

PSTET 2023 Syllabus

Following subjects syllabus are given in this file:

- PSTET 2023 Syllabus for Maths, Science, Social Studies
- PSTET 2023 Syllabus for Art and Craft
- PSTET 2023 Syllabus for Home Science
- PSTET 2023 Syllabus for Music
- PSTET 2023 Syllabus for Physical Education
- PSTET 2023 Syllabus for Sanskrit
- PSTET 2023 Syllabus for Urdu

PSTET 2023 Syllabus for Maths, Science, Social Studies

Paper 1

SYLLABUS FOR PSTET

Paper – 1 (for classes I to V) Primary Stage

I. Child Development and Pedagogy

30 Questions

a. Child Development (Primary School Child)

- Concept of development and its relationship with learning
- Principles of development of children
- Influence of Heredity and Environment
- Socialization processes : Social world & children (Teachers, Parents and Peers)
- Piaget, Kohlberg and Vygotsky : constructs and critical perspectives
- Concepts of child-centered and progressive education
- Critical perspective of the construct of Intelligence
- Multi-Dimensional Intelligence
- Language and Thought
- Gender as a social construct : gender roles, gender-bias and educational practice
- Individual differences among learners, understanding differences based on diversity of language, caste, gender, community, religion etc.
- Distinction between Assessment for learning assessment of learning; School-Based Assessment, Continuous and Comprehension Evaluation: Perspective and practice
- Formulating appropriate questions for assessing readiness levels of learners; for enhancing learning and critical thinking in the classroom and assessing learner achievement

b. Concept of Inclusive Education and understanding children with special needs

- Addressing learners from diverse backgrounds including disadvantaged and deprived
- Addressing the needs of children with learning difficulties, impairment etc.
- Addressing the Talented, Creative, Specially abled learners

c. Learning and Pedagogy

- How children think and learn; how and why children 'fail' to achieve success in school performance
- Basic processes of teaching and learning ; children's strategies of learning; learning as a social activity; social context of learning
- Child as a problem solver and a 'scientific investigator'
- Alternative conceptions of learning in children, understanding children's 'errors' as significant steps in the learning process
- Cognition and Emotions
- Motivation and Learning
- Factors contributing to learning – Personal and environmental

II. Language- I (Punjabi)

30 Questions

a. Language Comprehension

Reading unseen passage – two passages: one prose/drama and one poem with questions on comprehension, inference, grammar and verbal ability (Prose passage may be literary, scientific, narrative or discursive)

b. Pedagogy of Language development

- Learning and Acquisition
- Principles of Language teaching
- Role of listening and speaking ; function of language and how children use it as a tool
- Critical Perspective on the role of grammar in learning a language for communicating ideas verbally or in written form
- Challenges of teaching language in a diverse classroom; language difficulties, errors and disorders

- Language skills
- Evaluating language comprehension and proficiency : Listening, Speaking, Reading and Writing
- Teaching-Learning Materials : Text-books, multi-media materials, multi-lingual resource of the classroom
- Remedial Teaching

III. Language – II (English)

30 Questions

a. Comprehension

Two unseen prose passages (discursive/literary/narrative/scientific) with questions on comprehension, grammar and verbal ability

b. Pedagogy of Language development

- Learning and Acquisition
- Principles of Language teaching
- Role of listening and speaking ; function of language and how children use it as a tool
- Critical Perspective on the role of grammar in learning a language for communicating ideas verbally or in written form
- Challenges of teaching language in a diverse classroom; language difficulties, errors and disorders
- Language skills
- Evaluating language comprehension and proficiency : Listening, Speaking, Reading and Writing
- Teaching-Learning Materials : Text-books, multi-media materials, multi-lingual resource of the classroom
- Remedial Teaching

IV. Mathematics

30 Questions

a. Content

- Geometry
- Shapes and Spatial Understanding

- Solids around us
- Numbers
- Addition and Subtraction
- Multiplication
- Division
- Measurement
- Weight
- Time
- Volume
- Data Handling
- Patterns
- Money

b. Pedagogical Issues

- Nature of Mathematics / Logical Thinking; understanding children's thinking and reasoning patterns and strategies of making meaning and learning
- Place of Mathematics in Curriculum
- Language of Mathematics
- Community Mathematics
- Evaluation through formal and informal methods
- Problems of teaching
- Error analysis and related aspects of teaching and learning
- Diagnostic and remedial teaching

V. Environmental Studies

30 Questions

a. Content

Family and Friends

- Relationships
- Work and Play
- Animals
- Plants

Food

Shelter

Water

Travel

Things we Make and Do

b. Pedagogical Issues

- Concept and scope of EVS
- Significance of EVS, integrated EVS
- Environmental Studies and Environmental Education
- Learning Principles
- Scope and relation to Science and Social Science
- Approaches of presenting concepts
- Activities
- Experimentation / Practical Work
- Discussion
- CCE
- Teaching Material / Aids
- Problems of teaching

Paper 2

Paper – 2 (for classes VI to VIII) Elementary Stage

I. Child Development and Pedagogy

30 Questions

a. Child Development (Elementary School child)

- Concept of development and its relationship with learning
- Principles of development of child
- Influence of Heredity and Environment
- Socialization processes : Social world and children (Teachers, Parents and Peers)

- Piaget, Kohlberg and Vygotsky : constructs and critical perspectives
- Concepts of child-centered and progressive education
- Critical perspective of the construct of Intelligence
- Multi-Dimensional Intelligence
- Language and Thought
- Gender as a social construct : gender roles, gender-bias and educational practice
- Individual differences among learners, understanding differences based on diversity of language, caste, gender, community, religion etc.
- Distinction between Assessment for learning assessment of learning; School-Based Assessment, Continuous and Comprehension Evaluation: Perspective and practice
- Formulating appropriate questions for assessing readiness levels of learners; for enhancing learning and critical thinking in the classroom and assessing learner achievement

b. Concept of Inclusive Education and understanding children with special needs

- Addressing learners from diverse backgrounds including disadvantaged and deprived
- Addressing the needs of children with learning difficulties, ‘impairment’ etc.
- Addressing the Talented, Creative, Specially abled learners

c. Learning and Pedagogy

- How children think and learn; how and why children ‘fail’ to achieve success in school performance
- Basic processes of teaching and learning ; children’s strategies of learning; learning as a social activity; social context of learning
- Child as a problem solver and a ‘scientific investigator’
- Alternative conceptions of learning in children, understanding children’s ‘errors’ as significant steps in the learning process
- Cognition and Emotions

- Motivation and Learning
- Factors contributing to learning – Personal and environmental

II. Language-I (Punjabi)

30 Questions

a. Language Comprehension

Reading unseen passage – two passages: one prose/drama and one poem with questions on comprehension, inference, grammar and verbal ability (Prose passage may be literary, scientific, narrative or discursive)

b. Pedagogy of Language development

- Learning and Acquisition
- Principles of Language teaching
- Role of listening and speaking ; function of language and how children use it as a tool
- Critical Perspective on the role of grammar in learning a language for communicating ideas verbally or in written form
- Challenges of teaching language in a diverse classroom; language difficulties, errors and disorders
- Language skills
- Evaluating language comprehension and proficiency : Listening, Speaking, Reading and Writing
- Teaching-Learning Materials : Text-books, multi-media materials, multi-lingual resource of the classroom
- Remedial Teaching

III. Language – II (English)

30 Questions

a. Comprehension

Two unseen prose passages (discursive/literary/narrative/scientific) with questions on comprehension, grammar and verbal ability

b. Pedagogy of Language development

- Learning and Acquisition
- Principles of Language teaching
- Role of listening and speaking ; function of language and how children use it as a tool
- Critical Perspective on the role of grammar in learning a language for communicating ideas verbally or in written form
- Challenges of teaching language in a diverse classroom; language difficulties, errors and disorders
- Language skills
- Evaluating language comprehension and proficiency : Listening, Speaking, Reading and Writing
- Teaching-Learning Materials : Text-books, multi-media materials, multi-lingual resource of the classroom
- Remedial Teaching

IV. Mathematics & Science

60 Questions

i. Mathematics

30 Questions

a. Content

Number System

- Knowing our Numbers
- Playing with Numbers
- Whole Numbers
- Negative Numbers and Integers
- Fractions

Algebra

- Introduction to Algebra
- Ratio and proportion

Geometry

- Basic Geometrical Ideas (2-D)
- Understanding Elementary Shapes (2-D and 3-D)

- Symmetry : (reflection)
- Construction (using straight edge scale, protactor, compasses)

Mensuration

Data Handling

b. Pedagogical Issues

- Nature of Mathematics / Logical Thinking
- Place of Mathematics in Curriculum
- Language of Mathematics
- Community Mathematics
- Evaluation
- Remedial Teaching
- Problems of teaching

ii. **Science**

30 Questions

a. Content

i. Food

- Sources of food
- Components of food
- Cleaning food

ii. Materials

- Materials of daily use

iii. The world of the living

iv. Moving things, people and ideas

v. How things work

- Electric currents and circuits
- Magnets

VI. Natural Phenomena

VII. Natural Resources

b. Pedagogical Issues

- Nature and Structure of Sciences
- Natural Science / Aims and objectives
- Understanding & Appreciating Science
- Approaches / Integrated Approach
- Observation / Experiment / Discovery (Method of Science)
- Innovation
- Text Materials / Aids
- Evaluation – cognitive/psychomotor/affective
- Problems
- Remedial Teaching

V. Social Studies / Social Sciences

60 Questions

a. Content

i. History

- When, Where and how
- The Earliest Societies
- The First Farmers and Herders
- The First Cities
- Early States
- New Ideas
- The First Empire
- Contacts with Distant lands
- Political Developments
- Culture and Science
- New Kings and Kingdoms
- Sultans of Delhi
- Architecture
- Creation of an empire
- Social Change

- Regional Cultures
- The Establishment of Company Power
- Rural Life and Society
- Colonialism and Tribal Societies
- The Revolt of 1857-58
- Women and Reform
- Challenging the Caste System
- The Nationalist Movement
- India after Independence

ii. Geography

- Geography as a social study and as a science
- Planet : Earth in the Solar system
- Globe
- Environment in its totality : natural and human environment
- Air
- Water
- Human Environment : settlement, transport and communication
- Resources : Types-Natural and Human
- Agriculture

iii. Social and Political Life

- Diversity
- Government
- Local Government
- Making a Living
- Democracy
- State Government
- Understanding Media
- Unpacking Gender
- The Constitution

- Parliamentary Government
- The Judiciary
- Social Justice and the Marginalised

b. Pedagogical Issues

- Concept and Nature of Social Sciences / Social Studies
- Classroom Processes, activities and discourse
- Developing Critical Thinking
- Enquiry / Empirical Evidence
- Problems of teaching Social Sciences / Social Studies
- Sources – Primary & Secondary
- Project Work
- Evaluation

NOTE : For a detailed syllabus of classes I – VIII, please refer to PSEB and NCERT syllabus and textbooks.

PSTET 2023 Syllabus for Art and Craft

PART -1

ਜਿਓਮੈਟ੍ਰੀਕਲ ਡਰਾਈਂਗ /ਸਕੇਲ ਡਰਾਈਂਗ GEOMETRICAL DRAWING /SCALE DRAWING

- ਜਿਓਮੈਟ੍ਰੀਕਲ ਡਰਾਈਂਗ /ਸਕੇਲ ਡਰਾਈਂਗ ਵਿੱਚ ਵਰਤੇ ਜਾਣ ਵਾਲੇ ਯੰਤਰ
TOOLS USED IN GEOMETRICAL / SCALE DWAWING
- ਰੇਖਾਵਾਂ ਅਤੇ ਰੇਖਾਵਾਂ ਦੀਆਂ ਕਿਸਮਾਂ
LINES AND TYPES OF LINE
- ਕੋਣ ਅਤੇ ਕੋਣਾਂ ਦੀਆਂ ਕਿਸਮਾਂ
ANGLE AND TYPES OF ANGLES
- ਤਿਕੋਣ ਅਤੇ ਤਿਕੋਣਾਂ ਦੀਆਂ ਕਿਸਮਾਂ
TRIANGLES AND TYPES OF TRIANGLES
- ਚਤੁਰਭੁਜ਼ ਜਾਂ ਚਕੋਰ
QUADRILATERALS
- ਬਹੁ-ਭੁਜਾਵਾਂ ਅਕਾਰ
POLYGONS
- ਸਧਾਰਨ ਪੈਮਾਨੇ-ਕਰਨਵਤ ਪੈਮਾਨੇ
SCALES AND DIAGONAL SCALES
- ਚੱਕਰ ਅਤੇ ਸਪਰਸ਼ ਰੇਖਾਵਾਂ
CIRCLES
- ਅਨੁਪਾਤ ਅਤੇ ਸਮਾਨ ਅਨੁਪਾਤ
RATIO AND PROPORTION
- ਸਮਰੂਪੀ ਆਕਾਰ
SIMILAR FIGURES
- ਅੰਤਰੀ ਅਤੇ ਬਾਹਰੀ ਆਕਾਰ
INSCRIBED AND DESCRIBED FIGURES
- ਠੋਸ ਜਾਂ ਨਿੰਗਰ ਜਿਓਮੈਟਰੀ (ਘਣ, ਬੇਲਣ, ਸੰਕੂ, ਗੋਲਾ, ਚੌਮੁਖਾ, ਘਣਖੇਤਰ, ਮਿਨਾਰ)
SOLIDS : CONE , SPHERE ,TETRAHEDRON ,PRISM ,PYRAMID ,CYLINDER ,CUBE
- ਖੜੇ ਧਰਾਤਲ ਦੇ ਨਾਲ ਠੋਸ ਕੋਣ ਬਣਾਉਣੇ
LAYING SOLIDS INCLINED TO THE VERTICAL PLAN
- ਸਕੇਲ ਅਤੇ ਮਕੈਨੀਕਲ ਡਰਾਈਂਗ
SCALES AND MECHANICAL DRAWING

PART -2

ਚਿੱਤਰ ਕਲਾ

DRAWING AND PAINTING

- ਕਲਾ : ਪਰਿਭਾਸ਼ਾ, ਕਿਸਮਾਂ, ਉਦੇਸ਼
ART : DEFINITION, TYPES OF ART , AIMS OF ART
- ਕਲਾ ਦੇ ਤੱਤ : ਰੇਖਾ , ਆਕਾਰ, ਰੰਗ, ਟੈਕਸਚਰ, ਟੋਨ,
ELEMENTS OF ART : LINE , COLOUR , TEXTURE , TONE, FORM
- ਰੰਗਾਂ ਦੀ ਜਾਣਕਾਰੀ
COLOUR THEORY
- ਡਿਜ਼ਾਇਨ, ਕਿਸਮਾਂ, ਅਤੇ ਡਿਜ਼ਾਇਨ ਦੇ ਨਿਯਮ (ਸੰਤੁਲਨ, ਲੈਅ , ਪ੍ਰਬਲਤਾ, ਪਰਿਵਰਤਨ, ਦੁਹਰਾਈ, ਅਨੁਪਾਤ)
DESIGN, TYPES OF DESIGN AND PRINCIPLES OF DESIGN (BALANCE , RHYTHM, DOMINANCE. TRANSITION , RATIO , REPETITION)
- ਕਲੇਅ ਮਾਡਲਿੰਗ ਅਤੇ ਤਕਨੀਕਾਂ
CLAY MODELLING TECHNIQUE
- ਕੋਲਾਜ਼
COLLAGE
- ਵਸਤੂ ਚਿਤਰਣ: (ਨਿਰੀਖਣ , ਬਣਤਰ , ਅਨੁਪਾਤ , ਵਿਥ ਸੋਝੀ, ਰੋਸ਼ਨੀ ਤੇ ਪਰਛਾਵਾਂ)
MODEL DRAWING : (OBSERVATION, DRAWING , RATIO-PROPORTION, PERSPECTIVE, LIGHT AND SHADE)
- ਪੇਪਰ ਕਰਾਫਟ ਅਤੇ ਸਮੱਗਰੀ
PAPER CRAFT AND MATERIAL
- ਅੱਖਰ ਲੇਖਣ ਕਲਾ
ART OF LETTERING /CALLIGRAPHY
- ਪੋਸਟਰ ਅਤੇ ਲੇਅ-ਆਊਟ: (ਵਿਓਂਤ ਅਤੇ ਸੰਯੋਜਨ, ਚਿੱਤਰ, ਲਿਖਾਈ , ਸਲੋਗਨ, ਰੰਗ ਯੋਜਨਾ)
POSTER AND LAY-OUT : (PLANNING AND COMPOSITION , ILLUSTRATION , LETTERING, SLOGAN, COLOUR SCHEME)
- ਸਟੈਂਸਲ
STENCILLING
- ਧਰਤੀ ਦ੍ਰਿਸ਼
LANDCAPE DRAWING
- ਕਲਪਨਾਮਈ ਚਿੱਤਰ
IMAGINATIVE DRAWING
- ਆਕਾਰੀ ਰੇਖਾ ਚਿੱਤਰ
FIGURE DRAWING

PSTET 2023 Syllabus for Home Science

ਵਿਸ਼ਾ: ਹੋਮ ਸਾਇੰਸ

1) ਪਰਿਵਾਰਿਕ ਸਰੋਤ ਪ੍ਰਬੰਧ (ਗ੍ਰਹਿ ਵਿਵਸਥਾ)

- I. ਗ੍ਰਹਿ ਵਿਵਸਥਾ ਦਾ ਅਰਥ, ਮਹੱਤਵ ਅਤੇ ਖੇਤਰ
- II. ਪਰਿਵਾਰਿਕ ਸਾਧਨਾਂ ਦਾ ਪ੍ਰਬੰਧ
- III. ਘਰ-ਲੋੜ, ਚੋਣ ਅਤੇ ਵਿਤੀ ਪ੍ਰਬੰਧ
- IV. ਘਰੇਲੂ ਸਮਾਨ ਦੀ ਸਾਫ਼ ਸਫ਼ਾਈ ਅਤੇ ਸੰਭਾਲ
- V. ਅੰਦਰੂਨੀ ਸਜਾਵਟ ਅਤੇ ਸੰਭਾਲ
- VI. ਅੰਦਰੂਨੀ ਸਜਾਵਟ ਅਤੇ ਥਾਂ ਦਾ ਸੁਚੱਜਾ ਪ੍ਰਬੰਧ

2) ਵਸਤਰ ਅਤੇ ਟੈਕਸਟਾਈਲ ਵਿਗਿਆਨ

- I. ਰੇਸ਼ੇ ਅਤੇ ਰੇਸ਼ਿਆਂ ਦਾ ਵਰਗੀਕਰਨ
- II. ਕੱਪੜਿਆਂ ਦੀ ਚੋਣ, ਦੇਖਭਾਲ ਅਤੇ ਸੰਭਾਲ

3) ਭੋਜਨ ਅਤੇ ਪੋਸ਼ਣ ਵਿਗਿਆਨ

- I. ਭੋਜਨ ਅਤੇ ਪੋਸਟਿਕ ਤੱਤ (ਸੋਮੇ, ਕੰਮ, ਅਧਿਕਤਾ ਅਤੇ ਘਾਟ ਦੇ ਪ੍ਰਭਾਵ)
- II. ਭੋਜਨ ਦੇ ਕੰਮ
- III. ਭੋਜਨ ਪਕਾਉਣ ਦੇ ਤਰੀਕੇ, ਸਿਧਾਂਤ ਅਤੇ ਭੋਜਨ ਦੀ ਸੰਭਾਲ
- IV. ਭੋਜਨ ਦੀ ਵਿਉਂਤਬੰਦੀ

4) ਬਾਲ ਵਿਕਾਸ ਅਤੇ ਪਰਿਵਾਰਿਕ ਸਬੰਧ

- I. ਬਾਲ ਵਿਕਾਸ ਦਾ ਅਰਥ ਅਤੇ ਮਹੱਤਤਾ
- II. ਮਨੁੱਖੀ ਵਿਕਾਸ ਦੇ ਪੜਾਅ
- III. ਪਰਿਵਾਰ
- IV. ਗਰਭ ਅਵਸਥਾ ਅਤੇ ਜਨਮ ਦੀ ਪ੍ਰਕਿਰਿਆ
- V. ਪ੍ਰਸੂਤ ਸਮੇਂ ਦੌਰਾਨ ਮਾਂ ਅਤੇ ਨਵਜੰਮੇ ਬੱਚੇ ਦੀ ਦੇਖਭਾਲ

PSTET 2023 Syllabus for Music

SUBJECT - MUSIC

SYLLABUS FOR TET

1) Knowledge Of Musical Terms:

- Laya, (Types of Laya)
- Alankar, Aroh, Avroh, Pakad
- Vadi Swar, Samvadi Swar, Vivadi Swar, Anuvadi Swar, Varjit Swar
- Adhvadarshak Swar, Shudh Swar, Komal Swar, Teevra Swar
- Matra, Sam, Tali, Khali, Thah, Dugun, Chaugun
- Vibhag, Alap, Taan, Kampan
- Greh-Ansh, Niyas, Apanias, Aplatva, Bahutva, Tirobhav-Avirbhav
- Upaj, Baaj, Jod-Alap, Maseetkhani Gat, Razakhani Gat, Mijrab
- Nada, Swar, Shruti, Saptak, Sangeet
- Raga, Sargam Geet, Sthai-Antra
- Margi-Deshi, Varan, Kan, Jamjma, Meend, Khatka, Murki, Ghaseet, Mukhda, Gamak

2) Explain The Following Gayan Shailies:

- Dhamar, Dhrupad
- Khyal (Drut And Vilambit)
- Thumri
- Tarana
- Tappa
- Geet, Lok-Geet
- Bhajan, Shabad

3) Musical Definitions

- Definition Of Raga
- Shudh Raga
- Chayalag Raga
- Sankeeran Raga
- Janya Raga
- Ashraya Raga.
- Rules Of Ragas (Jaties And Upjaties Of Ragas).
- Agra Gharana (Vocal)
- Gwalior Gharana (Vocal)
- Punjab Gharana (Tabla)
- Delhi Gharana (Tabla)
- Jaipur Gharana (Sitar)
- Lakhnow Gharana (Sitar)

4) Detailed Study Of The Following Instruments:-

- Tanpura
- Tabla
- Sitar
- Harmonium

5) Biographical Sketches And Contributions Towards Music Of The Following Musicians:

- Tansen
- Ust. Faiyaz Khan
- Pandit Bhimsen Joshi
- Sardar Sohan Singh
- Ustad Bade Ghulam Ali Khan Sahib
- Ustad Allaudin Khan Sahib
- Pandit Ravi Shankar
- Ustad Kishan Ji Maharaj,
- Ustad Alla Rakha Khan
- Pandit Nikhil Banerjee.

6) Detailed Knowledge Of Ragas In Indian Classical Music.

- Bhupali
- Kalyan
- Khamaj
- Bhairav
- Bhairavi
- Des
- Vrindavani Sarang
- Alahiya Bilaval
- Malkauns
- Bageshri
- Bihag
- Kedar
- Bheemplasi

7) Detailed Knowledge Of Talas In Indian Classical Music

- Dadra
- Roopak
- Teevra
- Kehrwa
- Jhaptal
- Sooltal
- Ektal
- Chautal
- Dhamar
- Deepchandi
- Teental
- Tilwada.

PSTET 2023 Syllabus for Physical Education

①

PSTET-2 Syllabus
PHYSICAL EDUCATION

i) Health Education

- **Aspects of Health Education**
Physical, Mental, Social and Spiritual Health
- Factor influencing health
- Assessment tools of physical Health

ii) First Aid

- Meaning
- Objectives of First Aid
- Equipments of first Aid
- Rules of First Aid
- First Aider
- Qualities of First Aider
- Methods of Artificial Respiration
- Conditions in Which First Aid is given
- Treatments given by First Aiders
- Types of injuries in sports

iii) Nutrition and Balanced Diet

- Meaning of Balanced Diet
- Balanced Diet for different People
- Elements of Balanced Diet
- , Types, Sources, functions, required quantity,
- Effects of deficiency of protein, carbohydrates ,Vitamins, Fats, Minerals and Water.

- Effects of excessiveness of protein, carbohydrates ,Vitamins, Fats,Minerals and Water.
- Disease related to lack of Vitamins

iv) Yoga

- Meaning
- Definitions
- History of Origin
- Objectives
- Importance of Yoga
- Guidelines of Yoga
- Ashtanga Yoga
 - (a) Meaning
 - (b) Parts of Ashtanga Yoga
- Surya Namaskara
- Cultural Asanas
- Meditative
- Relaxation Asanas
- Types ,Methods, Guidelines, Benefits and disadvantages of wrong Method.
- Pranayama – Definition, Meaning , Types ,Objectives , Guidelines and Benefits.

v) Personal Hygiene

- Meaning
- Definition
- Benefits
- Cleanliness of School, Home , Classroom and Surrounding.

vi) Major Dhyan Chand

- Early Life
- Career
- Role in Indian Hockey
- Awards

vii) Folk (Traditional) Games of Punjab

- Types – KotlaChhapaki, Bandar Killa , Rope Skipping , Pitthu.
- Importance
- Methods of fixing turn

viii) National Song and National Anthem

- History
- Authors and Books
- Occasions
- Instructions
- Duration
- Precautions

ix) Human Body

- Meaning
- Categories
- Body Posture – Meaning, Functions , How to cure and Improve.
- Body Functions – Meaning , Various systems of Human Body.

x) Physical Capacity

- Meaning

- Qualities
- Importance
- Advantages of exercise

xi) Safety education

- Meaning
- Causes of accidents on roads , Schools and Home
- Safety Guidelines.

xii) National Flag

- History
- Shape
- Colours
- Size
- Occassions for hoisting and Unfirl.
- Precautions regarding the use of National Flag.

xiii) Kila Raipur

- History of village Kila Raipur
- Origin of Rural Olympics.
- Rural Sports in Kila Raipur.
- Modern Sports in Kila Raipur.
- Girls in Rural Olympics.
- ' Specialities of Kila Raipur Sports festival.
- Popularity of Kila Raipur games in foreign countries.

xiv) Golden Boy AbhinavBindra

- Early Life
- Interest in Shooting
- Training in Shooting
- Achievements

xv) Discipline

- Meaning
- Types
- Need And Importance
- Role of Sports and Discipline

xvi) Posture and its deformities

- Meaning
- Causes
- Exercise to prevent

xvii) Sports injuries

- Meaning
- Causes
- Types
- Symptoms
- Treatment

xviii) Value of Sports

- Value for individual
- Value for Nation

xix) Scout and Guide

- History
- Importance
- Scout Law
- Scout Promise
- Scout MOTTO and Salute

PSTET 2023 Syllabus for Sanskrit

विषय-संस्कृत

परीक्षा की कठिनाई का स्तर सीनियर सैकेंडरी तक

पाठ्यक्रम :- [व्याकरण भाग]

1. संख्यावाची शब्द । (1- 50 तक)

2. शब्द रूप :- संज्ञा शब्द -

(i) अकारान्त पुल्लिङ्ग शब्द :- बालक, दैव, नर,
अज, गज, अश्व, सिंह, जानर, काक
शुक, खग, घात्र ।

(ii) अकारान्त नपुंसकलिङ्ग शब्द :- फल, वन, मित्र
ज्ञान, पुस्तक ।

(iii) आकारान्त स्त्रीलिङ्ग शब्द :- लता, माला,
जालिका, छात्रा, रमा ।

(iv) इकारान्त पुल्लिङ्ग शब्द :- मुनि, कवि, कपि
रवि ।

(v) इकारान्त स्त्रीलिङ्ग शब्द :- मति, गति, भूमि
भूति, रात्रि, सीति ।

(vi) उकारान्त पुल्लिङ्ग शब्द :- साधु, भालु
मधु ।

(vii) उकारान्त स्त्रीलिङ्ग शब्द :- धेनु, तनु ।

(viii) ऋकारान्त पुल्लिङ्ग शब्द :- पितृ, धातृ
कर्तृ, भ्रातृ ।

(ix) ऋकारान्त स्त्रीलिङ्ग शब्द :- मातृ, स्वतृ ।

(x) सर्वनाम शब्द :- इदम्, तद्, एतद्, अस्मद्,
युष्मद् ।

धातु रूप : (लट् लकार, लङ् लकार, लृट् लकार, लोट् लकार,
विधिलिङ्ग लकार]

केवल परस्मैपद धातु:

(i) भ्वादिगण:- भू(भव्), हस्, खेल्, चल, दा(धृच्)
नम्, भ्रम, तृ, स्था(तिष्ठ्)

(ii) तुहादिगण:- लिख्, मिल्, सिन्व(सिन्), तुद्
मुञ्च, स्पृश, प्रच्छ्, क्षिप् ।

(iii) णिवादिगण:- नृत्, तुष्, कुप्, शुष् ।

(iv) चुरादिगण:- चिन्त्, चुर, कथ, भक्ष्
क्षत् ।

4. प्रत्यय: (i) क्त्वा, अनीयर्, क्त, तुमुन्, ल्युट्, यत्
इन प्रत्ययों का प्रयोग निम्न धातुओं पर करें:-
भू, पठ्, लिख्, नम्, हस्, वस्, चल, पठ्, खाद्,
धाव्, क्रीड्, वृश्, स्था, पा, लभ्, नम्, नी, दा,
पा, स्था ।

(ii) स्त्रीलिङ्ग प्रत्यय:- आ और इ का प्रयोग ।

5. उपसर्ग:- 10 वीं तक के सारे उपसर्ग ।

6. सन्धि:- (i) स्वर सन्धि:- दीर्घ, गुण, यण्, वृद्धि, अयादि ।

(ii) व्यंजन सन्धि:- अनुस्वार विधि, जश्त्वविधि,
लत्वविधि, इचुत्व विधि, खरविधि ।

(iii) विसर्ग सन्धि:- लौपविधि, उत्त्वविधि, शत्वविधि,
सत्वविधि, षत्वविधि ।

7. समास: (i) द्वन्द्व समास

(ii) तत्पुरुष समास (सप्तमी विभक्ति तक)

(iii) नञ् समास

(iv) अलुक् समास

पाठ्य पुस्तक भाग (6-8 तक)

8. पाठ्यपुस्तक से संस्कृत शब्दों का हिन्दी में अर्थ ।
9. पाठ्यपुस्तक के अभ्यासों पर आधारित हिन्दी प्रश्न-उत्तर ।
10. पाठ्यपुस्तक के अभ्यासों पर आधारित रिक्त स्थान पूर्ति ।
11. पठित गद्यांश पर आधारित संस्कृत प्रश्न-उत्तर ।
12. पठित पद्यांश पर आधारित संस्कृत प्रश्न-उत्तर ।
13. संस्कृत लौकिकीयों पर आधारित प्रश्न-उत्तर ।

PSTET 2023 Syllabus for Urdu

حصہ نظم

1. نظم کی تحریف
2. غزل کی تحریف
3. رباعی کی تحریف
4. نظم گو شعراء

1. اقبال
2. الطاف حسین حالی
3. فطیر اکبر آبادی
4. بیڈٹ برج نارائن چکبست
5. جوش ملیح آبادی
6. اسماعیل میرٹھی
7. اختر شیرانی
8. ساحر لدھیانوی

غزل گو شعراء

1. میر تقی میر
2. مرزا غالب
3. شیخ ابراہیم ذوق

1. امجد حیدر آبادی
2. جگت موہن لال روان

(حصہ نثر)

1. داستان (میراقن)
2. افسانہ (منشی پریم چند) قرۃ الحین حیدر بلونت سنگھ
عصمت چغتائی
3. طنز و مزاح / انشائیہ (خواجہ حسن نظامی) کنہیا لال کیور
مشتاق احمد یوسفی
4. سفرنامہ (رام محل)
5. ڈرامہ (حبیب تنویر)
6. خطوط نگاری (مرزا غالب)
7. مضمون نگاری (ڈپٹی تذکرہ امجد شبلی نعمانی) میر باقر علی دہلوی
فرقت کا گروہی

حصہ قواعد

- 1 اسم کی تہریف
- 2 اسم کی قسمیں (اسم نکرہ اسم معرفہ)
- 3 فعل کی تہریف
- 4 فعل ماضی، فعل حال، فعل مستقبل
- 5 ماعیل کی تہریف
- 6 مفعول کی تہریف
- 7 صفت کی تہریف
- 8 موصوف کی تہریف
- 9 ضمیر کی تہریف