## NCERT SOLUTIONS

**CLASS-7TH** 



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## Book: Our Pasts-II

Class: 7th
Subject: History
Chapter: 9

Chapter Name: The Making of Regional Cultures

## Q1 Match the following:

Anantavarman	Kerala
Jagannatha	Bengal
Mahodayapuram	Orissa
Lilatilakam	Kangra
Mangalakavya	Puri
Miniature	Kerala

## Answer.

Anantavarman	Orissa
Jagannatha	Puri
Mahodayapuram	Kerala
Lilatilakam	Kerala
Mangalakavya	Bengal
Miniature	Kangra

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Q2 What is Manipravalam? Name a book written in that language.

Answer. Manipravalam was a language consisting of Sanskrit and the regional language (Malayalam). Lilatilakam is a text in Manipravalam.

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Q3 Who were the major patrons of Kathak?

Answer. Major patrons of Kathak were the Mughal emperors and the Nawabs of Lucknow, especially Wajid Ali Shah.

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Q4 What are the important architectural features of the temples of Bengal?

Answer. Thye important architectural features of the temples in Bengal were the double-roof (dochala) and the four-roof (chauchala).

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Q5 Why did minstrels proclaim the achievements of heroes?

Answer. Minstrels proclaimed the achievements of the heroes to preserve their memory and inspire others to follow their example.

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Q6 Why do we know much more about the cultural practices of rulers than about those of ordinary people?

Answer. We know more about the cultural practices of rulers than about those of ordinary people because only rulers could afford historians for the purpose of documentation.

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Q7 Why did conquerors try to control the temple of Jagannatha at Puri?

Answer. Conquers tried to gain control over the Jagannatha temple at Puri because it would make their rule acceptable to the local people since the temple was important as a place of pilgrimage and was a center of authority in social and political matters.

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Q8 Why were temples built in Bengal?

Answer. Temples were built in Bengal to house the local deities who had gained the recognition of the Brahmanas.

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Q9 Describe the most important features of the culture of your region, focusing on buildings, performing arts and painting.

Answer. The most important features of the culture of Delhi—

There are old as well as new buildings which give Delhi a separate recognition. The Red Fort, Qutub Minar, India Gate, Parliament House, etc. are some of the examples.

Delhi in the centre where we can find all types of arts. Dances, plays etc. are performed very frequently.

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We can also find all types of paintings here.

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Q10 Do you use different languages for (a) speaking, (b) reading, (c) writing? Find out about one major composition in language that you use and discuss why you find it interesting.

Answer. (a) For speaking I use Hindi and Punjabi.

- (b) For reading I use Hindi and English.
- (c) For writing I use Hindi and English.

Thus, I use different languages for speaking, reading and writing.

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Q11 Choose one state each from north, west, south, east and central India. For each of these, prepare a list of foods that are commonly consumed, highlighting any differences and similarities that you notice.

Answer. North - Punjab. The main food here includes makke ki roti, sarson da saag, daal chapatis and rajma chawal. Chicken and meat is also consumed in large quantities over here. People also have lassi and the emphasis is more on milk and milk products.

West - Rajasthan. Here, the main food includes dal churma, mama kachori and dalia.

South - Kerala. The main cuisine of the state includes dosa, idli, uttapam, idli sambar and fish rice.

East - West Bengal. The staple diet of the state is fish and rice. People also like to consume many types of sweet in this state. Non vegetarian dishes are also consumed a lot over here.

Central - Madhya Pradesh. The main food over here is dal chawal and dal roti.

Similarity - We can see here that the food of east and south India resemble a lot in the sense that both of them like to have fish and rice. We can also see that the food choice is quite similar in western and central India.

Difference - While north and western India likes to have more of vegetable based items, the east and southern India likes to have non-vegetarian dishes. the food choice of central India is simple and plain whereas the rest of India has a definite type of choice.

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Q12 Choose another set of five states from each of these regions and prepare a list of clothes that are generally worn by women and men in each. Discuss your findings.

Answer. DIY

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