CHAPTER: RUN

Grade: **4**
Board: **CBSE**
Book: **Marigold, NCERT**

1.

LEARNING OUTCOMES

[At the end of the chapter, the student should be able to:]

At the end of the chapter, the student should be able to:

- Recall the text and answer questions based on it.
- Learn the importance of outdoor games and sports
- Make questions based on pictures

2.

VOCABULARY ENRICHMENT

New and difficult words:

Use the information about new words as and when they appear in the text. They can also be summarised in the beginning of the class or make the children note them after completion of the chapter.

1. BREEZE

Meaning: Gentle wind

Sentence: The cool morning breeze makes me happy.

Synonyms: Draft, Gust

Antonyms: Still

2. MEADOW

Meaning: Grazing land

Sentence: The cows are lazing near the pond in the meadow.

Synonyms: Pasture, Field

Antonyms: Dry land, City

3. BENEATH

Meaning: Under

Sentence: Wait for me beneath the banyan tree.

Synonyms: Below

Antonyms: Above, Over

3.

TEACHING PLAN

While teaching this chapter, the teacher may employ the following methods

I. INTRODUCING THE CHAPTER : Class Activity

Suggested activity is **creating questions by looking at the pictures.**

Broad instructions :

- Show the pictures given in the pictorial resource.
- Ask the students to frame questions
- Ask them to look up for more pictures from their textbooks to continue the activity.
- Encourage them to look for sports related pictures.

Instructions to teachers:

- The class activity should be conducted in a way to ensure maximum participation.
- Divide the class into two groups.

- One group shows the picture from text book and the other group frames the question.
- Then the second group shows the picture and the first group frames the question.
- Continue till all children have got a chance.
- Keep moving in the class and draw out the shy and introvert students. Emphasize on the importance of participation.
- Keep the atmosphere casual and happy, while at the same time maintaining discipline.
- After the activity, ask the some questions on the games they like to play. Questions can be:

1. Which games do you play outdoors?
2. Do you enjoy them?
3. Is it better to play with friends or alone?
4. How do you behave with your opponents when you win a game and when you lose a game?
5. What is sportsman spirit? What is its importance in our life?

Concluding the discussion:

Conclude the quiz with the sentence:
In today's class activity you learnt about the importance of playing outdoors.. Now let us read a poem about the joy of running outdoors.

II. READING THE CHAPTER

- Recite the poem for the class with usage of facial expressions and poetic flow.
- The teacher must employ enhanced facial expressions and gestures to engage the children.
- The vocabulary used should be grade appropriate, whilst simultaneously making efforts to introduce new words to the students like breeze, meadow and beneath.
- After you have recited the poem, ask the students to repeat the poem with you 2 times.
- Questions should be asked frequently to test their understanding of the text

1. What does the poem tell us to do?
2. What are the places where the poet wants us to run?
3. List 10 games in which we have to run and 10 games in which we don't have to run.
4. What are the benefits of running?

III. Vocabulary enrichment techniques

- Enhance the vocabulary of the students by discussing synonyms and antonyms of new words as and when they come in the text. Use the information provided in the Vocabulary Enrichment section above.

- Worksheet 2 can be given after the class for reinforcing vocabulary learnt

IV. Literature section preparation:

The teacher must highlight the important points of the chapter such as:

1. Who is the poet talking to?
2. From where should the children run away?
3. Where should the children go?
4. What should the children do in the countryside?
5. Who is the author of this poem?

Worksheet 1 can be used for additional practise.

V. Concluding the chapter: Chart Making

The teacher can conclude the chapter with the action song
“Shake our sillies out”

Key Points:

Sing the song with actions to the children.

We're gonna shake, shake, shake our sillies out,
Shake, shake, shake our sillies out,
Shake, shake, shake our sillies out,

And wiggle our waggles away.
We're gonna clap, clap, clap, our crazies out,
Clap, clap, clap our crazies out,
Clap, clap, clap our crazies out,
And wiggle our waggles away

We're Gonna jump, jump, jump our jiggles out,
Jump, jump, jump our jiggles out,
Jump, jump, jump our jiggles out,
And wiggle our waggles away.

We're gonna jog, jog, jog our jitters out,
Jog, jog, jog our jitters out,
Jog, jog, jog our jitters out,
And wiggle our waggles away.

We're gonna stretch, stretch, stretch our stretchies out,
Stretch, stretch, stretch our stretchies out,
Stretch, stretch, stretch our stretchies out,
And wiggle our waggles away.

We're gonna yawn, yawn, yawn our yawnies out,
Yawn, yawn our yawnies out,
Yawn, yawn, yawn our yawnies out,
And wiggle our waggles away. Repeat all,
And wiggle our waggles away.

V. Concluding the chapter: Chart Making

Instructions to teachers:

- Take the students outdoors
- Sing the song loudly 2 times with actions
- Ask the children to repeat with you 2-3 times.
- Once the children have understood the rhythm and actions of the song, sing it in chorus with actions

Conclusion:

- Finally, correlate the activity with the basic theme/ content of the chapter, and bring about the connection:
- Children should step out into the rain and sunshine to run and play games. This is important for good health and for developing a keen mind.

4.

WORKSHEETS

The teacher can either print the worksheets or write them on the blackboard. The worksheets can be used as a home assignment or even a class test.

WORKSHEET 1: LITERATURE

Best used: after completion of the text for extra practice on literature questions, home assignment

Q1. Fill in the blanks from the poem

1. Run in the _____!
2. Run 'neath the _____!
3. Run little _____, with each little _____!
4. Run down the _____,
5. Run up the _____;
6. Run through the _____, then run back _____!

WORKSHEET 2: Vocabulary

Best used: Class work at the end or as a home work.

Q1. Give the opposite of the words below:

1. Heavily
2. Pretty
3. Fast
4. Stopped
5. Happy
6. Wet
7. Kind
8. Friends
9. Bright
10. Down

Q2. The letters of the words below are jumbled. Figure out what the word is and write in the blank provided:

1. KIDN: _____
2. RSUT: _____
3. RSHAK: _____
4. LEPSE: _____
5. DURM: _____
6. LSKCI:_____
7. PASO: _____
8. HDIS: _____
9. TWIREN: _____
10. EEDR: _____

WORKSHEET 3: Grammar

Best used: Class work or home work at the end.

Q1 . Complete the questions using –
(how many, what are/is, where are, who is)

a. _____ boys are running?
b. _____ people are racing the boat?
c. ____ the boys practicing?
d. _____ practicing for high jump?
e. ____ the girl doing? What is the girl doing?
f. ____ the participants swimming?

5.

SOLUTIONS

Provided below are the solutions to the worksheets.

WORKSHEET 1: LITERATURE

Fill in the blanks from the poem

1. Run in the raindrops!
2. Run ’neath the trees!
3. Run little races with each little breeze!
4. Run down the hillside,
5. Run up the lane;
6. Run through the meadow, then run back again!

WORKSHEET 2: Vocabulary

Ans1.

1. lightly
2. ugly
3. slow
4. started
5. sad
6. dry
7. unkind
8. enemies
9. dark
10. up

Ans2.

1. KIND
2. RUST
3. SHARK
4. SLEEP
5. DRUM
6. SLICK
7. SOAP
8. DISH
9. WINTER
10. DEER

WORKSHEET 3: Grammar

Ans1.

a. How many boys are running?
b. How many people are racing the boat?
c. What are the boys practicing?
d. Who is practicing for high jump?
e. Where are the participants swimming?

5.

RESOURCE LIST

The teacher can use any of the listed resources below if she has access to resources and time at hand

Resource Books:

Publications such as **Frank Brothers and Oxford** are recommended for this grade level.

Websites:

Following websites can be :

- https://www.wordhippo.com

Newspapers and Magazines:

Ask students to pick out stories about games and sports from newspaper and magazines.

Reading List :

- Bogtrotter by Margaret Wild
- Just One More Game by Martha Hamlett

Youtube Videos :

- https://www.youtube.com/watch?v=QmoE8NSkK7s
- https://www.youtube.com/watch?v=eiU7oJgktuo

Pictorial resources



Children are playing blindman's bluff



Rita and Mohan are having a sack race



The kids are jumping rope

Pictorial resources



Rohan is playing hockey



Tiya is cycling



Anil and his friends are having a tug-of-war