



*Sample Paper
&
Question Paper Pattern*

2023
2024

GOA BOARD

GOA BOARD OF SECONDARY AND HIGHER SECONDARY EDUCATION

ALTO BETIM GOA 403521

DESIGN OF THE QUESTION PAPER (2024...)

Class:XII

Time: 2.1/2 hours

Subject:Psychology

Max.Marks:80

The weightage or the distribution of marks over different dimensions of the question paper shall be as follows:

1.□Weightage to Learning Outcomes

S. No.	Learning Outcomes	Marks	Percentage of Marks
1	Knowledge	16	20%
2	Understanding	24	30%
3	Analysis	16	20%
4	Application &Skill	24	30%
	Total	80	100

2.□Weightage to Content/Subject Units

S. No.	Units	Marks
1	Variations in Psychological Attributes	10
2	Self & Personality	10
3	Meeting Life Challenges	10
4	Psychological Disorders	10
5	Therapeutic Approaches	05
9	Developing Psychological Skills	05
6	Attitude & Social Cognition	10
7	Social Influence & Group Processes	10
8	Psychology &Life	10
	Total	80

3. □ Weightage to Forms of Questions

S. No	Forms of Questions	Mark for each question	Number of Questions	Total Marks
1.	VSA	01	08	08
2.	SA-I	02	08	16
3.	SA-II	03	08	24
4.	LA	04	08	32
			32	80

4. The expected time for different types of questions would be as follows:

S. No	Form of Questions	Approx. time for each question	Number of Questions	Approx. time for each form of questions in min(n x t)
1.	VSA	1.5	08	12
2.	SA-I	3.2	08	26
3.	SA-II	6	08	48
4.	LA	8	08	64
			32	150

As the total time is calculated on the basis of the number of questions required to be answered and the length of their anticipated answers, it would, therefore be advisable for the candidate to budget their time properly by cutting out the superfluous words and be within the expected time limits.

4. □ Scheme of Options

(There will be no overall choice. However, there is an internal choice in 02 sub questions of 04 marks category----subquestion of----marks category----subquestion of---- marks category.)

5. □ Weightage to Difficulty level of questions:

S. No	Estimated difficulty level of questions	Percentage
1	Easy	20%
2	Average	50%
3	Difficult	30%

Mrs. Shaila Vishwajeet Kulkarni

Convenor



M D R 2024 RD

DURATION: 2½ Hours

Total No of Questions:32

Maximum Marks:80

INSTRUCTIONS:

1. The Question Paper consists of 32 questions.
2. Figures to the right indicate full marks.
3. Answer each Part on a new page.
4. All questions are compulsory. Internal choice is clearly indicated.
5. PART A questions 1-4 are MCQ type questions and questions 5-8 should be answered in one sentence. PART B questions should be answered in about 30 words each. PART C questions should be answered in about 60 words each and PART D questions should be answered in about 100 words each.

PART A

1. Riddhima lags behind her peers in language and motor skills. However, she can perform her everyday tasks under supervision. The level of Intellectual disability that Riddhima belongs to is _____.
 - Profound
 - Mild
 - Moderate
 - Severe
2. Patrick sucks his thumb and bites his nails. He also has a bitter impression about the world. According to Freud, Patrick had difficulty and developed fixation during the stage of Personality development called _____.
 - Anal stage
 - Phallic stage
 - Genital stage
 - Oral stage
3. The coping strategy which involves obtaining information about the stressful situation, finding alternative courses of action and their probable outcome is _____.
 - Avoidance -oriented strategy
 - Task-oriented strategy
 - Emotion- oriented strategy
 - Hardiness

4. Dev 's parents are worried as his speech development is delayed . Dev shows a resistance to any change in routine and has stereotyped body movements. The doctor told them that Dev shows symptoms of a disorder. The doctor was referring to the disorder called _____.
- Autism
 - ADHD
 - Anorexia Nervosa
 - OCD
5. What kind of therapy can the psychiatrist use when the medicines are not effective in treating patients?
6. A large company provided food and clothes to the victims of an earthquake but refused to help students who were drug addicts. Identify the norm in the context of prosocial behaviour.
7. Riya values the membership of the group and shows loyalty to group decisions. Identify the element of group structure which influences Riya.
8. What is the process of giving an outlet to bottled up feelings called ?

PART B

9. Draw a neat labelled diagram of the Normal Distribution Curve.
10. Differentiate between Endomorphs and Ectomorphs.
11. How are 'Life events' a source of Stress?
12. Explain the effects of Heroin Abuse and dependence.
13. Draw a neat labelled diagram of the Basic Communication Process.
14. Which are the two paradigms studied in the experiment on Stroop Effect ?
15. Explain the features of Primary groups(2 points).
16. Explain the 'Spiritual perspective' of the Human environment relationship.

PART C

17. Describe the features of Creativity tests.
18. Explain the relationship of Self Esteem with our everyday behaviour.
19. Describe the Behavioural effects of Stress.
20. Faizal strongly believes that he is suffering from serious health issues though the reports are perfectly normal. He also complains of body aches and loss of hearing though there is no organic cause. Identify and examine the features of types of this disorder.
21. Describe the three elements which are common to the approaches of Counselling.

22. Explain Primacy effect, Recency effect, and Halo effect as aspects influencing Impression formation. □□
23. Why do group conflicts occur? Discuss three reasons. □□
24. Describe three promotive actions to protect the environment . 3

PART D

25. Explain Case Study and Observation as methods of Psychological Assessment. 4
26. Analyse Rorschach Inkblot Test as an important Projective Technique. 4

OR

Analyse Rationalisation and Reaction formation as Defence mechanisms.

27. Analyse Creative Visualisation and Bio-feedback as Stress Management techniques. 4
28. Rubina thinks that her friends are plotting against her. She is extremely suspicious and her behaviour is bizarre. The Psychiatrist said that she is suffering from Delusions. Examine the types of Delusion. 4
29. Naina was unable to express her resentment towards her oppressive Aunt in the past. The Psychodynamic therapist used the method of transference to help Naina deal with her intra psychic conflicts. Examine Transference as a modality of treatment . 4
30. Analyse the following sources of Prejudice: 4
- a. Self -fulfilling prophecy
 - b. Scapegoating
31. Analyse four reasons which make people want to join groups. 4
32. 'Vijay works in an automobile company. His workplace is always filled with sounds of banging. How will noise affect Vijay's task performance? 4

OR

Danny gets very aggressive and gets involved in fights and acts of bullying. Examine Child rearing and physiological mechanisms as causes of aggression.

GOA BOARD OF SECONDARY AND HIGHER SECONDARY EDUCATION

(A corporate Statutory Body Constituted by an Act of State Legislature)

Alto Betim Goa 403 521

BLUE PRINT

Class: XII

Maximum Marks:80

Subject: PSYCHOLOGY (Effective from 2024 onwards)

Duration:2 ½ hrs

Q. NO	OBJECTIVES	KNOWLEDGE				UNDERSTANDING				ANALYSIS				APPLICATION/ SKILL				TOTAL
	Form of Questions	VS A	SA- I	SA- II	LA	V S A	SA- I	SA- II	LA	V S A	SA- I	S A -II	LA	VS A	SA- I	SA- II	LA	
	Marks	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	
	CONTENT																	
1	Variations in Psychological Attributes				25D			17C						1A	9B			10
2	Self and Personality						10B	18C					26D	2A				10
3	Meeting Life Challenges	3A					11B	19C					27D					10
4	Psychological Disorders		12B											4A		20C	28D	10
5	Therapeutic Approaches	5A															29D	05
9	Developing Psychological Skills							21C							13B			05
6	Attitude & Social Cognition						14B	22C					30D	6A				05
7	Social Influence & Group Processes		15B					23C					31D	7A				05
8	Psychology & Life	8A	16B	24C													32D	10
		03	06	03	04		06	18					16	05	04	03	12	80
		KNOWLEDGE:16				UNDERSTANDING:24				ANALYSIS:16				APPLICATION AND SKILL:24				

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