**
Option 2 ID : **48558424238**
Option 3 ID : **48558424239**
Option 4 ID : **48558424240**
Status : **Answered**
Chosen Option : **1**

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