

NCERT SOLUTIONS

CLASS - 3rd



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Class : 3rd
Subject : Environmental-Studies
Chapter : 10
Chapter Name : What Is Cooking

Q1 Look at the picture. Colour the spaces which have dots in them. What do you see? _____

Answer. _____



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Q2 In the picture, you must have found some utensils used for cooking. Are there any other utensils used in your house for cooking? Which are they? _____

Answer. DIY

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Q3 What are utensils made of ? _____

Answer. Utensils are made of: Steel
Wood
Aluminium
Glass
Iron
Copper

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Q4 We do not cook all the things that we eat. Find out which things we eat raw and which ones we cook before eating. Which are the things we eat both cooked and raw? Fill in the table given below.

Things that are eaten raw	Things that are eaten cooked	Things that are eaten both raw and cooked
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Answer.

Things that are eaten raw	Things that are cooked	Things that are eaten both raw and cooked
Orange	Meat	Carrot
Sugarcane	Fish	Mango
Water melon	Potato	Cheese
Jamun	Mushroom	Onion
Apricot	Rice	Tomato

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Q5 Go to the kitchen and observe something being cooked. What all was done to cook it? Write the sequence. Don't forget to write the name of the item being cooked. Look at the notebook of your classmates and discuss in a group.

Name of the item		
1. _____	2. _____	3. _____
4. _____	5. _____	6. _____

Answer. DIY

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Q6 Given below are different methods of cooking. Write the names of two things cooked by each of these methods. Add some more methods of cooking to the list and give examples too.

Method of cooking	Names of things	
Roasting	_____	_____
Boiling	_____	_____
Frying	_____	_____
Baking	_____	_____
_____	_____	_____
_____	_____	_____

Answer.

Method of cooking	Names of things	
Roasting	Chicken	Brinjal
Boiling	Milk	Egg
Frying	Potato	Fish
Baking	Cake	Bread
Steaming	Idli	Momo
Grilling	Fish	Paneer

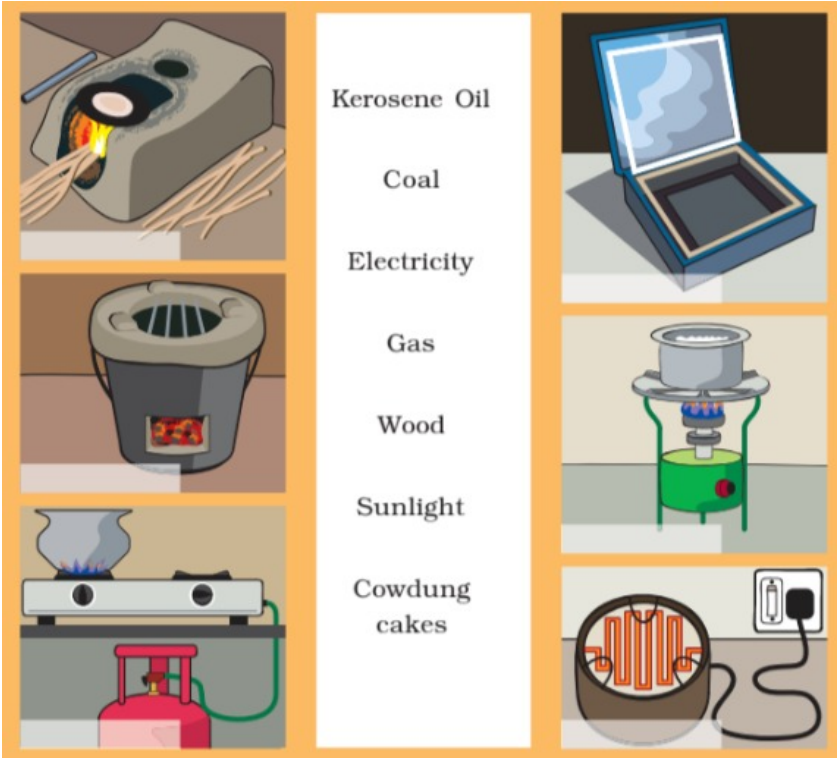
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Q7 What is used to cook food in your house? Draw a picture in the notebook and write its name.

Answer. DIY

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Q8 Identify the pictures given below and write their names. What produces heat in each of them? Match the picture with the list. Matching can be with more than one thing also

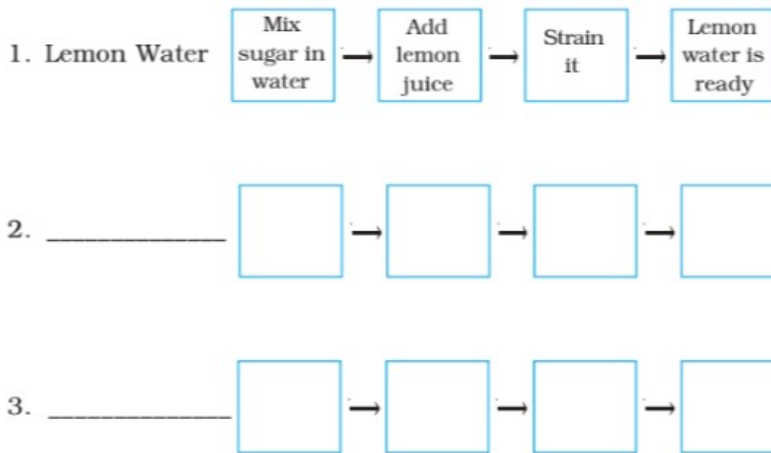


Answer.



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Q1 Which are the other things you can prepare without cooking? Write their names and the method of preparing them. One example is given below.



Answer. (i) Lemon water:

Mix sugar in water – Add Lemon juice – Strain it – Lemon water is ready.

(ii) Chutney:

Cut coriander and green chillies – Wash them and grind in the mixer – Add salt – Chutney is ready

(iii) Lassi:

Mash curd with the help of a masher – Add sugar – Add ice – Lassi is ready.

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