

DANCE (E)

SUBJECT CODE -35

Class-IX-X

INTRODUCTION :

All Indian classical dance forms have their origin in Bharat Muni's "NATYASHASTRA" and Nandikeswara's "ABHINAYA DARPANA". The Indian Classical dance forms are Bharata Natyarn, Kathak, Odissi, Manipuri, Kathakali, Mohini Attam, Sattriya (a new classical dance form). Students learning various Indian classical dance forms has to acquire basic theoretical knowledge and skill as defined in above dance sastras. With this background a student will choose one of the Indian classical dance forms as elective subject in classes IX and X.

OBJECTIVES :

1. The pupil acquires the preliminary knowledge of various types of Indian Classical dances, viz. Kathak, Bharata Natyam, Manipuri, Sattriya, Oddisi etc.
2. The pupil acquires knowledge of music, musical instruments dresses and ornaments used in respective classical dance form.
3. The pupil understands some of the basic Hastas (Hand Gestures) and talas and acquires the skill of performing them in a simple manner.
4. The pupil develops an interest, aptitude and appreciation for higher forms of dance.
5. The pupil develops adequate skill for performance of one of the dance forms.
6. The pupil acquires the general knowledge of some of the folk-dances of Assam.

7. The pupil acquires preliminary knowledge about Bharata Muni's "NATYA SHASTRA" Nandikeswara's "ABHINAYADARPANA".

DANCE (E)

Subject Code : 35

Class : IX
Theory Marks : 50

Pass Marks : 15
Time : 2 hours

Practical Marks : 50

Pass Marks : 15
Time : 2 hours

Part A - Theory common to all Indian Classical Dance Forms-

Marks : 20

Contents	Marks	
	Half Yearly	Annual
1. Indian classical dances and their origin.	✓	
2. Nritya, Nritya, Natya- knowledge of Tandav and dasya.		
3. Origin and evolution of Dance		✓
4. Basic Postures of dances		
5. Hasta or Hand gestures		
6. Bhav, Rasa, Tal, Laya		

* Questions from each Unit/Lesson will carry marks 2-10.

DANCE (E)

Class : IX

Bharat Natyam

Part : B Theory

Marks : 30

Contents	Marks	
1. Definition of terms - Jati, Adava, Tirmanam, Solkaltu, Mandalam	Half Yearly	Annual
2. Description of Alarippu, Jatisharam sabdam and Barnam.	(1,2,3)	
3. Devahastas and Dasavataarahasta	✓	✓
4. Talas used in Bharata natyam		
5. Various Instruments, dresses and ornaments used in Bharat Natyam		

* Questions from each Unit/Lesson will carry marks 2-10.

Bharat Natyam : Practical

Full Marks : 50

Contents	Marks	
1. Repeation of all dance exercises and advus.	Half	Annual
2. Knowledge of adavu, Mandalam, Jati, Tirmanam and sollokatu	(1,2,3)	
3. Concert items Alarippu, Jatiswaram, Sabdam and varnam.	✓	✓
4. Singing of above items		
5. Demonstration of Devahastas and Dasavatarhastas		

* Questions from each Unit/Lesson will carry marks 2-10.

Sattriya Dance

Part : B Theory

Full Marks : 30

Contents	Marks	
1. Elementary knowledge of sattriya dance.	Half Yearly	Annual
2. Description of Mati-Akhara, ora, chata, Jalak, Pak, Muruka, Tewai, chitika.		

Contd..

DANCE (E), Class : IX

Contents	Marks	
3. Knowledge of lawanuchuri Nritya.	Half Yearly	Annual
4. Knowledge of Nadubhangi Nritya.	(1,2,3,4,5) ✓	✓
5. General knowledge of Jhumura Nach.		
6. Knowledge of Chali Nach.		
7. Notation of tal - Chutatal, Ektal, Parital.		
8. General knowledge of hasta.		
9. Contribution of Sri Sri Madhavdeva.		

Sattriya Dance : Practical

Full Marks : 50

Contents	Marks	
1. Practical Knowledge of Mati-Akhara	Half Yearly	Annual
2. Knowledge of Lawanuchuri Nritya and Nadubhangi Nritya.	(1,2,3,4) ✓	✓
3. Practical knowledge of Jhumura, Ramdani, few ghats of geetar Nach and few sachar of mela Nach.		
4. Practical knowledge of Chali Nach- (1) Two parts of Ramdani (2) Few ghats of geetar Nach (Ektal, Parital) (3) Few Sachars of Mela Nach.		
5. Demonstration of Sanjukta and Asanjukta Hasta (according to Sri Hasta Mukta wali)		
6. Notation of tal - Chuta, Thukuni, Parital, Jatital Ektal.		

Odissi

Part : B Theory

Marks : 30

Contents	Marks	
1. Odissi: its history and development.	Half Yearly	Annual
2. The present repertoire for stage performance	(1,2,3) ✓	
3. Elementary knowledge of Talas and Ragas used in Odissi dance		

Contd..

DANCE (E), Class : IX

Contents	Marks	
4. Elementary knowledge of Bhangis and Pada-bhedas.	Half Yearly	Annual
5. Elementary knowledge of Hastas used in Odissi dance as described in Abhinaya Darpana and Abhinaya Chandrika.		✓
6. Instruments and Costumes.		

Odissi : Practical

Marks : 50

Contents	Marks	
1. Practical knowledge of Talas and Ragas.	Half Yearly	Annual
2. Practical knowledge of Pada-bheda and Hasta.	(1 & 2) ✓	
3. Practical knowledge of bhangis.		✓
4. Dance items- a) Batu, b) Pallavi on any raga, c) Muksha		

Kathak

Part : B Theory

Marks : 30

Contents	Marks	
1. Origin and Development of Kathak Dance.	Half Yearly	Annual
2. Concept of Tala, Sam, Tali, Khali, Abartan, Matra, Pronami.	(1,2,3) ✓	
3. Introduction of Trital with Theka.		
4. Knowledge of laya and its three kinds.		
5. General Knowledge of Anga, pratyanga and upanga.		✓
6. Knowledge of Asamyukta Hasta according to Abhinaya Darpan.		
7. Notation of some bols of Trital and Jhaptal used in Kathak Dance.		

Contd..

Kathak : Practical

Marks : 50

Contents	Marks	
	Half Yearly	Annual
1. Barabar, Dugun and chougum Tatkar in Jhaptal and choutal.	(1, 2, 3, 4)	
2. One Amadjuri Paran in Trital.		
3. That, Pranami in Trital and Jhaptal.		
4. Two simple tukra and two chakradar Tukra in trital and jhaptal.		
5. Advance Tatkar with palta in trital.	✓	✓
6. Gat Nikas of Basuri, Ghunghal and Mukut.		
7. One Kabit in Trital.		
8. Practice of Padhant in Jhaptal and Trital.		

Manipuri

Part : B Theory

Marks : 30

Contents	Marks	
	Half Yearly	Annual
1. Importance of Maharaja Bhagya Chandra in the development of Manipuri Dance.	(1, 2, 3) ✓	✓
2. Note on Laiharaoba Festival.		
3. Festival Dance of Manipur.		
4. Knowledge about few Manipuri Dance Exponents.		
5. Knowledge about Musical instruments, dress and ornaments used in Manipuri dance.		

Contd..

Manipuri : Practical

Marks : 50

Contents	Marks	
	Half Yearly	Annual
1. NRITTABANDHA (PUNGLOL JAGOI)- Dances on talas of rhythm pattern.		
a) Tal Tanchep in Hasya or tandava.	(1 (a), (b), (c))	
b) Tal Menkup in hasya or Tandava.	✓	✓
c) Tal Chali in hasya or Tandava.		
2. PRABANDHANARTAN (ISHEIJAGOI) - Dances on Songs		
a) Krishna Nartan		
b) Radha Nartan		
3. Festival Dance - Dance of priestess (Mai bi Jagoi) in Laiharaoba Festival.		

* Questions from each Unit/Lesson will carry marks 2-10.



DANCE (E)

Subject Code - 35

Class IX

Summary of Marks Distributions

Unit	SUB-UNIT/LESSONS	Marks
	Theory : 50 Part -A (Common to all India Classical Dance forms) Bhava, Raga, Tala, Laya The origin of Dance Abhinaya and its four varieties : ANAIKA, VACHIKA, SATVIKA, AHARYA General knowledge about regional folk dances Part - B Bharat Natyam Or Satriya Nritya Or Odissi Dance Or Manipuri Dance Or Kathak Dance	
	Theory Total	50
	Practical	50
	Grand Total	100

Textbook : Bharatiya Shastriya Nrityar Ruprekha
Published by the ASTPPC.

* Questions from each Unit/Lesson will carry marks 2-10.

DANCE (E)

Subject Code : 35

Class : X

Theory Marks : 50

Practical Marks : 50

Full Marks : 100

Pass Marks : 15

Time : 2 hours

Pass Marks : 15

Time : 2 hours

Part (A) Theory common to all Indian classical Dance Forms Marks : 20

Contents	Marks	
1. Meaning of Siras, Griva, Dristy Bhedas.	Half Yearly	Annual
2. Nine Rasas and their meaning		
3. Cosmic Dancer Shiva. Significance of various parts of Shiva and Krishna.	(1,2,3)	
4. Brief knowledge about Bharat muni's "Natya shastra" and Nandikeswara's "Abhinaya Darpana"	✓	✓

Manipuri Dance

Part : B Theory

Marks : 30

Contents	Marks	
1. Different Rasleelas Performed in Manipur.	Half Yearly	Annual
2. Costumes of Lord Krishna and Radha		
3. Knowledge of Notations of Talas like Tanchep, Menkup, Chali, Teoda, Chautal.	(1,2) ✓	✓

Manipuri Dance : Practical

Marks : 50

Contents	Marks	
1. NRITTABANDHA (Pungloli Jagoi) Dances on Talas and Rhythm Patterns. (a) Tal Teoda or tintal macha. (b) Tal Chowtal or Tanjao.	Half Yearly	Annual
2. PRABANDHANARTAN (ISHEJAGOI) Pure Dance on Song, Abhinaya on Song.	(1,2) ✓	✓
3. FESTIVAL DANCE Mandila Nartan or khubakishei.		

DANCE (E)

CLASS - X

Kathak Dance

Part : B Theory

Marks : 30

Contents	Marks	
	Half Yearly	Annual
1. Definitions of that, Primalu, Kabit, Gat Bhava, Paran and Tukra.		
2. Brief life sketches of Birju Maharaj, Uday Sankar, and Bindadin Maharaj.	(1,2,3)	
3. Name Various musical instruments, costume and ornaments used in kathak.	✓	✓
4. knowledge of Jati and Yati.		
5. Ability to write notation of the bol in Dhamar, Choutal, Jhaptal and Trital.		

Kathak Dance : Practical

Marks : 50

Contents	Marks	
	Half Yearly	Annual
1. Revision of all Previous Course		
2. Trital		
(a) One advance That with Kasak-Masak.		
(b) One Tisra Jati Amad.		
(c) One Chakradar paran		
(d) Gat Bhava of Holi or Makhanchuri.	(1,2,3)	
3. Chautal	✓	✓
(a) Two Simple and Chakradhar Tukra.		
(b) One paran.		
(c) One Tihai		
4. Dhamar		
(a) Barabar, Dugan, Chougun Tatkar.		
(b) One Pranami		
(c) One Chakradar Paran		

DANCE (E)

CLASS - X

Bharat Natyam

Part : B Theory

Theory Marks : 30

Contents	Marks	
1. Description of Astapadi, Padam and Tillana.	Half Yearly	Annual
2. Name of Various Ragas and Talas of all the Bharat Natyam items which have been learnt in Practical Classes.	(1,2) ✓	✓
3. To Write notation of concert Items.		

Bharat Natyam : Practical

Marks : 50

Contents	Marks	
1. Repeation of all Exercises and adavus.	Half Yearly	Annual
2. Concert Items Astapadi Padam Tillana	(1,2) ✓	✓
3. Singing of above concert items.		

Sattriya Nritya

Part : B Theory

Theory Marks : 30

Contents	Marks	
1. Origin and Development of Sattriya dance.	Half Yearly	Annual
2. Traditionat Costumes and ornaments of Sattriya Dance.		
3. Knowledge of Anga, Pratyanga and upanga.		
4. Simple Knowledge of Abhinaya (Angika, Bachika, Aharya and Satvika as applicable to Sattriya Dance.	(1,2,3,4) ✓	✓
5. Knowledge about Subhankar kabi's Sri Hasta Muktavali.		
6. General knowledge of folk dances of Assam.		
7. Contribution of Sri Manta Sankar Deva and Sri Sri Madhava Deva to Sattriya Dance.		

Contd..

DANCE (E), CLASS - X

Sattriya Nritya : Practical

Marks : 50

Contents	Marks	
	Half Yearly	Annual
1. Revision of the Previous Course.		
2. Knowledge of the Raja Ghariya chalinach (One Ramdani and geetar Nach)		
3. Practical Knowledge of Nava Rasa.		
4. Knowledge of the Demonstration of Abhinaya.		
5. Sutradhari Nritya (Geetar Nach, Ragar Nach, Slokar Nach.)		
6. Knowledge of the Bhaona Nritya-gopi pravesa, Ram-Lakshman or Krishna-Boloram Pravesa, Patra Pravesha etc.	(1,2,3,4,5) ✓	✓
7. Abhinaya - Lawanuchuri, Kaliya daman, Haradhanu Bhanga, Sita, Satyabhama, Narada etc.		
8. Knowledge of the acient dances Devdashi or Deodhani.		
9. Folk dances of Assam.		

Oddissi Dance

Part : B Theory

Theory Marks : 30

Contents	Marks	
	Half Yearly	Annual
1. Detailed Knowledge of Nritya, Nritya and Natya.		
2. Knowledge or Nine Rasas.		
3. Knowledge about Mahakavi Jaydeva and few renowned lyricists of Orissa.	(1,2,3)	
4. Knowledge of various Ragas and Talas used in oddissi dance.	✓	✓
5. Comparative study between oddissi and sattriya dance.		

Oddissi Dance : Practical

Marks : 70

Contents	Marks	
	Half Yearly	Annual
1. Revision of the Previous Courses.		
2. Demonstrations of few Ragas and Talas used in oddissi dance.		
3. Demonstrations of few songs used in oddissi dance.	(1,2) ✓	✓
4. Dance items (a) One Astapadi. (b) One Oriya Song With Abhinaya.		

* Questions from each Unit/Lesson will carry marks 2-10.