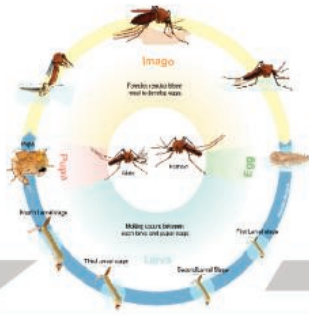


aglasem.com

CLASS X SCIENCE NOTES

Key Notes and Important
Questions with Answers

LIFE PROCESSES



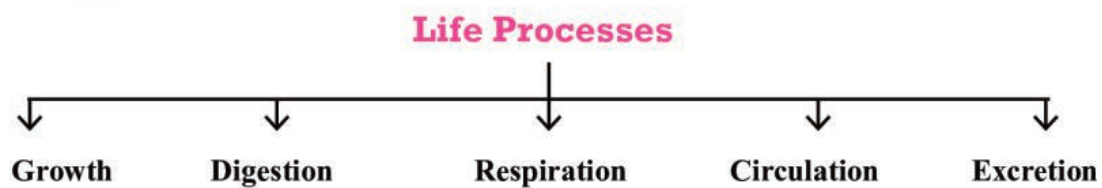
Chapter - 6

Life Processes

All living things perform certain life processes like growth, excretion, respiration, circulation etc.

All the processes like respiration, digestion, which together keep the living organisms alive and perform the job of body maintenance are called life processes.

Examples :



I. Nutrition

(The whole process by which an organism obtain its food)

Nutrition in Plants

↓
Plants are autotrophs.
↓
Can make their own food.

Nutrition in Animals

↓
Animals are hetrotrophs.
↓
Depends on plants or other animals for their food.

Modes of Nutrition

Autotrophic

Kind of nutrition in which inorganic materials like CO_2 , water etc. are utilized to prepare organic food by the process of photosynthesis.
E.g., Green plants.

Heterotrophic

Kind of nutrition in which organisms do not possess the ability to synthesize their own food. They depend on autotrophs for their food supply directly or indirectly.
E.g., Animals, fungi.

Autotrophic Nutrition :

The organisms which carry out autotrophic nutrition are called autotrophs (green plants).

Autotrophs $\xrightarrow{\text{Use}}$ Simple inorganic material $\xrightarrow[\text{into}]{\text{Convert}}$ Complex high energy molecules (Carbohydrates)

Autotrophic nutrition is the process by which autotrophs take in CO_2 and H_2O and convert these into carbohydrates in the presence of chlorophyll, sunlight is called **Photosynthesis**.

Equations :
$$6\text{CO}_2 + 12\text{H}_2\text{O} \xrightarrow[\text{Chlorophyll}]{\text{Sunlight}} \text{C}_6\text{H}_{12}\text{O}_6 + 6\text{O}_2 + 6\text{H}_2\text{O}$$

Raw Materials for Photosynthesis :

- Sunlight
- Chlorophyll $\rightarrow$ Sunlight absorbed by chlorophyll
- $\text{CO}_2 \rightarrow$ Enters through stomata and oxygen (O_2) is released as by-product through stomata on leaf.
- Water $\rightarrow$ Water + dissolved minerals like nitrogen, phosphorus etc. are taken up by the roots of the soil.

Site of Photosynthesis :

Chloroplast in the leaf, chloroplast contain chlorophyll (green pigment).

Main Events of Photosynthesis :

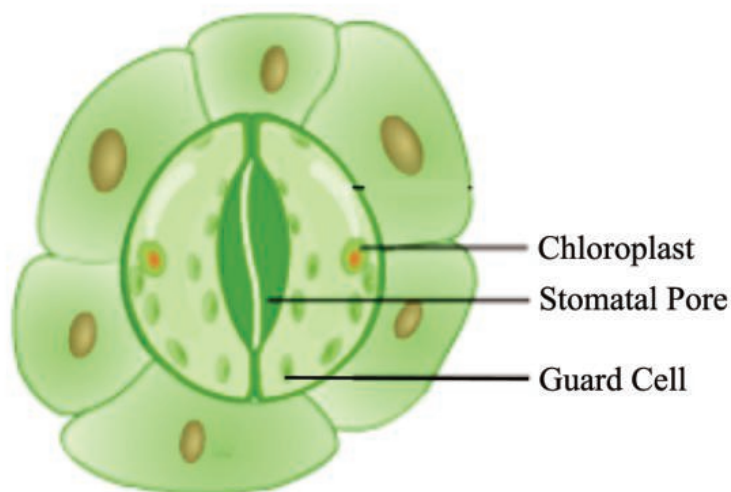
- Absorption of light energy by chlorophyll

- Conversion of light energy into chemical energy + splitting (breaking) of water into hydrogen and oxygen
- Reduction of CO_2 to carbohydrates

Stomata : Tiny pores present on the surface of the leaves.

Functions :

- Exchange of gases O_2/CO_2 .
- Loses large amount of water (water vapour) during transpiration.



Heterotrophic Nutrition

Holozoic

Animals take in solid food and breakdown inside the body.

E.g., Amoeba, animals.

Saprophytic

Organisms feed on dead, decaying matter.

E.g., Fungi.

Parasitic

Parasites live inside or outside other organism (host) and derive nutrition from it.

E.g., Cuscuta (plant parasites), Ticks etc.

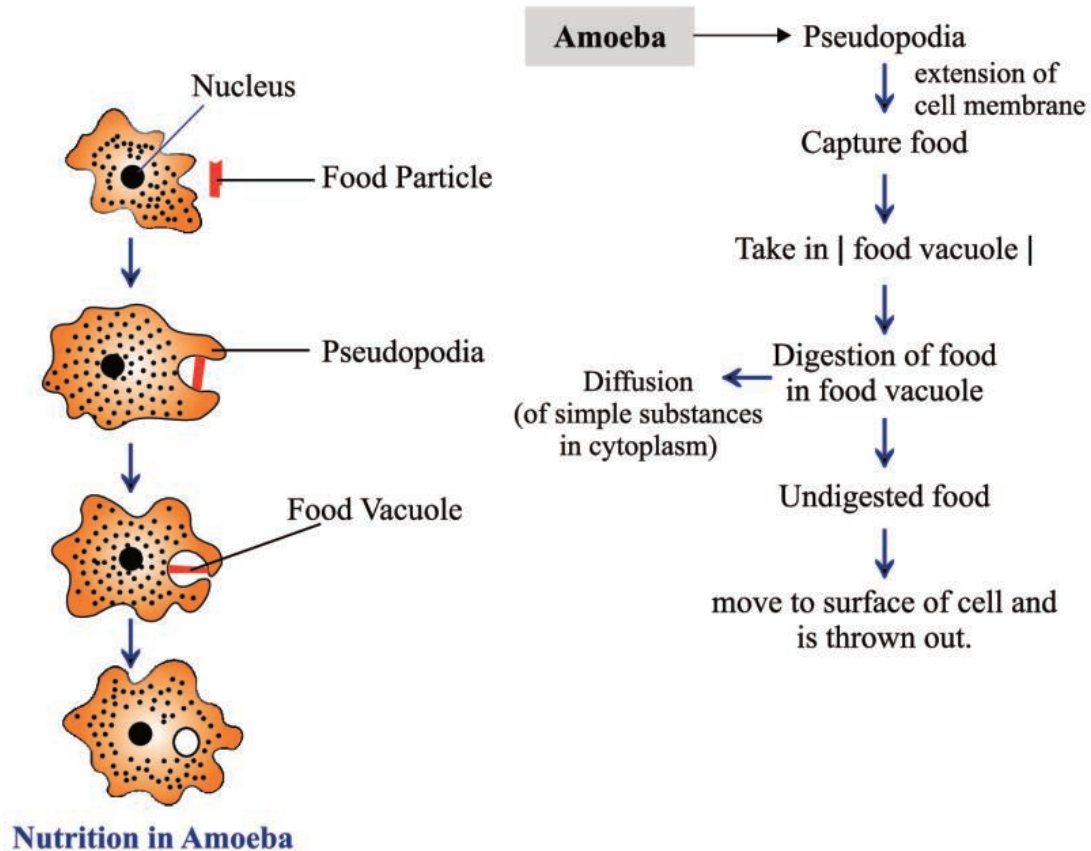
How do organisms obtain their food

Unicellular/Single celled organisms : Food is taken up through entire surface.

Example : (i) Amoeba

(ii) Paramecium

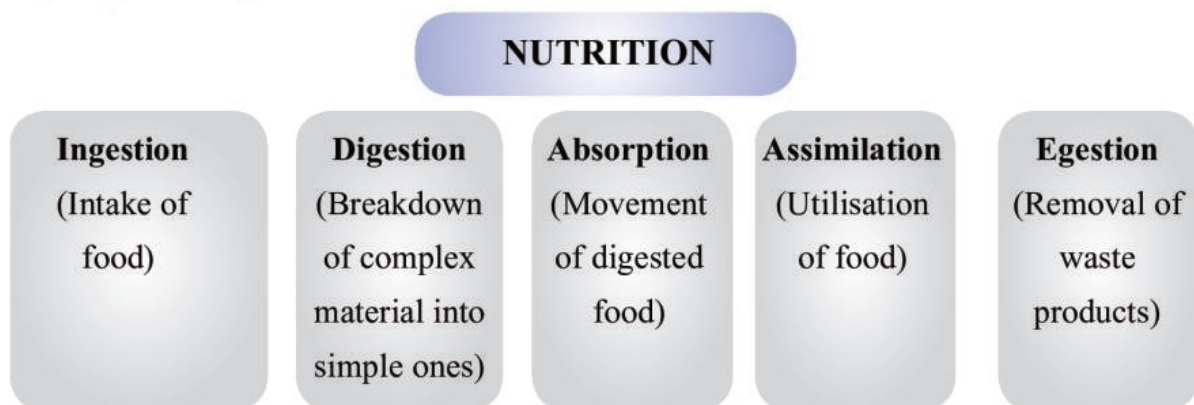
(i) Amoeba



(ii) Paramecium

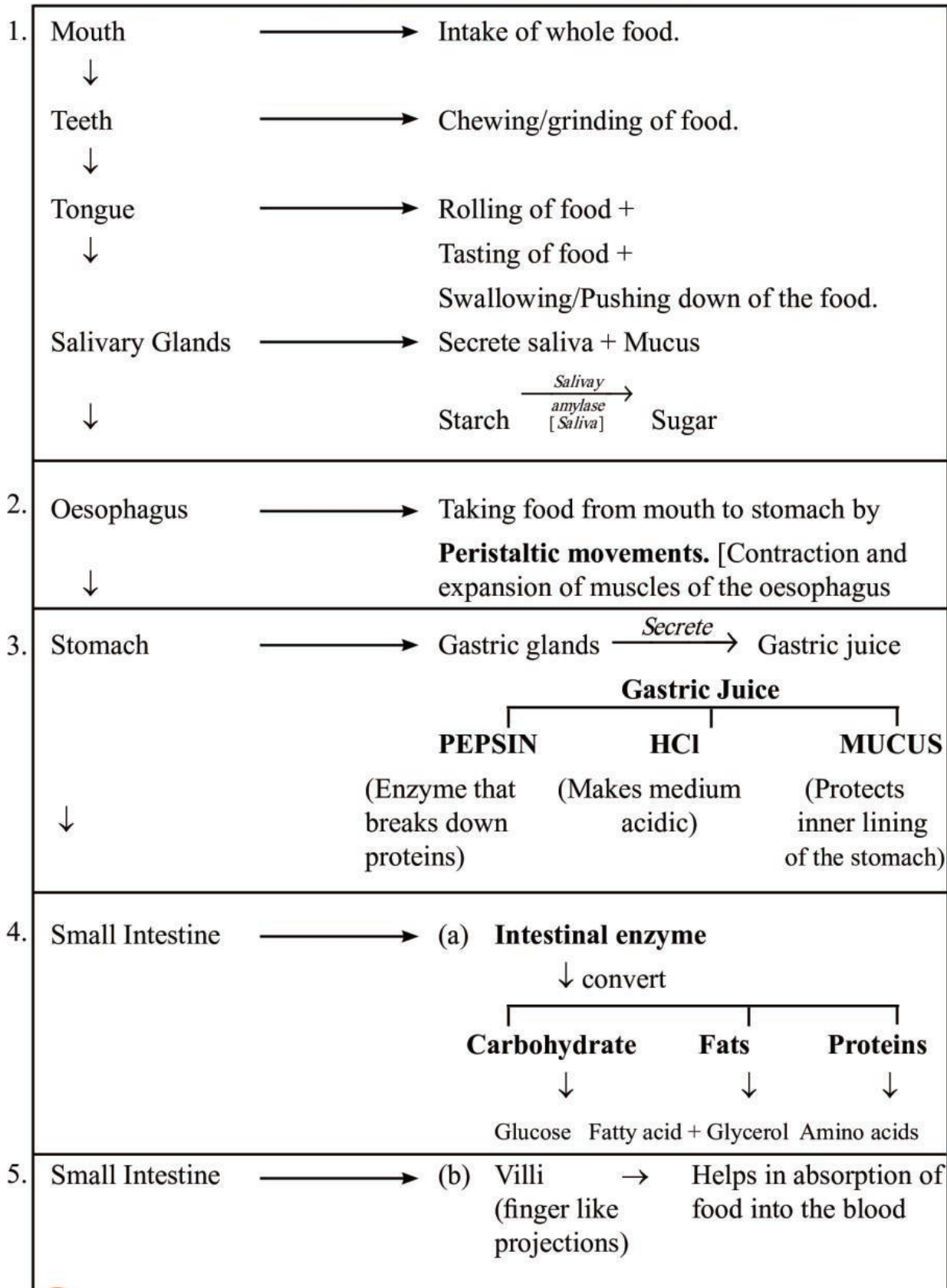
Paramecium → Cilia → Take in food → At a specific spot
(Present all over the body)

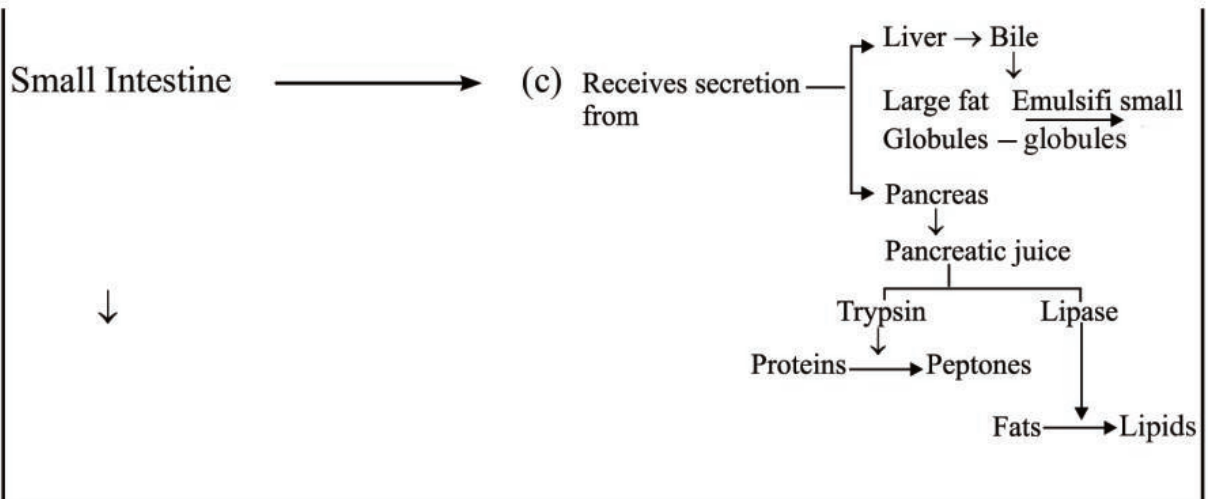
I. NUTRITION



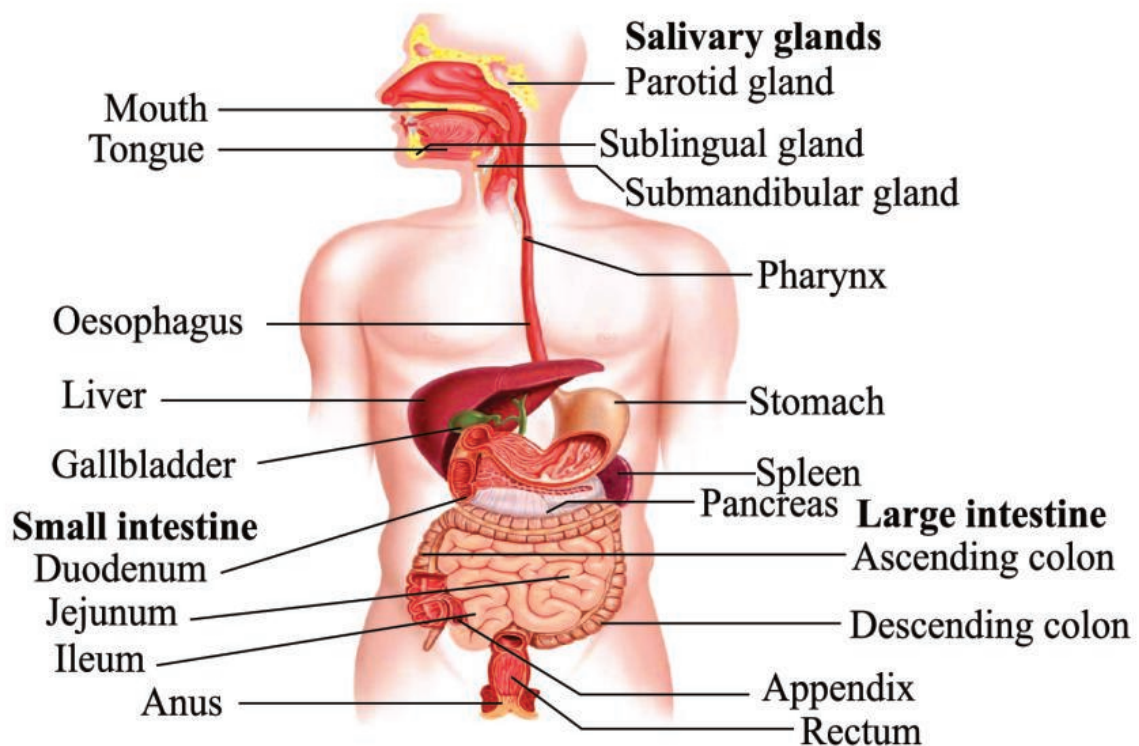
Different organisms utilize different nutritional processes as it depends upon the source of carbon from where the food is taken.

Nutrition in Human Beings





6. Large Intestine
- Absorb excess of water
 - The rest of the material is removed from the body via the anus.

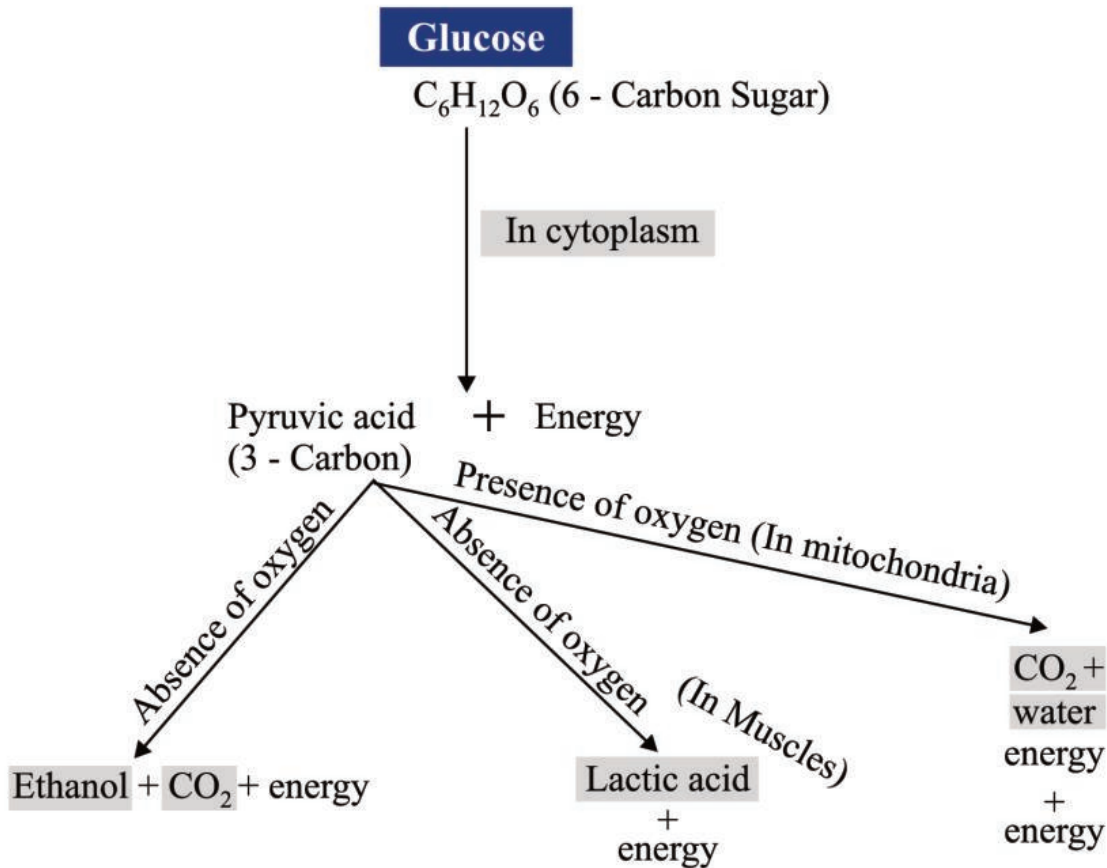


Human Digestive System

RESPIRATION

- Respiration involves :
- (i) Gaseous exchange : Intake of oxygen from the atmosphere and release of CO_2 → **Breathing**
 - (ii) Breakdown of simple food in order to release energy inside the cell → **Cellular respiration**

Breakdown of Glucose by Various Pathways



Respiration

Aerobic

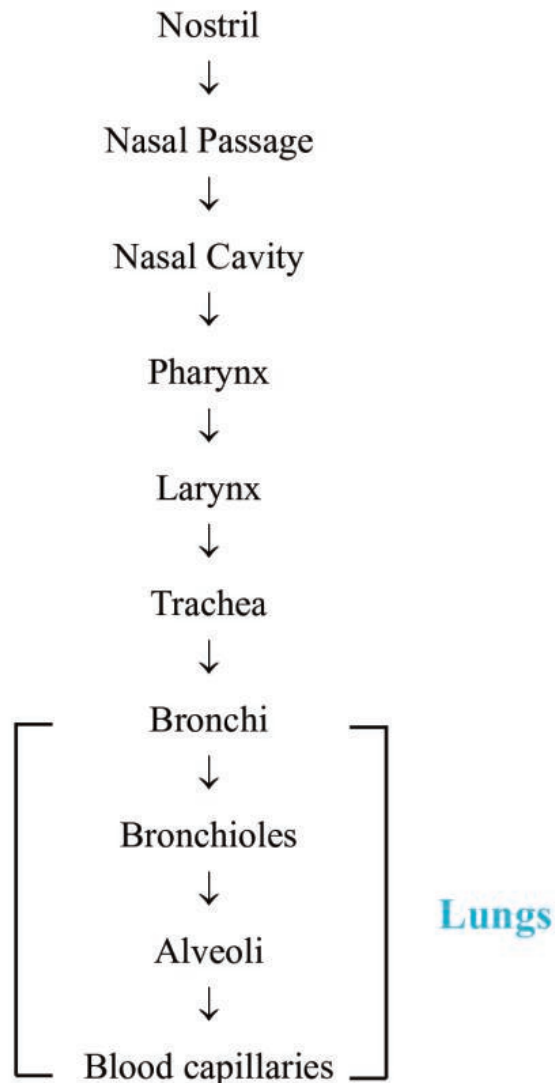
- Takes place in the presence of oxygen
- Occurs in mitochondria
- End products are CO_2 and H_2O
- More amount of energy is released

Anaerobic

- Takes place in the absence of oxygen
- Occurs in cytoplasm
- End products are alcohol or lactic acid
- Less amount of energy is released

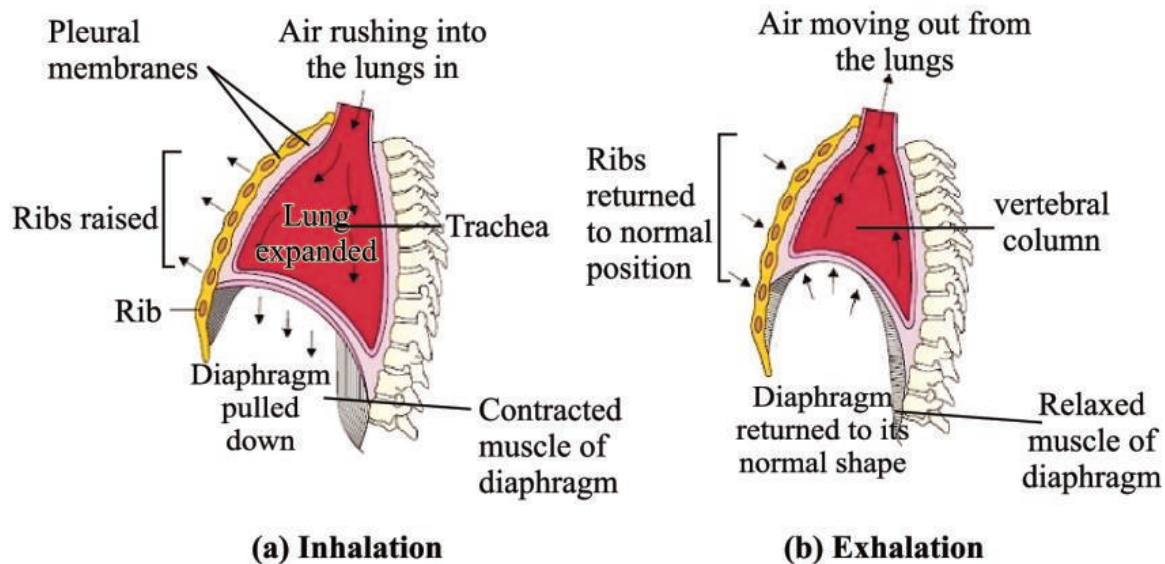
Human Respiratory System

Passage of air through the respiratory system :



Mechanism of Breathing

Inhalation	Exhalation
• During inhalation the thoracic cavity (chest cavity) expands. • Ribs lift up. • Diaphragm become flat in shape. • Volume of lungs increases and air enters the lungs	• Thoracic cavity contracts. • Ribs move downwards. • Diaphragm becomes dome shaped. • Volume of lungs decreases and air exits from the lungs.



Exchange of gases between alveolus, blood and tissues

- (i) Air (rich in O_2) $\rightarrow$ Blood $\rightarrow$ Binds with haemoglobin in RBC $\rightarrow$ O_2 is released in (in alveolus) (through blood vessels) tissues
 - (ii) CO_2 $\rightarrow$ Released in blood $\rightarrow$ Dissolved in blood $\rightarrow$ Blood vessels $\rightarrow$ Released in alveolar sac $\rightarrow$ Sent out through nostrils
- (from tissue) (in alveoli)

Terrestrial organisms : Use atmospheric oxygen for respiration

Aquatic organisms : Use dissolved oxygen for respiration

Respiration in plants

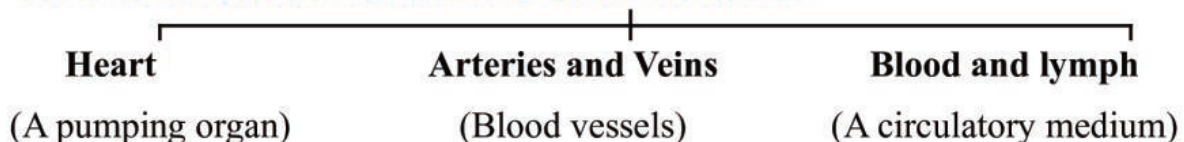
Respiration in plants is simpler than the respiration in animals. Gaseous exchange occur through :

- (a) Stomata in leaves
- (b) Lenticels in stems
- (c) General surface of the root

Transportation

Human beings like other multicellular organism need regular supply of food, oxygen etc. This function is performed by circulatory system.

The circulatory system in human beings consists of



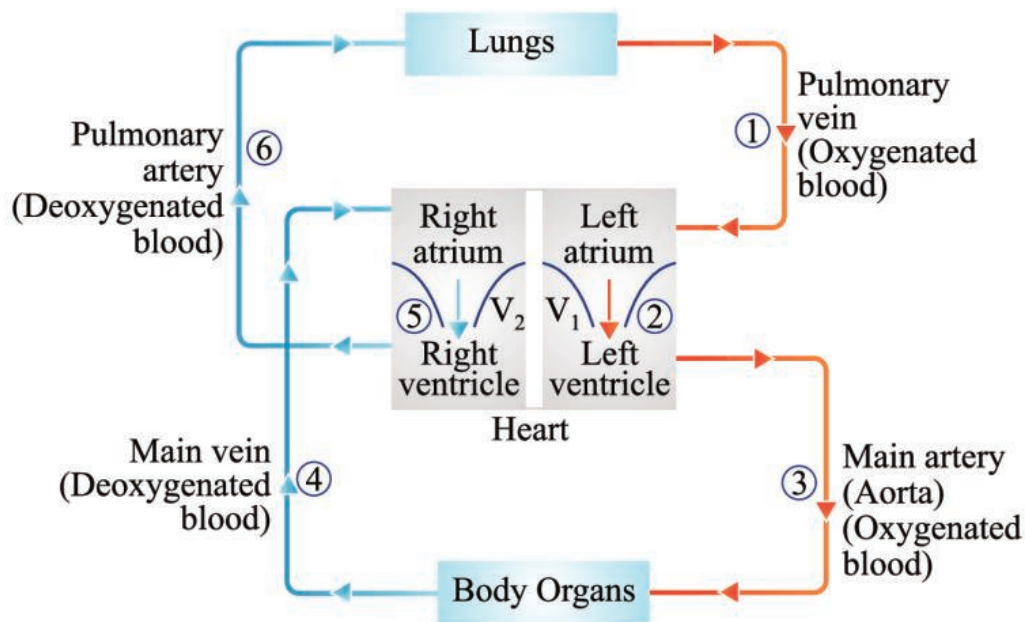
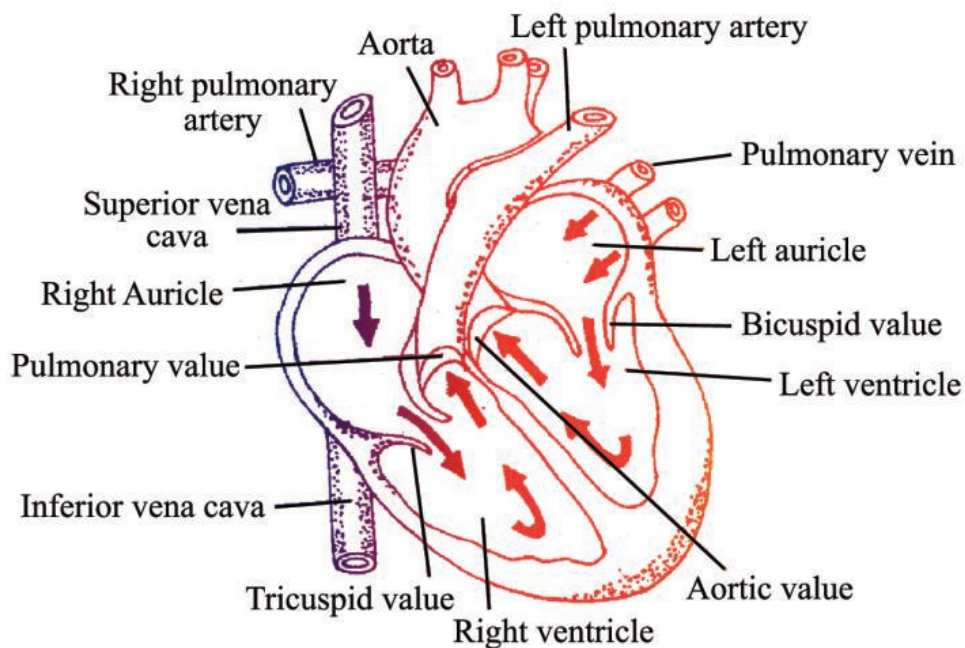


Diagram to show blood circulation in human body

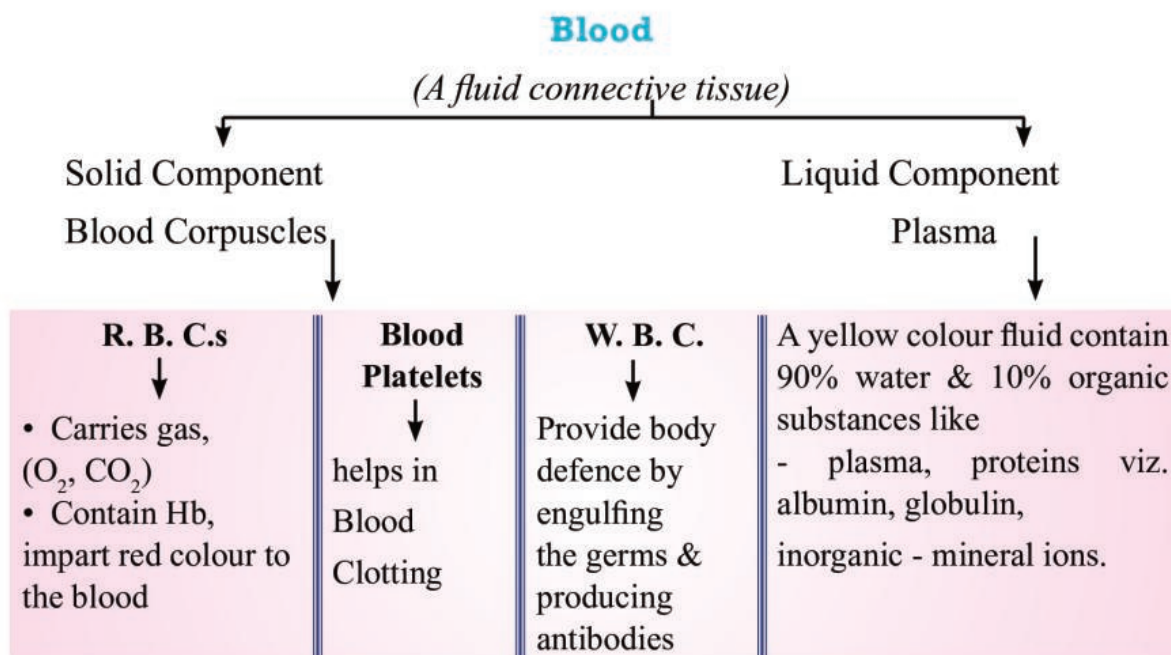
Double circulation

Blood travels twice through the heart in one complete cycle of the body.



Direction of blood flow through human heart

- **Pulmonary Circulation :** Blood moves from the heart to the lungs and back to the heart.
- **Systemic Circulation :** Blood moves from the heart to rest of the body and back to the heart.



Lymph : A yellowish fluid escapes from the blood capillaries into the intercellular spaces contain less proteins than blood. Lymph flows from the tissues to the heart assisting in transportation and destroying germs.

Blood Vessels

Arteries

1. Carry oxygenated blood from heart to body parts except pulmonary artery.
2. Also called distributing vessel.
3. Thick and elastic.
4. Deepseated

Veins

1. Carry deoxygenated blood from body parts to heart except pulmonary vein.
2. Also called collecting vessel.
3. Thin and less elastic.
4. Superficial as compared to arteries

Transportation in Plants

There are two main conducting pathways in a plant.

Xylem

1. Carries water & minerals from the roots to other parts of the plant.
2. No energy is used.

Phloem

1. Carries product of photosynthesis from leaves to the other parts of the plant.
2. Energy is used from ATP.

Transpiration is the process of loss of water as vapour from aerial parts of the plant.

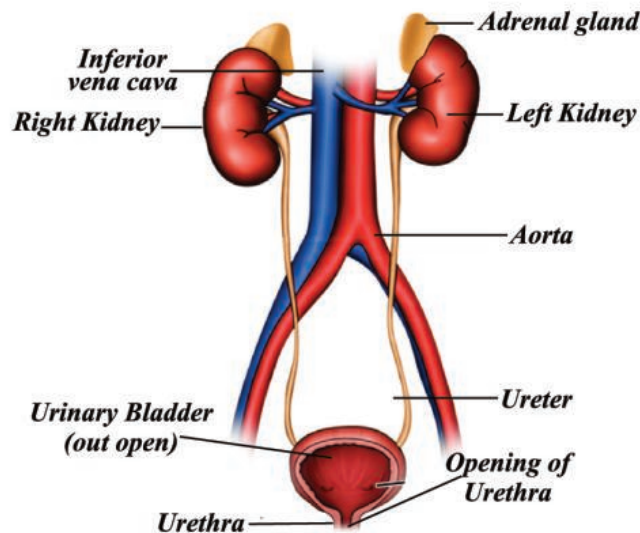
Function :

- (a) Absorption and upward movement of water and minerals by creating PULL.
 - (b) Helps in temperature regulation in plant.
- Transport of food from leaves (food factory) to different part of the plant is called **Translocation**.

EXCRETORY SYSTEM IN MAN

Excretory/urinary system consists of :

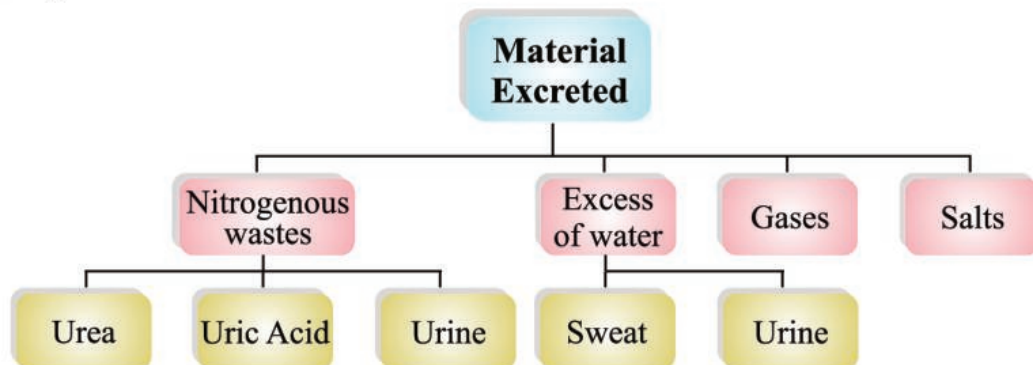
- (1) The kidneys : The excretory organ
- (2) The ureters : The ducts which drain out urine from the kidneys
- (3) The urinary bladder : The urinary reservoir
- (4) The urethra : The channel to the exterior



The human excretory system

EXCRETION

1. The metabolic activities in the body generates many kinds of wastes including nitrogenous wastes which are harmful for the body and hence needed to be removed. Excretion is a process by which these wastes are removed from our body.



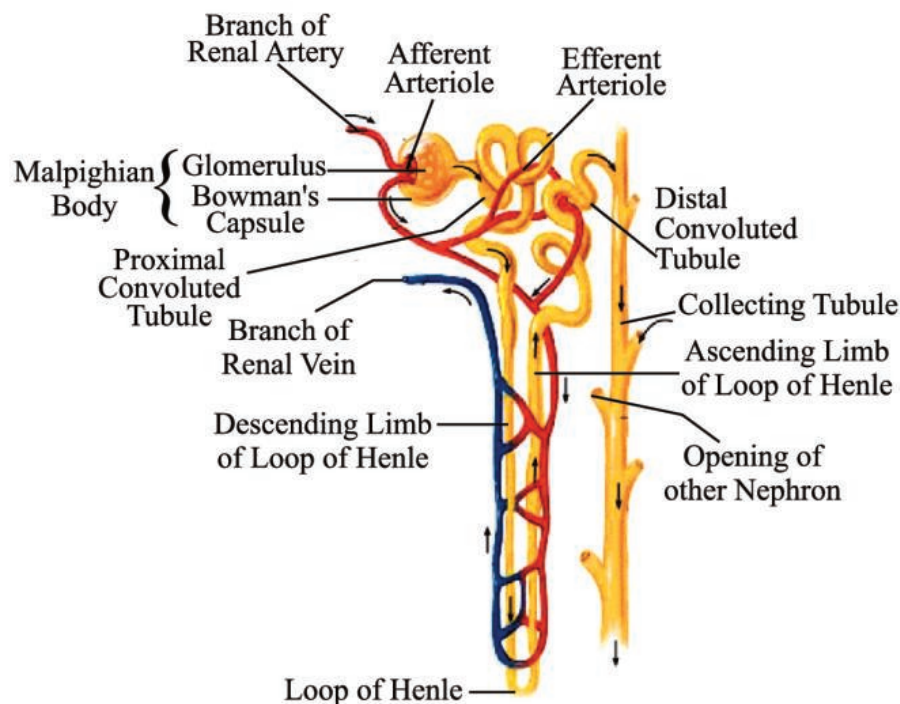
Functions of Nephron

- Excretion of nitrogenous wastes.
- To maintain the water and ionic balance (osmotic regulation).

Excretion in Plants

Plants use different strategies for excretion of different products :

- Oxygen and carbon dioxide is diffused through stomata.
- Excess water is removed by transpiration.
- Plants can even lose some of their old parts like old leaves and bark of tree.
- Other waste products like raisins and gums especially in old xylem cells which can also be lost by plants.
- Plants also secrete some waste substances into the soil around them.



Structure of a Nephron

The urine formation involves three steps :

1. **Glomerular filtration :** Nitrogenous wastes, glucose water, amino acid filter from the blood into Bowman Capsule of the nephron.

2. **Tubular reabsorption** : Now, useful substances from the filtrate are reabsorbed back by capillaries surrounding the nephron.
3. **Secretion** : Urea, extra water and salts are secreted into the tubule which open up into the collecting duct & then into the ureter.

Artificial Kidney

Haemodialysis : The process of purifying blood by an artificial kidney. It is meant for kidney failure patients.

QUESTIONS

VERY SHORT QUESTIONS (1 Mark)

1. State one difference between autotrophic and heterotrophic mode of nutrition.
2. Define peristaltic movement.
3. What is the role of saliva in the digestion of food ?
4. Name the tissue that transports water and minerals in plants.
5. What is the role of acid in our stomach ?
6. What is emulsification ?
7. Name the cell organelle in which photosynthesis occurs.
8. Name the largest artery in the human body.
9. Define transpiration.
10. What is the structural and functional unit of kidney called ?

SHORT ANSWER TYPE QUESTIONS (2 Marks)

1. How is small intestine designed to absorb digested food ?
2. What are stomata ? Draw a labeled diagram of stomata.
3. Write the equation for the process of breakdown of glucose in a cell :
 - (a) in the presence of oxygen.
 - (b) in the absence of oxygen.

4. Write the differences between inhalation and exhalation.
5. List the three events which occur during photosynthesis.
6. How does transpiration help in upward transport of substances.
7. Write the functions of the components of blood.
8. Why is small intestine longer in herbivores than in carnivores ?
9. Explain the cause of cramps after excessive physical exercise.
10. Why is the rate of breathing in aquatic organisms much faster than that seen in terrestrial organisms.

SHORT ANSWER TYPE QUESTIONS (3 Marks)

1. Describe the process of double circulation in human beings.
2. What are the methods used by plants to get rid of their waste products ?
3. Give reason for the following :
 - (a) Arteries are thick walled blood vessels.
 - (b) Veins are thin walled blood vessels.
 - (c) Veins have valves in them.

LONG ANSWER TYPE QUESTIONS (5 Marks)

1. If you chew chapatti for long, after some time it taste sweet ? Why is this so?
2. What is the benefit of residual volume of air in the respiratory process ?
3. Why is the energy needs in plants is very less as compared to animals ? Explain.
4. Draw a well-labelled diagram of Nephron. Explain the process of formation of urine in the human kidney.
5. Draw a diagram showing Human Respiratory System. Label the following parts :

(a) Alveolus	(b) Trachea
(c) Bronchus	(d) Lungs



Hints to Long Answer Type Questions

1. Chapati will taste sweet as saliva breaks down starch which is a complex molecule to give sugar.
2. The lungs always contain a residual volume of air so that there is sufficient time for oxygen to be absorbed and for the carbon dioxide to be released.
3. Plant gets most of energy during photosynthesis.
4. See the given diagram.
5. See the given diagram.

