PU-CET (PG) Entrance Test M.P.E.D-2017

Time Allowed: 1hour 30minutes **Maximum Marks: 75**

- ***Number of Questions: 75***
- ***Each question will carry 1 mark***

1. A junction of two or more bones forming a joint is also knows as:
   A. An epiphysis B. A fossa
   C. A diaphysis D. An articulation

2. Movement of the scapula away from the midline of the body is defined as:
   A. Elevation B. Adduction
   C. Downward rotation D. Upward rotation

3. The ligaments running between the shafts of the ulna and radius is known as the:
   A. Ulnar collateral ligament B. Interosseous ligament
   C. Annular ligament D. Annular ligament

4. Which of the following movements is not considered a fundamental movement of the wrist:
   A. Radial deviation B. Flexion
   C. Ulnar deviation D. Circumduction

5. Normally, the cervical spine has what type of curvature?
   A. Posterior B. Anterior
   C. Lateral D. Medial

6. The longest vein the body is the:
   A. Femoral B. Tibial
   C. Popliteal D. Great saphenous

7. The deficiency of insulin in the body causes:
   A. Rickets B. Asthma
   C. Diabetes D. Allergy

8. The " World Environment Day" is celebrated on:
   A. July 5 B. July 16
   C. June 15 D. June 4

9. Which vitamin is easily destroyed by heat and air?
   A. K B. C
   C. A D. D

10. The standard deviation of a distribution is calculated as the square root of the average of the squared deviations from the:

A. Mean B. Mode

C. Assumed mean D. Median

11. Total number of vitamins required by human body are:
A. Ten B. Fourteen

C. Thirteen D. Twelve

12. 'Obesity is an excessive storage of energy in the form of fat'
A. False B. True

C. Partially false D. Partially true

13. The ability to start, stops and move the body quickly in different directions is called:
A. Coordination B. Agility

C. Balance D. Speed

14. The headquarter of World Health Organization is located in:
A. Paris B. Geneva

C. London D. New York

15. Anemia is caused by the deficiency of
A. Blood platelets B. Haemoglobin

C. Plasma D. Oxygen

16. Hypothalamus is associated with the control of

A. Thought process B. Emotional activity

C. Motor activity D. Glandular activity

17. Which of the following exercises is said to be harmful to the body bio-mechanically?
A. Shoulder rotation B. Knee rotation

C. Hip rotation D. Wrist rotation

18. 'Agoge' was in:
A. Rome B. Iran

C. Greece D. China

19. Movement taking place in the frontal plane is about the:
A. Horizontal axis B. Vertical axis

C. Frontal horizontal axis D. Sagittal horizontal axis

20. Which of the following muscles is not considered a posterior muscle of the shoulder girdle?
A. Latissimus dorsi B. Rhomboids

C. Trapezius D. Levator scapulae

21. ‘Plato’ earned proficiency in the game of
A. Judo B. Wrestling
C. Swimming D. Golf

22. Who was the founder of school of gymnastics in Germany?
A. Per Henrik Ling B. Franz Hechtegall
C. Adolph Spiess D. Guts Muts

23. A muscle is stronger when it works
A. Isometrically B. Eccentrically
C. Statically D. Concentrically

24. How many countries participated in the first Modern Olympics in 1896?
A. 12 B. 13
C. 14 D. 15

25. An immediate follow-up to lecture is
A. Discussion B. Explanation
C. Supervision D. Recitation

26. Which of the following elements is contained only in proteins?
A. Carbon B. Hydrogen
C. Nitrogen D. Oxygen

27. Which Olympics were longest as per their duration in days?
A. 1906 B. 1908
C. 1952 D. 1956

28. ‘Lady Ratan Tata’ trophy is associated with which sport?
A. Football B. Hockey
C. Basketball D. Handball

29. ‘Merdeka Cup’ is associated with:
A. Hockey B. Football
C. Volleyball D. Cricket

30. Gluteus maximus muscle is situated in
A. Thigh B. Hip
C. Hip D. Lower Leg

31. ‘Body Beautiful’ was the ideal of
A. Indians B. Romans
C. Greeks D. Egyptians

32. A shuttle cock should have a maximum of
A. 20 feathers B. 18 feathers

C. 26 feathers D. 16 feathers

33. 'Keenan Stadium' is in?
A. Jamshedpur B. Kanpur
C. Cuttack D. Friadabad

34. Research proposal is called?
A. Synopsis B. Abstract
C. Methodology D. Summary

35. The test of significance used for comparing two means is:
A. t-test B. F-test
C. Chi-square D. Correlation

36. Blue print of the competition plan is called:
A. Technique B. Skill
C. Strategy D. Tactics

37. The concept of Standard Deviation was introduced by:
A. Spearman B. Fisher
C. Karl Pearson D. Gauss

38. Anabolic steroids affect directly:
A. Muscles B. Heart
C. Lungs D. Brain

39. Blood gets deoxygenated in:
A. Lugs B. Nerves
C. Heart D. Muscles

40. Reaction time is a component of:
A. Physical fitness B. Health related physical fitness
C. Cardio-respiratory fitness D. Motor fitness

41. Theory of learning was given by:
A. Thorndike B. Gestalt
C. H. C. Buck D. Aristotle

42. Which of the training system has been considered best for body adaptation?
A. High altitude training B. Circuit training
C. Interval training D. Fartlek training

43. Circuit training is an effective method for developing:
A. Speed B. Flexibility
C. Strength endurance D. Agility

44. Goniometer measures:
A. Flexibility B. Endurance
C. Power D. Strength

45. Hunger and thrust is a biological needs they are also known as:
A. Organic need B. Social need
C. Esteem need D. High order need

46. 'Frostbite' is a medical problem occur in:
A. Hot environment B. high altitude
C. High pressure area D. Cold environment

47. The term 'double fault' is used in:
A. Tennis B. Badminton
C. Table-Tennis D. Volleyball

48. Kush Bhagat is associated with which sports?
A. Badminton B. Chess
C. Tennis D. Wushu

49. Manpreet Kaur, who recently clinched Gold at the 2017 Asian Grand Prix Meet, is associated with which sports?
A. Long jump B. Javelin throw
C. Shot put D. Sprint

50. Look at this series: 7, 10, 8, 11, 9, 12, ... What number should come next?
A. 7 B. 10
C. 12 D. 13

51. The thrill of all sports lies in
A. Participation B. Competition
C. Winning D. Performance

52. Checkmate is associated with the game of:
A. Golf B. Chess
C. Judo D. Polo

53. CMM, EOO, GQQ, _____, KUU
A. GRR B. ISS
C. GSS D. ITT

54. Word 'Kho' in the game of 'Kho-Kho' means
A. Come and catch B. Run
C. Jump D. Go and chase

55. If RESULT is coded as 798206, LET will be coded as:
A. 680 B. 096
C. 092 D. 086

56. How many salivary glands are there in human mouth?
A.Two B. Four
C. Six D. Eight

57. Name of the artery that supplies blood to the head and neck:
A. Cranial B. Carotid
C. Pulmonary D. Coronary

58. In sport, the mental training is often concerned with the *process of learning to*
A. Understand B. Learn
C. Motivate D. Analyze

59. The first International Congress of Sport Psychology was held in Rome in:
A. 1963 B. 1965
C. 1960 D. 1967

60. Find the odd man out in the following:
A. Steffi Graf B. Serena Williams
C. Pete Sampras D. Martina Hingris

61. 'Rectus Femoris' muscle is located in:
A. Thigh B. Calf
C. Lower leg D. Lower back

62. W.H.O's concept of health focuses on:
A. Physical health
B. Freedom from disease
C. Health as a sense of total well being
D. Mental health

63. In a certain code, 'SPIDER' is written as 'PSDIRE', how will be 'COMMON' Written in that code?
A. OCOMMO B. OCMMNO
C. OCMOMN D. OCMMON

64. The main function of WBC is to:
A. Remove dead cells B. Carry oxygen
C. Supply energy to body D. Fight against bacteria

65. SCD, TEF, UGH, ____, WKL
A. UJI B. IJT

C. VIJ D. CMN

66. When was the I.O.A. formed?
A. 1925 B.1926
C. 1927 D. 1928

67. How much times does a drop of blood take to complete a circuit of the body:
A. 30 sec B. 40 sec
C. 50 sec D. 60 sec

68. Maria Sharapova, the female tennis player belongs to which country?
A. America B. Switzerland
C. Spain D. Russia

69. Low body temperature is related to:
A. Hypertrophy B. Hypoxia
C. Hyperthermia D. Hypothermia

70. Thomas Cup is associated with:
A. Badminton (men) B. Table Tennis (men)
C. Badminton (women) D. Table Tennis (women)

71. Vital capacity is the amount of air involved in:
A. Diffusion B. Deepest inhalation
C. Ventilation D. Full expiration

72. 'Carl Lewis' is related to:
A. High jump B. Long jump
C. Pole vault D. Shot put

73. The inaugural Modern Olympic Games in 1986 were organized at
A. Athens B. London
C. Los Angeles D. Paris

74. The instrument used for estimation of body fat is :
A. Skinfold Caliper B. Flexiometer
C. Dynamometer D. Goniometer

75. Which international organization has observed the 2017 World Day on Safety and Health at Work?
A. United Nations Security Council (UNSC)
B. International Court of Justice (ICJ)
C. World Health Organization (WHO)

D. International Labour Organisation (ILO)