NCERT SOLUTIONS

CLASS - 4th



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Class: 4th

Subject: Environmental-Studies

Chapter: 20

Chapter Name: Eating Together

Q1 Do you like to eat with others?

Answer. Yes, I do like to eat with others.

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Q2 On what occasions do you eat together with your friends?

Answer. We eat together during festivals and functions. We also eat together during lunch breaks.

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Q3 Have you ever had a party in your class? When? What all did you do to arrange a party?

Answer. Yes, we had several parties in our class. It was on the occasion of Independence Day. We arranged a cook, ingredients to prepare foods, sparkle lights, invitation cards, vehicles for picking and dropping the guests.

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Q4 What did you and your classmates bring to the party?

Answer. We bought balloons, flags, sparkle powder, etc.

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Q5 What all did you eat?

Answer. We ate snacks then we had lunch. After that we had cake, pastries and sweets.

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Q6 Who were the people you invited for your party?

Answer. We invited our seniors, parents and families of all the teachers.

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Q7 Were there some people who work in your school, whom you could not invite? Who were these people?

Answer. No, there were not any people whom we could not invite. We invited all the people who work in our school.

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Q8 Did you wear any special dress for the party?

Answer. Yes, we all wore colorful party dresses.

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Q9 What are the things that you can do to make the party greater fun for everyone? Discuss.

Answer. We can sing patriotic songs together with everyone and can perform stage plays, etc.

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Q1 Where is the festival of Bihu celebrated?

Answer. The festival of Bihu is celebrated in the state of Assam.

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Q2 Which are the festivals you celebrate together with other families?

Answer. We celebrate festivals like Holi, Dussehra, Deepawali, Eid, etc with other families.

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Q3 Does everyone cook and eat together on such festivals? What are some of the special dishes that are cooked? How are they cooked?

Answer. No, everyone does not cook together but everyone eats together on such festivals. Poha, mutton, gujhia, and dahi bhalle are the main special dishes which are cooked on the eve of Holi. Sewain is the special dish that is cooked on the eve of Eid. Poha is cooked by frying maida in lot of oil. Sewain is cooked by boiling the sewain in milk and sugar.

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Q4 Are some special vessels used for cooking these items? What are they?

Answer. Special type of Kadhai which is made of iron is used to cook poha and pans are used to cook sewain.

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Q5 Which is the biggest vessel that is used? Can you draw a picture of it? Can you guess how many people can eat the food that is cooked in it at one time?

Answer. The biggest vessel that is used to prepare vegetables is a big Kadhai.



I guess about 50 people can eat the food that is cooked in it at one time.

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O1 Can you guess how many people must have eaten together in the village feast?

Answer. Around three hundred.

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Q2 Have you ever seen the Bihu dance? Did you like it?

Answer. Yes, I have seen Bihu dance and I liked it.

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Q3 Find out from the students in your class, the festivals that they celebrate and the special food that they eat on these days. Who cooks the special food for festivals?

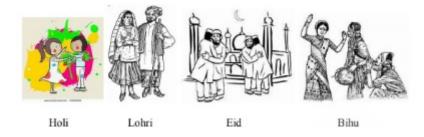
Answer.

Festivals they celebrate together	Special food that they eat on these days
Holi	Poha, mutton, pulao, gujia
Diwali	Sweets, puri, sabzi, laddoo
Eid-ul-Fitr	Sewain, kabab, chole
Eid-ul-Zoha	Mutton, sweets
Lohri	Revdi, peanut, gajak
Bihu	Kadhi chawal
Teej	Ghevar

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Q4 Do you wear clothes of some special colours on some festivals? Make a picture of these clothes in your notebook.

Answer. Yes, I wear special clothes on some festivals.



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Q5 Are there special songs that are sung at different festivals in your place? Learn some of these songs and sing them in the class.

Answer. Yes, there are some song which are sung at different festivals.

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Q6 Learn some special festival dances. Perform these with your friends in your school assembly.

Answer. DIY

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Q7 When you meet friends of your own age do you do anything special – like play a game, chat or watch a movie? What else do you do?

Answer. Whenever I meet with my friends, I play lots of games, talk a lot, and enjoy a lot.

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- Q1 Write about the food given in your school. If you do not get food in school, ask a friend or someone else who gets food in school.
- (i) What time is the meal served?
- (ii) What do you get in the meal at school?
- (iii) Do you like the mid-day meal that you get?
- (iv) Is the food that you get enough for you?
- (v) Do you bring your own plate, or do you get it in school?
- (vi) Who serves the food?
- (vii) Do your teachers eat with you?
- (viii) Is the week's menu put up on the school board?
- (ix) What will you get on Wednesday and Friday?
- (x) If you got a chance to change the menu for the meal in your school, what would you like to

change? What would you like to eat? Make your own menu.

Answer. (i) The meal is served during lunch at 1:30 p.m.

- (ii) We get dal, rice, vegetable, boiled egg and bread in the meal at school. We get different things on different days.
- (iii) Yes, I like the mid-day meal that I get.
- (iv) Yes, enough food is given to each of us.
- (v) We get it in our own plates and if we do not bring our plates then we get it in school.
- (vi) Peon serves the food to us.
- (vii) Yes, our teachers eat with us.
- (viii) Yes, the week's menu is put up on the school board.
- (ix) On Wednesday we get Dal, roti and salad. On Friday we get mixed vegetables, soya bean and rice.



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Q2 If you do not get food in the school, find out why?

Answer. Once food was not served in the school because the cook was not there.

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Q3 Where will you lodge your complaint about the mid-day meal?

Answer. We can lodge a complaint about mid-day meal to the government or MCD as they are the one responsible for it.

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Q4 Find out the toll free phone number, the website or e-mail address to make a complaint.

Answer. To make a complaint we can visit the official website of Mid-Day Meal Scheme which is http://mdm.nic.in/

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