ICSE Syllabus



2024

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Syllabus

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BEAUTY AND WELLNESS: HAIR STYLING (61)

Aims:

1. To develop an understanding of basic hair care services and to develop skills in the same.
2. To develop an understanding of Indian head massage and to equip candidates with the necessary skills to perform the same.
3. To equip candidates with knowledge and skills to create basic hairdos.
4. To introduce candidates to hair styling and equip them with the knowledge and skills to perform hair straightening and curling.
5. To familiarise candidates with basic haircuts and equip them skills to perform the same.
6. To introduce candidates to the basics of colour application to develop skills in applying root touch up.
7. To provide information about various home-made organic products and to encourage candidates to prepare the same.
8. To develop skills of preparing and maintaining a work area for providing a service.
9. To create an awareness regarding health and safety hazards in the workplace and ways to prevent them.
10. To create awareness regarding the importance of personal grooming and presentation.
11. To develop skills of handling clients using effective communication techniques.
12. To familiarise candidates with the different types of tools and products required for makeup and to develop the ability to perform simple makeup services.
13. To create awareness regarding the need for adopting sustainable environmental practices.

CLASS IX

*There will be **one** written paper of **two** hours duration carrying 100 marks and Internal Assessment of 100 marks.*

The paper will be divided into two sections A and B.

***Section A (Compulsory)** will consist of compulsory short answer questions covering the entire syllabus.*

***Section B** will consist of questions which will require detailed answers and there will be a choice of questions in this section.*

PART I: THEORY-100 Marks

1. Basics of Hair Care

Anatomy of hair; hair and scalp conditions; contraindications; types of hair; factors affecting hair styles; tools, equipment and products.

Anatomy of Hair: structure of hair, glands and muscles present in the hair follicle, hair follicle cycle, hair porosity and elasticity test.

Hair and Scalp conditions: hair loss, lice infestation and dandruff; diseases related to hair and scalp: Alopecia Areata, Psoriasis, Litchen Planus (to be done briefly).

Contraindications: effect of excessive heat on hair and scalp.

Types of Hair: straight, wavy, curly, coily.

Factors affecting Hair Styles: head shapes, facial features, face shape, life style; effect of environmental factors on hair.

Tools and equipment: Combs, flat back brush, vent brush, radial brush, hair dryer, tong, straightening machine, razor, thinning scissors, cutting scissors, hood dryer, hair steamer, hot rollers. Basic knowledge of shampoos, conditioners, hair packs, hair tonics, hair oils available in the market, suitability of the products according to hair type.

2. Basic Hair Care Services

Tools and material required for shampooing, conditioning and basic blow drying; steps involved.

Tools and materials, client preparation and steps of applying shampoo; steps of applying conditioner, post conditioner application service.

Basic blow drying, hair products, techniques (back combing, back brushing.), use of flat brush/paddle brush; use of thermal/rollers for setting curls.

3. Basic Hairdos

Common hairstyles: client preparation, types and equipment used.

Preparing the client, shampoo and conditioning before hairstyling; common hairstyles (plait, twist, braids, knots, chignon, pleat, rolls, ringlets, tonging) and their identification; equipment used.

4. Indian Head Massage

Benefits, contraindications and steps involved; mediums used; techniques; post massage services.

Benefits and contraindications of head massage; Mediums: Oil (organic-sesame, coconut, almond, olive, mustard).

Steps - selecting and preparing a suitable medium and performing a head massage.

Performing various massage techniques to complete the service as required: effleurage, petrissage, tapotement, rotary, vibration, friction.

After care advice.

5. Home-made Products

Organic shampoos and conditioners.

Benefits of using organic shampoos and conditioners; preparation of organic shampoo and conditioner according to the hair type (normal, fine or greasy, dry, combination).

6. Management of Workplace

Preparation and maintenance of Work Area; Hazards, Health and Safety at Workplace.

(i) Preparation and Maintenance of Work Area: maintenance of record cards; essentials of work area; sterilisation and disinfection methods; storage of tools and equipment; compliance of rules and norms at workplace; trolley setting; setting up equipment; safe disposal of waste. Maintaining parlour hygiene.

(ii) Hazards and risks at the Workplace.

Fire Safety: Types of fires, types of fire extinguishers (briefly); action to be taken in case of fire; basic first aid measures.

Electrical Safety: Common electrical hazards in the workplace and good practices for prevention. Post incident steps.

Chemical Safety: Names of commonly found chemicals in beauty products.

(iii) Threats and risks associated with postures; importance of correct posture for lifting and carrying.

7. Personal Grooming and Personal Presentation

Personal appearance; Personal behaviour; Verbal and non-verbal communication; Professional etiquettes.

Importance of personal grooming; personal hygiene; personal behaviour; elements: dress code, makeup, hair and nail care, wardrobe.

*Verbal and Non-verbal communication; Communication skills; Professional etiquettes***.**

PART II

INTERNAL ASSESSMENT- 100 Marks

Candidates will be required to complete the practical work listed below. They will also be required to complete ***one*** assignment based on *any* topic from the syllabus.

The Practical Work and the assignment will be assessed internally by the teacher.

List of Practical Work to be done throughout the year:

1. Basic Hair Care Services

(i) Prepare the client and demonstrate each step of a shampoo and conditioning service.

(ii) Perform basic blow drying.

2. Basic Hairdos

Create a basic hairdo.

3. Head Massage

Carry out the Indian head massage technique using any medium.

4. Home-made Products

Prepare home-made shampoos and conditioners using basic products.

5. Management of Workplace

(i) Demonstrate the sterilisation and disinfection process correctly.

(ii) Demonstrate the storage of products and equipment as per safety standards.

(iii) Prepare a comprehensive checklist for the cleaning and safety of a salon.

(iv) Fill up client record cards according to organisational policies.

(v) Interpret information on product labels accurately.

(vi) Interpret manufacturer's instructions on equipment accurately.

Assignment on a topic from the syllabus

Candidates are to creatively execute **ONE** project/assignment on any aspect covered in the syllabus. Teachers may assign or candidates may select a topic of their choice.

Suggested List of Assignments:

1. Collect data and prepare a report on the career opportunities in the Beauty & Wellness industry.
2. Write a newspaper article on the growth of the Beauty & Wellness industry globally.
3. Create a Style Magazine for a salon, featuring different hair styles.
4. Write an article on the correct way of shampooing, conditioning and blow drying.

CLASS X

*There will be one written paper of **two** hours duration carrying 100 marks and Internal Assessment of 100 marks.*

The paper will be divided into two sections A and B.

***Section A(Compulsory)** will consist of compulsory short answer questions covering the entire syllabus.*

***Section B** will consist of questions which will require detailed answers. There will be a choice of questions in this section.*

PART I: THEORY- 100 Marks

1. Basic Haircuts

Types, client consultation, techniques, products.

Procedure for basic haircuts: Straight cut, U cut, and V cut; Client consultation: using suitable consultation techniques to identify the client's requirement for the desired look before cutting the hair. Hair sectioning; techniques used: clipper over comb, freehand, thinning.

Types of products available for achieving the final look: gel, mousse, spray, oil, creams.

2. Styling Products and Hair Accessories

Styling products; range and suitability; hair accessories.

Use of styling lotions, mousse, styling gel, heat protectants, serum, hairspray cream, finishing gel, volume mousse, silicon shiner, wax, finishing spray.

Range and suitability of styling products.

Various hair accessories: Pins (types), clips (types), false hair, parandas, nets, veils, fresh flowers (gajra).

3. Hair Treatment

Treatment for different hair conditions.

Treatment for dandruff, hair fall, thinning hair, dry and brittle hair: products and procedures.

4. Hair Straightening and Curling

Procedure for Straightening and Curling Hair.

Client preparation, protecting hair from heat, maintaining temperature, effects of heat on hair, holding the iron, setting temperature, ironing each section, curling tong, setting gels.

5. Basic Colour Application

Knowledge of Colour Wheel; Patch test and Root touch up.

Basic Colour Wheel and how to use it for selecting right hair colour; Huse, tints and other colour aspects relevant to hair colour.

Conducting the patch test; Root touch up: client consultation, selecting products, materials and tools, mixing the colours accurately as per manufacturer instructions, client preparation applying colour-root touch up, colour processing time, removing the colour products thoroughly from the hair, applying a suitable shampoo and conditioner, home care advice.

6. Simple Makeup

Identification of basic skin types and skin tones; Use of makeup removers, cleansers and toners; selection and application of the correct makeup products to enhance facial features; types of makeup brushes; removal of makeup.

Client preparation; application of makeup according to basic skin types and skin tones (fair, dark, pink, yellow, pale); use of makeup removers, cleansers and toners according to skin type; selection and application of the correct makeup products (base foundation, powder, mascara, eye shadow, eye liner, eye brow pencil, lipstick/gloss, etc.) to enhance facial features.

Types of makeup brushes and their use (face powder brush, blusher, contour brush, eyebrow brush, eye liner brush, angled eye shadow brush, eye shadow brush, fluff brush, sponge applicator, lip filler brush); removal of makeup.

7. Client Handling & Communication

Making the client comfortable; communication skills; answering queries; following code of conduct; working efficiently as a team.

Providing a caring environment to ensure the client's comfort; understanding the client's expectations; communicating with the client and responding to queries; communicating effectively.

Communicating by telephone keeping in mind one's voice, words and body language; answering the phone efficiently, responding to the client's needs, using appropriate questions, taking messages;

Following the code of conduct: conforming to standards of reasonable conduct which reflect professionalism; working efficiently as part of a team.

8. Green Skills

Types of resources-exhaustible, inexhaustible, renewable, non-renewable; Pollutants and types of pollution; human activities leading to climate change; Conservation of resources, Reduce-Reuse-Recycle.

Self-explanatory.

PART II

INTERNAL ASSESSMENT- 100 Marks

Candidates will be required to complete the practical work listed below. They will also be required to complete ***one*** assignment based on *any* topic from the syllabus.

List of Practical Work to be done throughout the year:

1. Basic Haircuts

Demonstrate a basic haircut: U cut, V cut, Straight cut.

2. Straightening/Curling

(i) Demonstrate the straightening of hair using a straightening iron.

(ii) Demonstrate how to make curls.

3. Basic Colour Application

Perform the root touch up service.

4. Simple Makeup Services

(i) Prepare the client and demonstrate the application of foundation, eyeliner, kajal lipstick and mascara.

(ii) Demonstrate the removal of makeup.

5. Client Handling & Communication

Conduct a mock call to show how to handle client queries and book an appointment.

Assignments on a topic from the syllabus:

Candidates are to creatively execute **ONE** project/assignment on any aspect covered in the syllabus. Teachers may assign or candidates may select a topic of their choice**.**

Suggested List of Assignments:

1. Make a short video on how to straighten hair using a straightening iron.
2. Draw a colour wheel and explain its relevance in hair colouring.
3. Write a magazine article on styling products and accessories suitable for different scenarios and occasions.
4. Prepare a checklist for client handling & communication in a salon.

Final Test

In addition to the Practical and Assignment/ Project Work, the candidates will be tested in one or more aspect of practical work by the External Examiner.

EVALUATION

The Practical and Project work is to be evaluated by the subject teacher and by an External Examiner. The External Examiner shall be nominated by the Head of the school and may be a teacher from the faculty, **but not teaching the subject in the relevant section/class.**

The Internal Examiner and the External Examiner will assess the candidate's work independently.

Award of marks		**(100 marks)**
Subject Teacher (Internal Examiner)	:	50 marks
External Examiner	:	50 marks

The total marks obtained out of 100 are to be sent to the Council by the Head of the School.

The Head of the school will be responsible for the online entry of marks on the Council's CAREERS portal by the due date.