Kerala Board



Question Paper

First Term

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SAMAGRA SHIKSHA KERALA

E-5001

FIRST TERMINAL EVALUATION 2024-2025

Health & Physical Education, Art Education, Work Integrated Education

Time: 2 Hrs

Total Score : 45

Standard: V

Instructions

- There are three sections : Health & Physical Education, Art Education and Work Integrated Education.
- Each section carries 15 scores.
- First 15 minutes is cool-off time.
- Answer each section in each separate answer sheet. Don't forget to write your Name, Subject, Class, Division and Roll Number in all the sheets.

Health & Physical Education

Questions 1 to 5. Answer any four. **(4 x 1 = 4)**

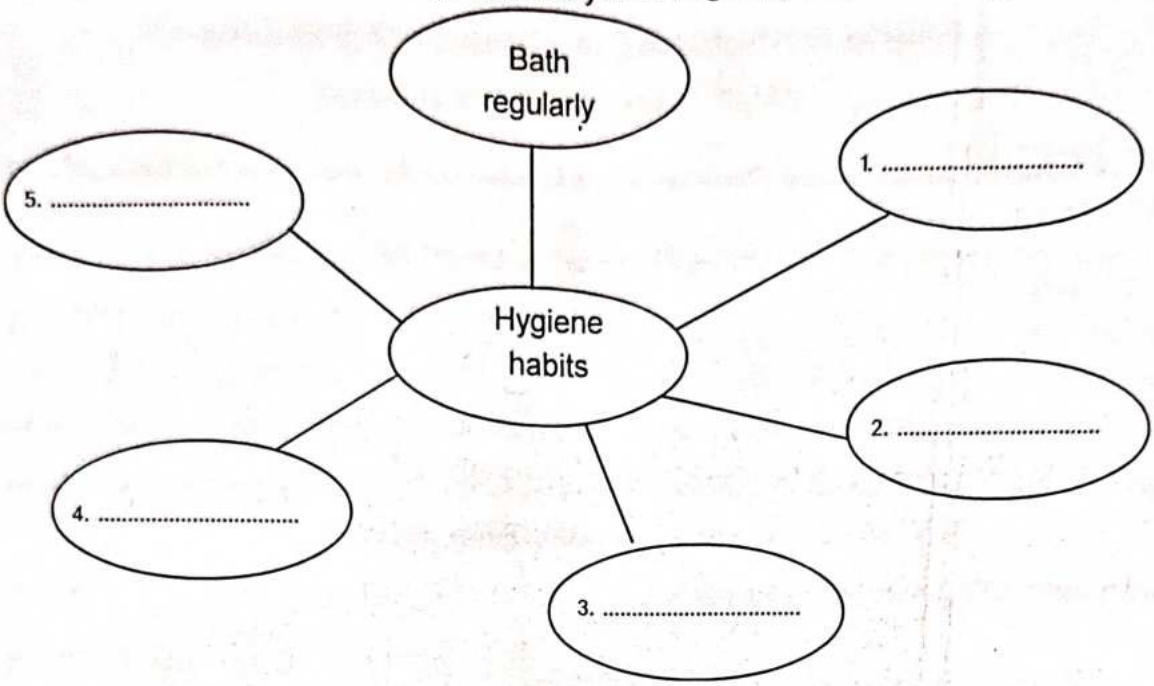
1. The state of physical and mental wellness is _____
   (A) Rest (B) Entertainment (C) Exercise (D) Recovery
2. Which team won the 20-20 World Cup in 2024?
   (A) South Africa (B) India (C) Afghanistan (D) England
3. Which one of the following is a healthy food habit?
   (A) Eating junk food
   (B) Drinking soft drinks regularly
   (C) Over eating
   (D) Including fruits and vegetables in diet
4. Identify the yogasana shown in the picture.



   (A) Thadasana (B) Shavasana (C) Sukhasana (D) Bhujangasana
5. The state in which we keep our body in a static manner is called_____.
   (A) Static posture (B) Yoga (C) Exercise (D) Humming Bee

Questions 6 to 10. Answer any four. **(4 x 2 = 8)**

6. Complete the word web including activities you do regularly for personal hygiene



7. Write a short note on the benefits you get from a good sleep.
8. Match the following.

1	Engage in games	A	Personal hygiene
2	Brushing teeth	B	Improve memory power
3	Eating fruits and vegetables	C	Get happiness
4	Sound sleep	D	Good food habit

9. What are the benefits of doing thadasana?
10. What should be done to attain recovery after physical exercises?

Questions 11 and 12. Answer any one. **(1 x 3 = 3)**

11. Write a note on good food habits.

12. Explain the benefits of participating in games.

Questions 1-5. Answer any four. **(4 x 1 = 4)**

1. Choose an example for a sound from nature from those given below.

   (Gunshot, Siren, Rumbling of thunder, Horn)

2. Name the artist who mesmerised the world with his famous "Moon walk" dance steps.

   (Michael Jackson, Kelucharan Mahapathra, K.P. Kittappa Pillai, Prabhu Deva)

3. Which was the last picture drawn by the artist Edmund Thomas Clint?

   (Boatrace, Theyyam, Waves, Sunrise)

4. Who established the 'Natakakkalari' movement which paved the way for modern drama in Malayalam?

   (G. Sankara Pillai, Vayalar Rama Varma, O.N.V. Kurup, M.T. Vasudevan Nair)

5. Name the persons who screened a movie for the first time in the world.

   (Wright Brothers, Lumiere Brothers, Bombay Sisters, Colonial Cousins)

Question 6 – 10. Answer any 3. **(3 x 2 = 6)**

6. Write two presentation variants of Kolkkali

7. Kuttanadan Punchayile

   .....

   Kochupenne Kuyilale

   .....

   Fill in the blanks with the correct Vaythaari.

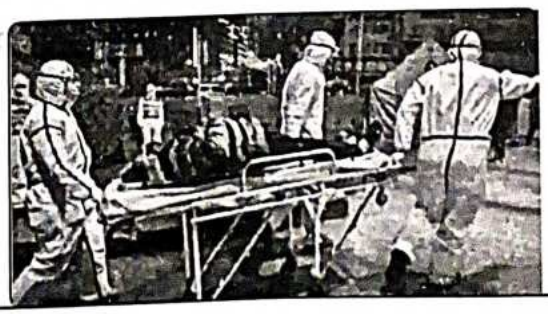
8. Write a note on the artist Edmund Thomas Clint.

9. Imagine and write any two sights that you see below when you flew up as a bird.

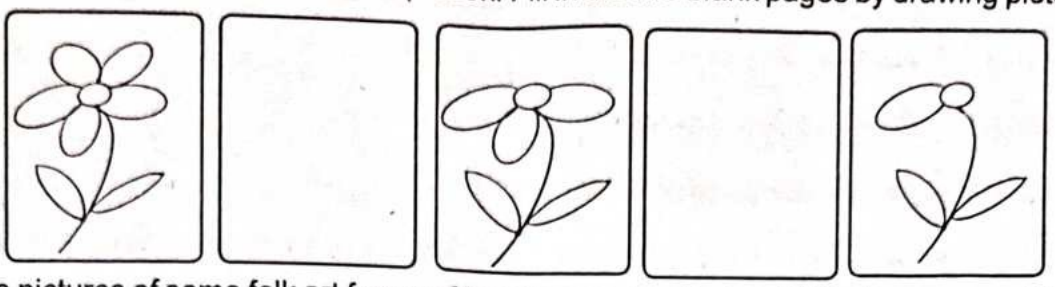
10. What is a flip book?

Questions 11 – 15. Answer any one. **(1 x 5 = 5)**

11. Observe the picture given below and write the preparations needed to present it as a tableau in the class. Write any five.



12. Given below are five pages of a flip book. Fill in the two blank pages by drawing pictures.



13. The pictures of some folk art forms of Kerala are given below. Write the names of these art forms.



A..... B..... C..... D..... E.....

14. Match the following.

A		B
a) Vaythaari	-	Stream
b) Kala Kala Sound	-	Gunshot
c) Mudiyattam	-	Vanchippaattu
d) Ritual Art Form	-	Vellaattu Chaatthan
e) Non-Soothing Sound	-	Kuthiyottappattu

15. Draw and colour a garden having different flowers

Work Integrated Education

Questions 1-5. Answer any four. **(4 x 1 = 4)**

1. Which method of agriculture is used to obtain more yield from limited space?

   (Tissue Culture, Step Farming, Grow bag cultivation, Polyhouse)

2. Observe the given pictures. Which among these are locally available?



Colocasia Leaves Fenugreek Leaves Mint Leaves Coriander Leaves

3. Read the table of nutritious diet carefully and fill in the blanks.

Carbohydrates	Proteins	Fats	Fibres
Rice	Egg	Oil	.....

4. Potting mixtures help in ensuring healthy growth of plants. Find the one which is not a part of potting mixture from those given below.

(Dry Leaves, Cowdung powder, Cocopeat, Charcoal)

5. Find the most suitable one that can be cultivated in grow bags?

(Lady's finger, Jack fruit tree, Guava tree, Rose apple tree)

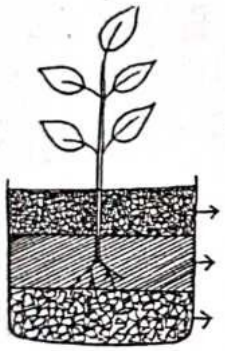
Questions 6 – 10. Answer any four. **(4 x 2 = 8)**

6. We have studied grow bag cultivation. What are the materials we can use to make grow bags?

7. Match the following.

a)	Food Plate	-	Stilt House
b)	Below the sea level	-	Saturated Fat
c)	Arrangement of rooms	-	Grow bag
d)	Potting mixture	-	Plan Preparation

8.

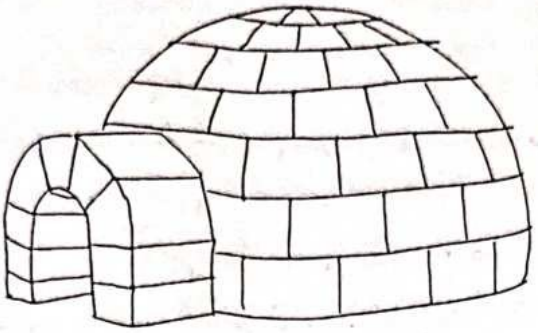


Observe the picture carefully. What are the advantages of filling grow bags with potting mixture in this manner?

9. The items for the school mid day meal are given in the table below. Complete the table by writing the names of the nutrients in the food items.

Sl.No.	Food Items	Nutrients
1.	Grains	
2.	Pulses	
3.	Milk	
4.	Egg	
5.	Vegetables	

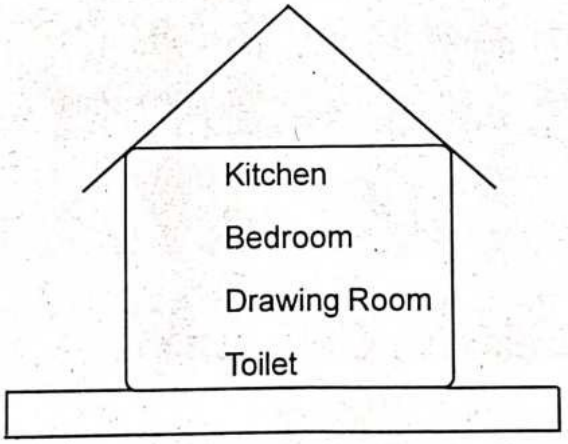
10.



Observe this picture. People live in these houses also. What are the reasons for building such houses?

Questions 11 -12 . Answer any one. **(1 x 3 = 3)**

11. You have learned about different agricultural methods and agricultural materials. Explain the method of preparing a grow bag using the materials available from your surroundings.
12. The rooms in Tinu's house are given in the picture below. Prepare a plan of Tinu's house by arranging them. You can also add more rooms based on your likes and needs.



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