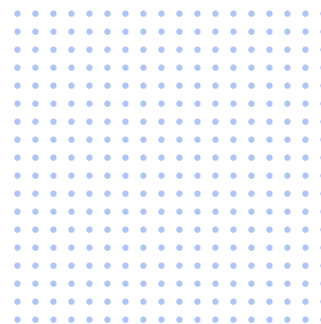




FOR KUET EXAM PREPARATION

KUET 2023

Question Paper · M.P.Ed

EXAM	YEAR	TYPE	SUBJECT
KUET	2023	Question Paper	M.P.Ed

Sr. No.

ENTRANCE TEST-2023**SCHOOL OF EDUCATION AND BEHAVIOURAL SCIENCES****PHYSICAL EDUCATION**

Question Booklet Series

A

Total Questions : 60

Time Allowed : 70 Minutes

Roll No. :

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Instructions for Candidates :

1. Write your Entrance Test Roll Number in the space provided at the top of this page of Question Booklet and fill up the necessary information in the spaces provided on the OMR Answer Sheet.
2. OMR Answer Sheet has an Original Copy and a Candidate's Copy glued beneath it at the top. While making entries in the Original Copy, candidate should ensure that the two copies are aligned properly so that the entries made in the Original Copy against each item are exactly copied in the Candidate's Copy.
3. All entries in the OMR Answer Sheet, including answers to questions, are to be recorded in the Original Copy only.
4. Choose the correct / most appropriate response for each question among the options A, B, C and D and darken the circle of the appropriate response completely. The incomplete darkened circle is not correctly read by the OMR Scanner and no complaint to this effect shall be entertained.
5. Use only blue/black ball point pen to darken the circle of correct/most appropriate response. In no case gel/ink pen or pencil should be used.
6. Do not darken more than one circle of options for any question. A question with more than one darkened response shall be considered wrong.
7. There will be '**Negative Marking**' for wrong answers. Each wrong answer will lead to the deduction of 0.25 marks from the total score of the candidate.
8. Only those candidates who would obtain positive score in Entrance Test Examination shall be eligible for admission.
9. Do not make any stray mark on the OMR sheet.
10. Calculators and mobiles shall not be permitted inside the examination hall.
11. Rough work, if any, should be done on the blank sheets provided with the question booklet.
12. OMR Answer Sheet must be handled carefully and it should not be folded or mutilated in which case it will not be evaluated.
13. Ensure that your OMR Answer Sheet has been signed by the Invigilator and the candidate himself/herself.
14. At the end of the examination, hand over the OMR Answer Sheet to the invigilator who will first tear off the original OMR sheet in presence of the Candidate and hand over the Candidate's Copy to the candidate.

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1. Number of byes given in a knock out tournament consisting of 18 teams
 - (A) 13
 - (B) 12
 - (C) 14
 - (D) 16
2. Name Yoga Guru who divided yoga into eight Parts/ astangs
 - (A) Maha Rishi Patanjlie
 - (B) Swami Vivekananda
 - (C) Swami Devander Reshi
 - (D) Baba Ram Dev
3. When Sports Authority of India was established ?
 - (A) 1987
 - (B) 1985
 - (C) 2009
 - (D) 1984
4. Khelo India scheme was launched in India in the year
 - (A) 2014
 - (B) 2012
 - (C) 2011
 - (D) 2017
5. The S.I. unit of angular displacement is
 - (A) Radian
 - (B) Degree
 - (C) Both of the above
 - (D) None of the above
6. Pythian Games were held in the honour of
 - (A) Zeus
 - (B) Apollo
 - (C) Heracles
 - (D) Poseidon
7. "Learning is process between stimulus and response – who stated it ?
 - (A) Skinner
 - (B) Thorndike
 - (C) John Dewey
 - (D) All of the above
8. The goal area for handball is
 - (A) 3.3 mts high 2 mts wide
 - (B) 2 mts high 2 mts wide
 - (C) 2mts high 3 mts wide
 - (D) 2 mts high 3.3 mts wide
9. Operant conditioning theory of learning was described by
 - (A) Herbert Spencer
 - (B) B.F. Skinner
 - (C) Jown Dewey
 - (D) Freud
10. Hormone that is produced during emotional stress is
 - (A) Melatonin
 - (B) Parathyroid
 - (C) Adrenaline
 - (D) All of the above
11. In India Y.M.C.A. College of Physical Education was established in the year
 - (A) 1920
 - (B) 1911
 - (C) 1915
 - (D) 1918
12. When ancient Olympics were started and ended ?
 - (A) 776 BC -393 BC
 - (B) 776 BC -394 BC
 - (C) 766 BC -393 BC
 - (D) 756 BC -393 BC

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13. How many nations had participated in last Asian Games ?
 (A) 67
 (B) 52
 (C) 48
 (D) 36
14. Blood vessels which carry blood away from the heart for the distribution to the blood are known as
 (A) Veins
 (B) Arteries
 (C) Heart
 (D) None of the above
15. In Diabetic Mellitus condition
 (A) Sugar increases in the blood
 (B) Sugar increases in urine
 (C) Both (A) and (B)
 (D) None of the above
16. Choose the Mineral which is important for muscle contraction :
 (A) Calcium
 (B) Lithium
 (C) Potassium
 (D) Iron
17. Fibula bone is present at
 (A) Axial Skeleton
 (B) Vertebral column
 (C) Upper extremities
 (D) Appendicular skeleton
18. Kwashiorkor is a disease caused due to deficiency of
 (A) Proteins
 (B) Vitamin A
 (C) Vitamin B
 (D) Vitamin C
19. National Institute of Sports was renamed as Netaji Subash National Institute of Sports in the year
 (A) 1873
 (B) 1972
 (C) 1973
 (D) 1974
20. Sartorius Muscle originates from
 (A) Anterior inferior iliac spine
 (B) Anterior superior iliac spine
 (C) Posterior inferior iliac spine
 (D) Posterior superior iliac spine
21. The insertion of pectoralis Major muscle is on
 (A) Radius
 (B) Humerus
 (C) Femur
 (D) Ulna
22. The branch of science which deals with the study of cell structure is known as
 (A) Cell Biology
 (B) Cytology
 (C) Physiology
 (D) Cell anatomy

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23. The deltoid muscle causes
 (A) Flexion of Arm
 (B) Internal Rotation of Arm
 (C) Both (A) & (B)
 (D) None of the above
24. Newton's second law of Motion is also known as
 (A) Law of action and reaction
 (B) Law of Momentum
 (C) Law of inertia
 (D) Law of conservation of momentum
25. The rate of motion of an object is related to its
 (A) Initial velocity
 (B) Force applied on it
 (C) Type of medium
 (D) All of the above
26. The imaginary plan which divides an object into left and right halves is known as
 (A) Sigital plan
 (B) Transverse plan
 (C) Frontal plan
 (D) Superior plan
27. Night blindness occurs due to deficiency of
 (A) Vitamin A
 (B) Vitamin B
 (C) Vitamin C
 (D) All of the above
28. XXIII (2026) Commonwealth games will be held in which country ?
 (A) England
 (B) Australia
 (C) America
 (D) Korea
29. Standard Length of javelin for women is
 (A) 2.2- 2.9 Meter
 (B) 2.2- 2.3 Meter
 (C) 2.6- 2.7 Meter
 (D) 2.1- 2.3 Meter
30. Term "Lobby" is related in the game
 (A) Cricket
 (B) Badminton
 (C) Volleyball
 (D) Kabaddi
31. The Aim of Sports Training is
 (A) To achieve high performance
 (B) To develop Physical Fitness
 (C) To develop flexibility
 (D) To maintain Physical Fitness
32. A training method based on incomplete recovery is known as
 (A) Plyometric training
 (B) Interval training
 (C) Recovery training
 (D) All of the above
33. APPHER test is used to measure
 (A) Physical Fitness
 (B) Motor Ability
 (C) Flexibility
 (D) All of the above
34. Pull ups test is used to assess
 (A) Abdominal strength
 (B) Shoulder Strength
 (C) Leg strength
 (D) All of the above

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35. The instrument used to measure the strength in an individual is known as.
- Goiniometer
 - Strengthmeter
 - Dyanometer
 - Powermeter
36. Testosterone hormone is produced by
- Kidney
 - Testicles
 - Thyroid
 - All of the above
37. In Normal human beings, Scapula bone is located at
- Upper Posterious
 - Upper interior
 - Upper posterior superior
 - None of the above
38. The component of Physical Fitness which is less Trainable is
- Strength and Endurance
 - Strength, Endurance and Flexibility
 - Speed
 - Strength and Flexibility
39. The joint between humerus and scapula is
- Synovial Joint
 - Hinge Joint
 - Fibrous Joint
 - Cartiligious Joint
40. Number of spinal nerves in human beings are
- 33
 - 29
 - 31
 - 32
41. Tricep Branchi muscles causes
- Flexion of arm
 - Extension of arm
 - Both (A) and (B)
 - None of the above
42. Which one training is recommended for the preparation of an advance/ professional athlete ?
- Weight training
 - Interval training
 - Circuit training
 - Fartlek training
43. Injury which occurs mostly in Football game
- Fracture
 - Sprain
 - Burns
 - Cuts
44. Projector screens used in classrooms are example of
- Output device
 - Input device
 - Both
 - None
45. Who was considered as father of Pragmatism ?
- Charles Sander
 - Plato
 - John Dewey
 - Willam James
46. GPRS stands for
- Geo Processing Receiving Signal
 - Geo Programming Resistance System
 - General Packet Radio Service
 - Geo Planning Relocate System

47. Short cut key used to print a Page
- (A) Control+P+R
 - (B) Control+ C
 - (C) Control+ P
 - (D) All of the above
48. Short cut key used to cut the selected text
- (A) Control+ C
 - (B) Control+ S
 - (C) Control+ F
 - (D) Control+ X
49. Athlete's foot occurs due to
- (A) Fungus infection
 - (B) Overtraining
 - (C) Tight shoes
 - (D) All of the above
50. FIVB is governing body for
- (A) Basketball
 - (B) Badminton
 - (C) Billiards
 - (D) Volleyball
51. Nephrons are connected with
- (A) Nervous system
 - (B) Digestive system
 - (C) Excretory system
 - (D) All of the above
52. In human Glycogen is formed from
- (A) Glucose
 - (B) Amino acids
 - (C) Lactic acid
 - (D) All of the above
53. Total amount of air expelled from lungs with maximum effort is known as
- (A) Vital capacity
 - (B) Residual volume
 - (C) Tidal volume
 - (D) All of the above
54. The main objective of physical education at Primary school level is
- (A) To develop motor abilities
 - (B) To select players for School team/ Junior national
 - (C) To engage students in sports to avoid boredom
 - (D) All of the above
55. International Olympic Committee was created by
- (A) P.D. Coubertin
 - (B) Demetrios Vikelas
 - (C) Both (A) and (B)
 - (D) None of the above
56. The minimum qualification required for Physical Education Teacher is
- (A) M.P.Ed. , M.Phil.
 - (B) B.P.Ed., M.P.Ed., M.Phil.
 - (C) B.P.Ed., M.P.Ed. , M.Phil., Ph.D.
 - (D) B.P.Ed.

57. When heart beats slower than the normal is called
- (A) Bradycardial
 - (B) Tachycardial
 - (C) Slowcardial
 - (D) None of the above
58. Olympic Flag was hosted in Olympic Games in the year
- (A) 1932
 - (B) 1914
 - (C) 1918
 - (D) 1928
59. McDonald test is used to assess
- (A) Football skill
 - (B) Volleyball Skill
 - (C) Hand Ball skills
 - (D) Martial Arts Skill
60. Techniques mostly used to assess Body Composition
- (A) Body weight and height
 - (B) Skin fold
 - (C) Hydrostatic body weight
 - (D) X rays

ROUGH WORK

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