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FOR PUNJAB CLASS 12 PREPARATION

PSEB 12th Class Syllabus 2027 Psychology

EXAM	YEAR	TYPE	SUBJECT
Punjab Class 12	2027	Syllabus	Psychology

PSYCHOLOGY

CLASS-XII

SYLLABUS (2026-27)

Unit I Growth and Development: Difference between Growth and Development, Principles of Growth and Development. Stages of Growth and Development, Physical, Mental, Emotional and Social, Characteristics of Adolescence, Effect of Heredity and Environment in Growth and Development.

Unit II Emotions: Definition, Concept and Characteristics of Emotions, Physical and Physiological changes accompanying emotions. Difference between emotions and feelings, Important emotions: Fear, Anger and Aggression, Jealousy, Love, Happiness, Curiosity.

Unit III Motivation: Meaning, Definition and Characteristics of Motivated behaviour, Classes and types of Motives and Needs, Maslow's Theory of Hierarchy of needs. Instincts, Drives, Incentives and goals as Motives. Frustrations and Conflicts of Motives.

Unit-IV Thinking, Reasoning and Problem Solving: Definition, types and stages of Thinking-images and Thinking – Languages and Thinking. Reasoning - Definition, Characteristics, steps and types of Reasoning - Problem solving -Creative thinking - Concepts : Definition, type of formation of concepts.

Unit-V Delinquency and Mental Health: Delinquent Behavior, Definition, Characteristics, Causes, Remedial and Preventive Measures - Mental Health: Meaning and Definition - Characteristics of a 'Mentally healthy person, Defence Mechanism.

Unit-VI Intelligence : Definition, Nature and theories : Spearman's two factor theory and Thuestone's Primary Mental Abilities theory - Concept of I.Q. Measurement of Intelligence - Intelligence Tests - Relative Role of Heredity and Environment on the development of Intelligence.

Unit-VII Personality: Definition, Nature, Characteristics and Traits of Personality Classification of Personality: Sheldon's Jung's and Eysenck's Classifications-Theories of Personality, Freud's Psychoanalytical theory - Jung's Analytical theory, Allport's theory of cardinal traits, Carl Roger's theory of self, Adler's theory of will power.

Unit-VIII Statistics: Frequency distribution, Mean, Median, Mode, Mean Deviation, Standard Deviation, Quartile Deviation. (Only numerical will be set from this unit.)