

NCERT SOLUTIONS

CLASS - 6TH



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Class : 6th

Subject : English-2

Chapter : 8

Chapter Name : A Pact With The Sun

Q1 What is the most obvious advantage of sleep?

Answer. The most advantage of sleep is that it gives rest to Our tired relax our mind. After a sleep become more energetic and more active again for work.

Page : 27, Block Name : Questions

Q2 What happens to our body when we sleep?

Answer. When we sleep, muscles of our body get relaxed. Our heartbeat slows down and our blood pressure also falls.

Page : 27, Block Name : Questions

Q3 Define a dream in your own words.

Answer. A Dream is an activity of mind that takes when we are asleep.

Page : 27, Block Name : Questions

Q4 Why are dreams important? Mention two reasons.

Answer. Dreams are important for two reasons:

- (i) They help us sleep in spite of noise and other disturbances.
- (ii) Some dreams provide a solution to certain problems.

Page : 27, Block Name : Questions

Q5 Why has sleep been called a wonder?

Answer. Sleep has been called a wonder because nobody knows for certain brings about sleep. Secondly, it transports us to a strange land. It is the sweetest thing in the world. It is a sort of escape from reality.

Page : 27, Block Name : Questions

Q6 Describe briefly to the class an improbable dream you have ever had.

Answer. DIY

Page : 27, Block Name : Questions

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