Kerala Board

Answer Key

2024

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ANSWER KEY

XII YEAR HIGHER SECONDARY EXAMINATION March 2024

PART-I/II/III

SUBJECT: Psychology

CODE NO: SY 533 VERSION:.....

60 SCORES 2 HOURS

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
1.		a, Centrality.	1	1
2		d Crowd	1	1
3.		c. Cognitive Competence	1	1
4.		a. Body Build and temperament	1	1
5.		b. Eustress	1	1
6.		c. Anxiety	1	1
7.		b. Burn Out	1	1
8.		a. Therapeutic Alliance	1	1
9.		c. Carl Rogers.	1	1
10.		→ Concept introduced by Salovey & Mayer → The ability to monitor one's own and others emotions. → To use the information to guide one's thinking and action → It is also called EQ → It is helpful to overcome difficulties in life (any two points)	2	2

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
11.		Repression Regression Denial Projection Reaction formation Rationalisation (any two of the above)	2	2
12.		- Frustration - Conflict - Internal pressure → Social pressure. (Any two of the above)	2	2
13.		Inattention Hyperactivity - Impulsivity	1 1	2
14.		Obsessions :- It is the inability to stop thinking about a particular idea or topic OR → Unpleasant and shameful thought (Ex :) Compulsions :- The need to perform certain behaviours over and over again OR → counting, ordering, checking, washing etc	1 1	2

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
15		→ Informed Consent → Confidentiality → Alleviating personal distress → Integrity of the practitioner → Respect for human rights and dignity. → Professional Competence (Any two)	1 1	2
16.		Roles Norms Status Cohesiveness (Any two)	1 1	2
17.		Verbal Test :→ require Subject to give verbal response → Can be administered only to litterate Performance :- Require Subject to manipulate objects and other materials to perform a task	1½ 1½	3
18.		Trait : Stable, persistent and specific way of behaving Source Trait Surface Trait Explantion	1 1 1	3

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
19		Alarm reaction Stage	1	
		Resistance Stage	1	3.
		Exhaustion Stage	1	
		(Explanation of above points)		
20		Affect OR feeling	1	
		Behavioural OR Action	1	3.
		Cognitive OR Thinking	1	
21		Primary Groups.		
		→ Pre-existing formations which are given to the individual		
		Ex: family, casti, Religion	1½	
		Secondary Group.		3
		→ Those which individuals join by chance. choice	1½	
		Ex: Membership of political party		

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
22		Coping is a dynamic situation specific reaction to stress	1	4
		Endler and Parker		
		→ Task - Oriented Strategy	1	
		→ Emotion - Oriented Strategy	1	
		→ Avoidance - Oriented Strategy	1	
		OR		
		Lazarus & Folkman		
		→ Problem focussed	1½	
		- Emotion focussed	1½	
		(Explain)		
23.		Generalised Anxiety Disorder	1	4
		Panic disorder	1	
		Phobias	1	
		Seperation Anxiety Disorder	1	
		(Brief Explanations)		
24.		→ Security		4
		→ Status		
		→ Self esteem	1	
		→ Satisfaction of one's psychological and Social Needs	1	
		→ goal achievement.	1	
		→ Provide knowledge and information	1	
		(Any four explain)		

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
25		Negative Reinforcement Aversive Conditioning Positive Reinforcement Token Economy Systematic Desensitisation Modelling (Explain any four)	1 1 1 1	4
26.		Family and School environment Reference Group Personal Experience Media-related Influence (Explain)	1 1 1 1	4
27.		Introduction → Linguistic – Logical – Spatial – Musical – Bodily-kinesthetic – Interpersonal – Intrapersonal – Naturalistic	1 5	6

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
28		Introduction	1	
		Stages		
		Oral Stage		
		Anal Stage	5	6
		phallic Stage		
		Latency Stage		
		Genital Stage		
		(Explain stags)		
29		Relaxation Techniques	1	
		Meditation	1	
		Biofeedback	1	
		Creative Visualisation	1	6
		Cognitive Behavioural Techniques	1	
		Exercise	1	
		(Explain)		

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