UPSC CMS
Syllabus 2021

SCHEME OF EXAMINATION

The examination shall be conducted according to the following plan:-

Part-I
WRITTEN EXAMINATION – (500 marks)

The candidates will take the written examination in two Papers, each Paper carrying a maximum of 250 marks. Each Paper will be of two hours duration.

Part-II

Personality Test: (100 Marks):

Personality test carrying **100 marks** of such of the candidates who qualify on the results of the written examination.

(A) Written Examination:

1. The components and syllabi of two Papers and the weightage to different components in the two papers are given below: -

Paper I **Maximum**
(Code No. 1) **Marks: 250**

General Medicine and Paediatrics:

Total questions in Paper I = 120 (96 from General Medicine and 24 from Paediatrics);

Syllabus of Paper-I

(a) General Medicine including the following:

(i) Cardiology
(ii) Respiratory diseases
(iii) Gastro-intestinal
(iv) Genito-Urinary
(v) Neurology
(vi) Hematology
(vii) Endocrinology
(viii) Metabolic disorders
(ix) Infections/Communicable Diseases
  a) Virus
  b) Rickets
  c) Bacterial
  d) Spirochetal
  e) Protozoan
  f) Metazoan
  g) Fungus
(x) Nutrition/Growth
(xi) Diseases of the skin (Dermatology)
(xii) Musculoskelatal System
(xiii) Psychiatry
(xiv) General
(xv) Emergency Medicine
(xvi) Common Poisoning
(xvii) Snake bite
(xviii) Tropical Medicine
(xix) Critical Care Medicine
(xx) Emphasis on medical procedures
(xxi) Patho physiological basis of diseases
(xxii) Vaccines preventable diseases and Non vaccines preventable diseases
(xxiii) Vitamin deficiency diseases
(xxiv) In psychiatry include – Depression, psychosis, anxiety, bipolar diseases and Schizoprenia.

(b) Paediatrics including the following -

(i) Common childhood emergencies,
(ii) Basic new born care,
(iii) Normal developmental milestones,
(iv) Accidents and poisonings in children,
(v) Birth defects and counseling including autism,
(vi) Immunization in children,
(vii) Recognizing children with special needs and management, and
(viii) National programmes related to child health.

Paper II **Maximum**
(Code No. 2) **Marks : 250**

(a) Surgery
(b) Gynaecology & Obstetrics
(c) Preventive & Social Medicine
Total questions in Paper II = 120 (40 questions from each part.)
Syllabus of Paper - II
(a) Surgery
(Surgery including ENT, Ophthalmology, Traumatology and Orthopaedics)
(I) General Surgery
i) Wounds
ii) Infections
iii) Tumours
iv) Lymphatic
v) Blood vessels
vi) Cysts/sinuses
vii) Head and neck
viii) Breast
ix) Alimentary tract
a) Oesophagus
b) Stomach
c) Intestines
d) Anus
e) Developmental
x) Liver, Bile, Pancreas
xi) Spleen
xii) Peritoneum
xiii) Abdominal wall
xiv) Abdominal injuries
(II) Urological Surgery
(III) Neuro Surgery
(IV) Otorhinolaryngology E.N.T.
(V) Thoracic surgery
(VI) Orthopedic surgery
(VII) Ophthalmology
(VIII) Anesthesiology
(IX) Traumatology
(X) Diagnosis and management of common surgical ailments
(XI) Pre-operative and post operative care of surgical patients
(XII) Medicolegal and ethical issues of surgery
(XIII) Wound healing
(XIV) Fluid and electrolyte management in surgery
(XV) Shock patho-physiology and management.
(b) GYNAECOLOGY & OBSTETRICS
(I) OBSTETRICS
i) Ante-natal conditions
ii) Intra-natal conditions
iii) Post-natal conditions
iv) Management of normal labours or complicated labour
(II) GYNAECOLOGY
i) Questions on applied anatomy
ii) Questions on applied physiology of menstruation and fertilization
iii) Questions on infections in genital tract
iv) Questions on neoplasma in the genital tract
v) Questions on displacement of the uterus

vi) ***Normal delivery and safe delivery practices***
vii) High risk pregnancy and management
viii) Abortions
ix) Intra Uterine growth retardation
x) Medicolegal examination in obgy and Gynae including Rape.

(III) FAMILY PLANNING

i) Conventional contraceptives
ii) U.D. and oral pills
iii) Operative procedure, sterilization and organization of programmes in the urban and rural surroundings
iv) Medical Termination of Pregnancy

(c) PREVENTIVE SOCIAL AND COMMUNITY MEDICINE

I Social and Community Medicine
II Concept of Health, Disease and Preventive Medicine
III Health Administration and Planning
IV General Epidemiology
V Demography and Health Statistics
VI Communicable Diseases
VII Environmental Health
VIII Nutrition and Health
IX Non-communicable diseases
X Occupational Health
XI Genetics and Health
XII International Health
XIII Medical Sociology and Health Education
XIV Maternal and Child Health
XV National Programmes
XVI Management of common health problems
XVII Ability to monitor national health programmes
XVIII Knowledge of maternal and child wellness
XIX Ability to recognize, investigate, report, plan and manage community health problems including malnutrition and emergencies.

2. The written examination in both the papers will be completely of objective (Multiple choice answers) type. The question Papers (Test Booklets) will be set in English only.