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FOR PUNJAB CLASS 12 PREPARATION

PSEB 12th Sample Paper 2027 Psychology

EXAM	YEAR	TYPE	SUBJECT
Punjab Class 12	2027	Sample Paper	Psychology

CLASS-XII

PSYCHOLOGY

(2026-2027)

Model Test Paper

Time: 3 Hours **Maximum Marks : 70**

Section A

Objective type questions (1 Mark):

Q 1 Sneha says that language development is influenced by one's innate predisposition while Sonali feels that it is because of the environment. This discussion between Aarjav and Sonali is about:

a) Critical and Sensitive feeling

b) Stability and Instability argument

c) Continuous and Discontinuous learning

d) Nature and Nurture debate

Answer : (d)

Q2 Erik Erikson proposed that each stage of development involves a crisis. Human development is

a) quantitative

b) qualitative

c) both quantitative and qualitative

d) unmeasurable to a certain extent

· Answer: (c)

Q 3 Emotions are a complex pattern of:

a. arousal

b. subjective feeling

c. cognitive interpretation

d. all of the above

Answer (d)

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Q 4 **Which of the following is a response of the sympathetic nervous system?**

a. extra sugar is released into the bloodstream

b. increased perspiration

c. increased respiration

d. all of the above

Answer : (d)

Q 5 **You receive verbal praise from your caregivers when you behave appropriately. This positive reinforcement connects to motivation as a(n):**

(a) incentive

(b) extrinsic motivation

(c) drive

(d) need

Answer : (a)

Q 6 The order of Maslow hierarchy of needs from bottom to top is:

a. Safety, belonging-love, self actualization, self esteem and Physiological

b. Physiological, safety, belonging-love, self esteem and self actualization

c. Psychological, security, happiness, ego and self realization

d. Physiological, love, Self Actualization, Esteem and Safety

Answer: **(b)**

Q 7 **Which one of the following is the correct sequence of events in creative problem solving?**

A)illumination, Incubation,Verification and Preparation

B) preparation,Verification,Illumination and Incubation

C)preparation, Incubation,Illumination and Verification

D) incubation, Illumination, Preparation and Verification

Answer: (c)

Q 8 **The tendency to think of the use of objects only in terms of habitual use is**

A)mental Set

B) functional Fixedness

C)trial and Error Learning

D) barrier

Answer: (b)

Q 9 All statements, EXCEPT ONE, are correct

a) The family becomes a cause of juvenile delinquency when parents find it hard to balance their jobs with their parental responsibilities

b) peer group is a factor to juvenile delinquency

c) parental rejection causes juvenile delinquency

d) it is only within the family that a child must learn his life values

Answer: (d)

Q 10 A child left by himself without provisions for his needs/or without proper supervision falls under what special category of a child?

a. abandoned child

b. neglected child

c. abused child

d. dependent child

Answer : (b)

Q 11 Holistic well being encompasses:

a) Physical health

b) Mental health

c) Both a and b

d) None of the above

Answer : (c)

Q 12 Two factor theory was given by

a) Charles Spearman

b) Thurstone

c) Guilford

d) Thorndike

Answer : (a)

Q 13 : Primary mental abilities Theory of Intelligence was given by

a) Thurstone

b) Sternberg

c) Spearman

d) None of the above

Answer : (a)

Q 14 The collective unconscious was given by

(a) Alfred Adler

(b) Sigmund Freud

(c) Carl Jung

(d) Sheldon

Answer : (c)

Q 15 The concept of birth order in personality was given by

(a) Carl Jung

(b) H J Eysenck

(c) Alfred Adler

(d) Sigmund Freud

Answer : (c)

Q 16 The concept of defense mechanisms was given by

a) Alfred Adler

b) Karen Horney

c) Carl Jung

d) Sigmund Freud

Answer : (d)

Q 17 What is not a measure of central tendency

a) Mean

b) Median

c) Mode

d) Standard Deviation

Ans. (d)

18 Calculate mean from the following data: 6,5,8,9

Ans. 7

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Section B

Short Answer Questions (4 Marks)

1 State any four principles of development.

2 State any four characteristics of emotions.

3 Define four types of conflicts with suitable examples.

4 Enumerate upon types of reasoning .

5 Throw light upon four characteristics of a mentally healthy person.

6 State four differences between individual and group tests with examples

7 Define personality and state four characteristics of personality.

Section C

Long Answer Type Questions (6 Marks)

1 Define thinking. Discuss how language and thinking are related .

2 Elaborate on role of heredity and environment upon development of intelligence.

3 Explain carl rogers' theory of self.

4 Consider the following frequency distribution. Calculate the mean weight of students.

Weight (in kg)	11-20	21-30	31-40	41-50	51-60	61-70	71-80	81-90	91-100
Number of Students	10	8	10	12	13	18	19	11	15

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